Better Buildings Residential Network
Peer Exchange Call Series: *Boom Chika Boom: Demand Response and Behavior Change (301)*
November 3, 2016
*Call Slides and Discussion Summary*
Agenda

- Agenda Review and Ground Rules
- Opening Polls
- Brief Residential Network Overview
- Featured Speakers
  - Michelle Finchum, Community Engagement Division, City of Fort Collins Utilities (Network Member)
  - Reuven Sussman, Manager, Behavior Program, American Council for an Energy-Efficient Economy (ACEEE) (Network Member)
  - Douglas Miller, Senior Associate, Rocky Mountain Institute
- Discussion
  - What approaches has your organization used to change homeowner behaviors to reduce energy demands?
  - What has been most effective? Most cost-effective?
  - How do you motivate residential customers to participate in demand response programs?
  - What are effective ways to encourage homeowners to conduct home energy upgrades as part of energy efficiency behavior change programs?
- Closing Poll and Upcoming Call Schedule
Better Buildings Residential Network: Connects energy efficiency programs and partners to share best practices and learn from one another to increase the number of homes that are energy efficient.

Membership: Open to organizations committed to accelerating the pace of home energy upgrades.

Benefits:
- Peer Exchange Calls 4x/month
- Tools, templates, & resources
- Recognition in media, materials
- Speaking opportunities
- Updates on latest trends
- Voluntary member initiatives
- Residential Program Solution Center guided tours

Commitment: Provide DOE with annual number of residential upgrades, and information about associated benefits.

For more information or to join, email bbresidentialnetwork@ee.doe.gov, or go to energy.gov/eere/bbrn and click Join
Best Practices:
City of Fort Collins Utilities
Behavior Change and Energy Efficiency

Fort Collins Utilities
Michelle Finchum
Community Engagement Specialist
About Fort Collins Utilities

Light and Power
- 70,500 metered accounts
- 1,851 miles of distribution lines

Water
- 35,000 metered accounts
- 544 miles of water mains

Wastewater
- Two treatment plants (capacity 29 MGD)

Stormwater
What is a behavior change campaign?

• Applied concepts from social science and psychology to understand why we do (or don’t) take actions
• Understands motivation and barriers
• Defined actions
• Sustained effects
Steps in Behavior Change

- Awareness
- Attitude/Values
- Knowledge
- Skills
- Action
Utilities Energy Policy
Reduce local electricity use by 1.75% per year for 2 years
2.5% per year by 2020+

City of Fort Collins Climate Action Plan (2015 goals)
- 20% reduction by 2020
- 80% reduction by 2030
- Net carbon zero by 2050
LOSE A WATT ENERGY PRIZE

City of Fort Collins
Lose-A-Watt Energy Prize

App

Profile

Alyssa S

6 Followers

8 Following

IMPACT TOTALS

702 pounds of CO₂
1.3 thousand gallons of water
50 pounds of waste

ACTIVITY TOTALS

+1 Points

893

Options: Feed, Challenge, Notifications, Profile

Features:
- Log in with Facebook
- Continue without logging in
- Options: Feed, Challenge, Notifications, Profile

Collins
Demand Side Management and Efficiency

- Monitor My Use (www.fcgov.com/utilities)
- Peak Partners
- In home display
- O Power reports showcase residential peaks
- Home Energy Assessment
- Rebates from FC Utilities and Xcel
Home Energy Monitor Program

Watch your bill drop as you learn about your energy habits and make small changes that can make a big difference.

The Home Energy Monitor provides real-time tracking of your household electricity use in kilowatts, kilowatt hours, dollars, and cents.\(^1\) Track your electricity use and see exactly where you could be saving.

- Turn appliances on and off to see what your energy hogs are.
- Compare today’s power usage with yesterday’s usage.
- Automatically connect to your meter — no electrician set-up required.\(^2\)

The monitor is available for check out at all three Poudre River Public Libraries. You can borrow the monitor just like a book. It's that easy!

Device Features

Stand it on the kitchen counter or put it on the refrigerator. Make saving energy a family affair. Load the batteries or just plug it in, then call us at 855-350-1464 to activate the meter link. In moments you’re ready to start saving. (Service only available to Fort Collins Light & Power customers.)

