One Sky Homes
Cottle Zero Net Energy Home
San Jose, CA

In a state that leads the union for its commitment to residential energy efficiency, being recognized as the state’s first net zero energy new home is an honor indeed. For the design-build team of Allen Gilliland and Bronwyn Barry of One Sky Homes in San Jose, California, the designation is one of many firsts on the project. The home is the builder’s first home certified to the Passive House Institute standard and their first certified to the high energy performance standards of the U.S. Department of Energy’s Zero Energy Ready Home program.

To meet the DOE Zero Energy Ready Home criteria, the home had to be ENERGY STAR Version 3.0 certified and meet the insulation requirements of the 2012 International Energy Conservation Code. The DOE program also requires that homes be certified to the air quality requirements of the U.S. Environmental Protection Agency’s Indoor airPLUS program. In addition, the builder chose to pursue LEED for Homes and achieved platinum certification on the home.

The project could be thought of as a building science test bed. The 3,198 ft², two-story spec home took four years to design and build, more than twice the builder’s typical construction cycle for a custom home, because Gilliland wanted to test several new construction techniques.

“It was our intention to take a real building science approach. We wanted to measure this building in every way possible, to learn from it and share what we learned. To everyone’s credit, we were very successful. The data verified that we were plus site energy. (The home’s 6.4-kW photovoltaic system produces enough electricity to power both the home for a year and an electric car for thousands of miles of charge.) And we’re providing the homeowner with a vastly better living experience,” said Gilliland.

The U.S. Department of Energy invites home builders across the country to meet the extraordinary levels of excellence and quality specified in DOE’s Zero Energy Ready Home program (formerly known as Challenge Home). Every DOE Zero Energy Ready Home starts with ENERGY STAR Certified Homes Version 3.0 for an energy-efficient home built on a solid foundation of building science research. Advanced technologies are designed in to give you superior construction, durability, and comfort; healthy indoor air; high-performance HVAC, lighting, and appliances; and solar-ready components for low or no utility bills in a quality home that will last for generations to come.
One Sky Homes collaborated with Davis Energy Group, a research partner in DOE’s Building America program. Davis Energy Group helped the builder meet the DOE Zero Energy Ready Home criteria while testing several advanced building technologies, including a night ventilation cooling system that cut cooling costs by 98%.

High efficiency starts at the ground level where Gilliland used R-22 insulated concrete form (ICF) blocks to create a 3-foot-high foundation wall that formed the insulated sides of the unvented crawl space. Gilliland covered the crawl space floor with 4 inches of ¾-inch aggregate, a heavy-gauge polyethylene vapor barrier, 3-inch-thick 2-pound rigid expanded polystyrene foam (EPS) foam (R-14), then a 3-inch concrete crawl space slab. A floor decking of 9.5-inch engineered I joists was installed over the crawl space.

The above-grade walls consisted of 2x6 studs spaced 24 inches on-center. Advanced framing techniques were used including two-stud rather than three-stud corners, open headers over doors and windows, windows sized to the stud bay openings, and ladder blocking at interior-exterior wall intersections to reduce lumber usage and provide more room in the walls for the R-23 of dense-packed cellulose. “Everything is sized on a 24-inch grid, which makes for faster assembly with less materials waste,” said Gilliland. Over the exterior plywood sheathing, a 1-inch layer of EPS foam board was installed. This was covered with house wrap. Then the stucco installers attached a ¼ inch plastic mesh rain screen that served as a drainage plane. Over this they installed wire lathe that was then covered with a traditional three-coat stucco cladding.

Raised-heal trusses provided plenty of room in the attic for the R-51 worth of blown cellulose insulation blanketing the ceiling deck. The roof decking OSB had a foil radiant barrier coating on the underside facing the open attic space. Natural attic ventilation was created with continuous eave and ridge vents. This ventilation, combined with the radiant barrier, kept attic temperatures low. Davis Energy Group monitoring confirmed that interior attic temperatures never climbed more than 20 degrees above exterior ambient temperatures.

All of the home’s windows and patio doors were triple-pane glass with the exception of one double-pane window installed for testing purposes. All of the windows were wood-framed with low-emissivity coatings and argon gas fill. Solar heat gain coefficients (SHGC) varied depending on the orientation of the window. Higher SHGC (0.49) windows were installed on the south side to allow beneficial...
passive heat gain in the winter. Lower SHGC (0.29) windows were directed toward the west to reduce unwanted late afternoon heat gain. The calculated average “installed” R-value for all of the windows was R-5.

