Finding My Feelings in Nature

Write down at least 3 words to answer each question.

What do I see?

What do I feel?

What do I hear?

What are my feelings in nature today?

What makes me feel this way?

My Name: ________________________________

Today’s Date: ____________________________

Season:
(check one)

My Favorite Thing Today:

Take a box of colored pencils with you on a nature walk to complete this activity.

For questions please call 513-648-3330 or email Fernald@lm.doe.gov
Finding Colors in Nature
Color the triangles to show the colors you see in nature.

Finding Shapes in Nature
Mark the boxes to show how many of these shapes you can find.

What season did you choose?________________________

Show the colors you may see in another season.

Today

Cylinder

Rectangle

Circle

Oval

Triangle

Square