- Two buttons for scrolling
- Secure, encrypted wireless link
- Bright, backlit screen for easy reading
- Mini USB port for downloading data
- AC adapter included for always-on operation
- Battery-powered for portability and back-up
Thank you

Michelle Finchum
Community Engagement Specialist
Best Practices: American Council for an Energy-Efficient Economy (ACEEE)
BEHAVIOR CHANGE PROGRAMS ENCOURAGING ENERGY UPGRADES

DR. REUVEN SUSSMAN

BETTER BUILDINGS PEER TO PEER EXCHANGE: NOVEMBER 4, 2016
HOME ENERGY REPORTS: OPOWER

- Strategy: Social comparison
- Mostly curtailment and lighting upgrades
- Slight uplift in other programs
- Reduced peak demand use
HOME AUDITS: NARRAGANSETT ENERGYWISE PROGRAM

• Program includes
  • In-home assessment
  • Free low-cost upgrades
  • Weatherization assistance program for heating-oil customers

• Strategies and behavioral insights
  • Foot-in-the-door and shopping momentum
  • Reciprocity effect
  • Tailored messages
  • Other elements of in-person interactions

• Savings: 13,242,000 kWh and 693,350 therms in 2014
COMMUNITY-BASED PROGRAM: AEP OHIO COMMUNITY ENERGY SAVERS

• Community level
  • Goal Setting
  • Feedback (community-level)
  • Reward (cash for communities that met goals)
• Customer level
  • Prompts (program inserts in water bills, posters)
  • Elements of social interactions from
    • Door-to-door canvassing and attending local events
• Increased participation in existing EE programs
  • 1,164 more customers, saving additional 662,704 kWh
THANK YOU

ACEEE REPORT, *Behavior Change Programs: Status and Impact:*
http://aceee.org/research-report/b1601

Dr. Reuven Sussman, Behavior Program
American Council for an Energy-Efficient Economy
Best Practices: Rocky Mountain Institute (RMI)
Peer Diffusion: A promising way for service providers to unlock investments in home energy upgrades

Today’s release of RMI & BPI’s new report November 3rd, 2016

Doug Miller, Rocky Mountain Institute (RMI)
RESIDENTIAL ENERGY+

A SNAPSHOT ABOUT RMI’S INITIATIVE FOR THE U.S. RESIDENTIAL SECTOR
In partnership with industry leaders, RMI is deploying mutually-reinforcing market interventions nationwide with a consumer-centric approach to empower homeowners to invest in energy upgrades and unlock the U.S. residential energy upgrades market.

**Popularize and visualize the “problem”**

Boost the financial, social, and emotional appeals for home energy upgrade investments using media and industry channels

**Greater Industry Coordination (+)**

** Deliver an attractive, easy solution**

Streamline the energy upgrade investment process with financing to make them desirable
PEER DIFFUSION

HOW SERVICE PROVIDERS AND PROGRAM ADMINISTRATORS CAN BETTER ENGAGE WITH HOMEOWNERS TO INSPIRE INCREASED HOME ENERGY UPGRADE INVESTMENTS

DOWNLOAD THE NEW RMI & BPI REPORT VIA WWW.RMI.ORG/PDF_PEER_DIFFUSION
FINDING A COMMON THREAD ACROSS PROMISING RESIDENTIAL SECTOR DEVELOPMENTS

An opportunity emerged after we came across a number of real-world examples over a short timeframe highlighting the important role of social interaction and social comparison in home improvement investment decisions.

Opower’s “Home Energy Reports”

SolarCity’s finding about residential solar “contagion”

Renovate America’s “HERO Program”
Service providers and utility/third-party program administrators have an opportunity to better engage with homeowners and expand homeowners’ investment motivations in order to unlock energy upgrade investments.

**Peer Diffusion** = a form of communication within and between networks of people that

1. Occurs through varying forms of social comparison and social interaction around an innovation (i.e., a new behavior, idea, or technology), and
2. Ultimately promotes the broader adoption of that innovation – in this case, home energy upgrades.
Service providers and program administrators can promote greater social interaction and social comparison around home energy upgrades within and between their customers’ peer networks by using a robust peer diffusion strategy across project phases.

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<th>Platform</th>
<th>Project Phase</th>
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<td><strong>Pre-Retrofit</strong></td>
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<td>Online</td>
<td>Social media-promoted events, project idea and drawing board platforms, and referral platforms</td>
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<td>In-Person</td>
<td>Group energy assessments and community leader engagement</td>
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<th><strong>Mid-Retrofit</strong></th>
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<td>Shareable photo timelines</td>
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<td>Field trips, education programs, and “DIY” workshops</td>
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<th><strong>Post-Retrofit</strong></th>
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<td>Online referrals, side-by-side photo comparisons, and showcasing benefits</td>
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<td>Celebratory events and home tours</td>
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Additional resources like the *Better Buildings Solutions Center* provide detailed case studies.
OUTLINING POSSIBLE **PRE-RETROFIT TACTICS**

Service providers and program administrators can encourage more homeowners to get an energy audit, increase follow-through with recommended investments, and inspire homeowners to find ideas / interact with others about options for their own energy upgrades.