Thanks to rigorous air sealing measures the home was able to meet the very low air leakage minimum allowed by the Passive House Standards of 0.60 air changes per hour at 50 Pascals pressure difference (ACH 50). The home achieved an air leakage of 0.57 ACH 50 when measured with a blower door test.

A typical 3,000 ft² home would use about 40,000 kWh of electricity (or natural gas equivalent) annually with half of that consumed by heating and cooling. The One Sky zero energy home uses only 10,000 kWh of energy a year and only 2,000 kWh of that is used for heating and cooling. A split-system central air source heat pump with a cooling efficiency of 21 SEER and a heating efficiency of 10 HSPF is located in an upstairs closet. The system’s ducts are located in conditioned space, in the open-web trusses between the first and second floors.

To keep the air healthy in the super airtight home, a heat recovery ventilator (HRV) was installed to draw in fresh air and exhaust stale air. The air passes through a MERV 13 filter then is supplied to the bedrooms and common areas while exhaust air is pulled from the bathrooms and laundry. The HRV uses 3-inch ducts that are completely separate from the heat pump’s 8-inch ducts. “With the heat pump, we’re moving 100 cfm of air per register. That is an order of magnitude of difference from the 10 cfm of air moving through each HRV duct. It’s hard to get 10 cfm of air to move where you want it to in an 8-inch duct,” said Gilliland.

The home uses Night Ventilation Cooling, a ventilation system tied to the central air handler that uses temperature sensors, dampers, and electronic controls to draw cool nighttime air from outside through a duct to the return side of the air handler fan when temperature sensors indicate that the outside air is cooler than the inside air and the system is calling for cooling. The technology was initially developed in the late 1990s, in part by Davis Energy Group, and is similar in principal to the economizers used on commercial cooling systems. The system is ideal for climates with dry summers and large day-night summer temperature differences. The Night Ventilation Cooling system’s performance was extensively measured and showed dramatic results. It completely eliminated overheating and met 98% of the home’s total cooling demand, with a measured coefficient of performance (COP) of 14.
Gilliland is looking forward to the day when smart heat pumps will integrate all of the HVAC functions—heating, cooling, HRV balanced ventilation, and night cooling—into one system with one controller for the home owner. He noted the 2013 California Energy Code, which went into effect July 1, 2014, makes mechanical night ventilation prescriptive in some climate zones in California and gives credit for it in other locations in the state.

The home has three roof-mounted solar thermal panels that send heated water to a storage tank, which the auxiliary gas-fired 96% efficient storage water heater draws from to supply hot water. To reduce water use, plumbing fixtures are water conserving and hot water fixtures are equipped with a recirculation pump that is button- or motion sensor-activated to speed hot water to the fixture.

Another unique feature of the home is the grey water recycling system. During the irrigation season, grey water from the home’s sinks and showers goes to an underground 50-gallon tank, from which it is pumped to several irrigation zones around the yard. During the rainy season, the grey water goes directly to the sewer. The grey water system meets 80% of the home’s landscape irrigation needs, with below-grade drip irrigation.

The 6.4-kW PV system (28 x 230-W panels) produced 11,000 kWh/year in 2013 to meet 113% of domestic demand; the extra power was used for charging the homeowners’ electric car. One electric car charging station is installed in the garage and wiring is in place to install a second one. The solar PV system is grid-tied, but could be upgraded with an inverter that will support independent operation in case of grid failure. Without the PV system, the energy efficiency upgrades would save a homeowner a calculated $1,095 compared to a home built to the 2009 IECC. With the PV system, homeowners are expected to save about $2,900 a year compared to owners of a code-built home.

All of the home’s appliances, including the clothes washer, dishwasher, and refrigerator, are ENERGY STAR rated. The home’s lighting includes 40% CFL, 40% LED, and 20% halogen kitchen task and accent lights. Vacancy sensor controls were installed in all rooms. Closet lights, heat lamps, and other utility lighting were installed with count-down timer controls. All exterior lighting is ENERGY STAR rated and is on timers with photocell shut offs.

Gilliland said One Sky has enjoyed the experience of learning from this project and is committed to zero energy construction. His only concern is motivating buyers to seek it out. “Once people experience it, they want it. Our customers will tell you, you just can’t believe it. It’s so much better living in these homes. People just haven’t heard enough about it yet.”

That may change soon, in California anyway. The California Public Utilities Commission and the California Energy Commission have adopted as a goal that all new residential construction will be zero net energy by 2020.

Photos courtesy of One Sky Homes.