**Host group energy assessments (energy “house parties”)**

**Engage with the broader community**

**Create online drawing boards and join referral platforms**
OUTLINING POSSIBLE MID-RETROFIT TACTICS

Service providers and program administrators can demystify and celebrate home energy upgrades, increase the know-how of current and future homeowners, and bolster interest in residential energy industry employment.

Lead project field trips / site visits

Promote know-how at DIY workshops

Encourage use of online image-sharing platforms
OUTLINING POSSIBLE POST-RETROFIT TACTICS

Service providers and program administrators can homeowners to show off their energy upgrades and provide word-of-mouth referrals.

Create budget for post renovation parties

Partner with popular home tours

Post results on social media, contractor referral, and property listing platforms online.
SHOWCASING IMPACTFUL HOMEOWNER ENGAGEMENT STRATEGIES

Administrators who are interested in (or already) deploying online and in-person tactics that, taken together, will help make quality whole-home energy upgrades more social and their uptake more visible—making these upgrades a “must have” in homes.

1. Download RMI & BPI’s new report

2. Develop, deploy, and refine a robust peer diffusion strategy

3. Showcase leadership and impact
Download the new RMI & BPI report via
www.rmi.org/pdf_Peer_Diffusion
Explore resources related to demand response and behavior change strategies:

- Engage and motivate your target audience with insights from the Program Design & Customer Experience – Assess the Market handbook.
- Read this SEE Action Network report for an overview of residential customer information and behavior efficiency programs, and key challenges and solutions.
- Learn about programs that have elicited positive behavioral changes through gamified energy efficiency programs in this ACEEE report.
- View this CEE presentation on lessons learned from years of collected information & analysis of behavior-based programs and program evaluation methods.

- While you’re there, see the latest Proven Practices post on Leveraging Partners to Provide Training and Develop a Skilled Workforce.
- The Solution Center is continually updated to support residential energy efficiency programs—member ideas are wanted!
Behavior change campaigns use both sociology and psychology to influence actions within a community.

Changing behaviors is an ongoing process, and there is no one silver bullet. This is why testing strategies with a small group before wider rollout is useful.

Energy efficiency awareness initiatives (such as the City of Fort Collins’ Lose-a-Watt mobile app, which promotes small behavior changes among younger age group) have the potential to motivate target audiences to make larger efficiency investments over time.

Demand response programs that reduce peak demand may result in spillover to home upgrade projects later on, although it is difficult to determine to what extent unless those effects are tested with randomized controlled trials.
When designing a behavior change campaign, your program should consider the following factors:

- **Know your audience:**
  - Determine the attitudes, social norms, and values of the community. Programs are most effective when they tap into existing values and take into consideration social norms.
  - **Ownership:** When communities are encouraged to set their own goals, there is more ownership over the outcome and participation.
  - **Identify barriers that prevent the community from engaging** in desired actions. Programs are stronger when they address barriers to action as well as promote actions.
Set clear and realistic goals:

- **Articulate the exact action you are trying to change to achieve energy efficiency.** Examples of concrete goals could be resetting a thermostat or weatherizing a home.

- **Realistic Goals:** Set goals that are attainable for the community and offer different levels of goals to help individuals customize their participation.

- **Level of Complexity:** Make the desired change clear, with actionable steps to reduce complication and encourage behavior change.

- **Tailored Messaging:** Make sure communications and materials are tailored to the desired, specific behavior. The more personal a message, the more persuasive it is.

  - Notably, messages stressing the health and environmental benefits are some of the most effective.
Discussion Highlights (4 of 4)

- **Educational Mediums:** Outreach should go beyond informational material and move to experiential learning. Create these experiences with tours of upgraded homes.

- **Prompts:** Periodically reminding participants of the desired actions, or reminders on timelines, can help keep participants on track.

- **Incentives:** Providing positive feedback in the form of rewards (such as a cash prize for number of homes enrolled) or public recognition can reinforce desired actions.
  
  - Although money is a powerful motivator, tapping into intrinsic motivation will ensure that participants will feel satisfied for their behavior long after financing goes away.
Peer Exchange Call Series

We hold one Peer Exchange call the first four Thursdays of each month from 1:00-2:30 pm ET

Calls cover a range of topics, including financing & revenue, data & evaluation, business partners, multifamily housing, and marketing & outreach for all stages of program development and implementation

Upcoming calls:

- November 10: Do You Hear Me Now? Communicating the Value of Non-Energy Benefits (101)
- November 17: Diversifying Funding Sources and Building New Revenue Streams (201)
- November 24: No Call – Thanksgiving
- December 1: America’s Next Top Energy Model: Tools and Best Practices (101)

Send call topic ideas to peerexchange@rossstrategic.com

See the Better Buildings Residential Network Program website to register
Addenda: Attendee Information and Poll Results
Call Attendee Locations
Call Attendees: Network Members (1 of 2)

- Alaska Housing Finance Corporation
- American Council for an Energy-Efficient Economy (ACEEE)
- AppleBlossom Energy Inc.
- Austin Energy
- BAM Superior Solutions
- BlueGreen Alliance Foundation
- Building Performance Institute
- Center for Sustainable Energy
- City of Columbia (Missouri)
- City of Fort Collins (Colorado)
- City of Kansas City (Missouri)
- City of Providence (Rhode Island)
- Civic Works
- CLEAResult
- Cool Choices
- Duke Carbon Offsets Initiative
- Efficiency Nova Scotia
- Emerald Cities Seattle
- Energy Efficiency Specialists
- Environmental Protection Agency (EPA)
Call Attendees: Network Members (2 of 2)

- Group14 Engineering Inc.
- Institute for Market Transformation (IMT)
- International Center for Appropriate and Sustainable Technology (ICAST)
- Midwest Energy Efficiency Alliance (MEEA)
- Northeast Energy Efficiency Partnerships (NEEP)
- PUSH Buffalo
- Richmond Region Energy Alliance
- Seventhwave
- The Environmental Center
- New York State Energy Research and Development Authority (NYSERDA)
- TRC Energy Services
- United Illuminating Company
- Vermont Energy Investment Corporation (VEIC)
- Wisconsin Energy Conservation Corporation (WECC)
Call Attendees: Non-Members (1 of 3)

- Alliant Energy
- Arup North America
- BA Consult
- Bank of Montreal
- Bay City Electric Light and Power
- BCS, Incorporated
- BELCO Ltd.
- Blue Ridge Electric Membership Corporation
- Brand Cool
- Brooklyn Green Home Solutions Inc
- Brooks Kushman
- BSHM Architects

- California Public Utilities Commission (CPUC)
- Carolina Smart Homes
- City of Bozeman (Montana)
- City of Milwaukee (Wisconsin)
- CivicSpark
- Cold Climate Housing Research Center (CCHRC)
- Conservation Connection Consulting
- D+R International
- Ecobee
- EDGE Energy
- Energetics, Inc.
Call Attendees: Non-Members (2 of 3)

- Energy Outreach Colorado
- Environmental Design / Build
- Facility Strategies Group
- Faith in Action Bay Area
- HDR Consulting LLC
- Hearth, Patio & Barbecue Association
- Holy Cross Energy
- Huntington Bank
- Jensen Beach Green
- La Plata Electric Association (LPEA)
- Lincoln Electric System
- Mercy Housing
- MPower Oregon
- Oakland Livingston Human Service Agency
- Pennsylvania Public Utility Commission
- Public Counsel
- Purdue University
- Questline, Inc.
- Residential Raters
- Rocky Mountain Institute
- Sarasota County
Call Attendees: Non-Members (3 of 3)

- StopWaste
- Sustainable Design + Behavior
- Sustainable South Bronx
- Tennessee Valley Authority
- Terracel Energy
- The American Association for the Advancement of Science (AAAS)
- The Energy Coalition
- The Home Ventilating Institute (HVI)

- The South Carolina Office of Regulatory Staff (ORS)
- Université de Genève
- US Department of Housing and Urban Development (HUD)
- Verdis Group
- WDP & Associates Consulting Engineers
- Washington State University Energy Program
Opening Poll #1

Which of the following best describes your organization’s experience with demand response and behavior change?

- Some experience/familiarity – 50%
- Limited experience/familiarity – 23%
- Very experienced/familiar – 22%
- No experience/familiarity – 3%
- Not applicable – 2%
Closing Poll

- After today's call, what will you do?
  - Seek out additional information on one or more of the ideas – 56%
  - Consider implementing one or more of the ideas discussed – 33%
  - Make no changes to your current approach – 7%
  - Other (please explain) – 4%
DOE will be developing a *Community-Based Social Marketing Toolkit* for 2017 that will include practical strategies, tips, resources, and case studies for engaging communities in residential energy efficiency programs.

**But we can’t do it alone!**

Toolkits are developed with input from the Peer Exchange community. Participants will provide feedback on the toolkit and receive an acknowledgment in the publication.

*If you would like to be involved in the creation of the toolkit and/or have resources that should be included, please contact* peerexchange@rossstrategic.com *for more information.*