EEBA High Performance Home Summit

Salt Lake City, UT, Oct. 10-12, 2023

Building for the New Normal: Disaster-Resistant Construction

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Pacific Northwest National Laboratory





Presentation Overview

- Discuss the value of being pro-active rather than re-active to natural disasters.
- Identify top tips for retrofitting homes to be more resistant to hurricanes, floods, earthquakes, wildfires, heat waves, and severe winter weather.
- Find out how many of these steps can make homes more energy efficient, durable, and comfortable too.
- Learn how to find disaster-resistant, energyefficient solutions in DOE's Building America Solution Center's Disaster Resistance Tool.



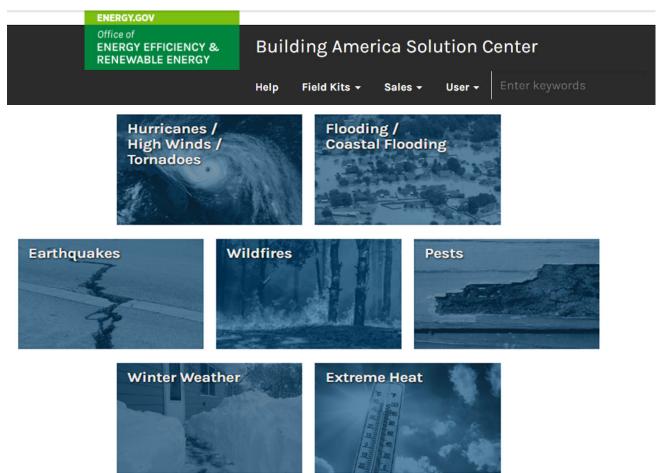
Terri Gilbride, Building Scientist



Christian Kaltreider, Building Scientist



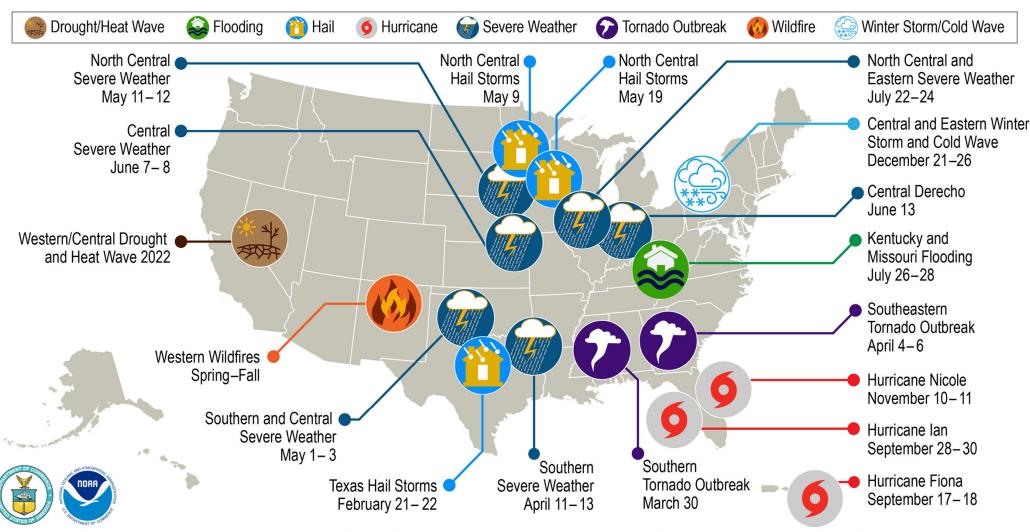
Building America Solution Center www.pnnl.basc.gov



We'll focus on a few today:

- Hurricanes
- Floods
- Earthquakes
- Wildfires
- WinterWeather
- Extreme Heat

U.S. 2022 Billion-Dollar Weather and Climate Disasters



This map denotes the approximate location for each of the 18 separate billion-dollar weather and climate disasters that impacted the United States in 2022.



Natural Disasters are costly

In 2021, natural disasters cost Americans \$145 billion according to NOAA. These costs include:

- Biggest losses Physical damage to residential, commercial, and government or municipal buildings and material assets within buildings
- All other losses (infrastructure, ag, business interruption, vehicles, restoration)
- Does not count LOSS of LIFE

NOAA concludes:

- "Building codes are often insufficient in reducing damage from extreme events."
- "Where we build and how we build determines our resilience to the increasing risk of disaster events."



How to be a survivor





HURRICANES







The Tale of Two Communities











IBHS Fortified Duplexes survive Hurricane Ida



These homes are part of Les Maisons de Bayou Lafourche, a 35-unit storm-resilient affordable housing community near New Orleans.

- Elevated concrete foundations
- Impact-rated doors and windows
- Standing seam metal roofs, no gable overhangs.
- Engineered framing with metal hurricane anchors and bolts
- Continuous load path to
 - Tie the structure of the house together
 - Direct extreme wind forces to the ground.

Building America FORTIFED APROGRAM OF IBHS	IBHS Fortified Roof Requirements Hurricane-Proofing New Homes
Roof Deck	≥ 7/16" OSB or plywood. 8d ring shank nails, every 6: on edge, every 12" in field.
	Hail: Impact rated for hail.
Seal the Deck	3 Options:
	1: Cover whole deck with self-adhering polymer-modified bitumen membrane.
	2: Tape all seams with bitumen tape or self-adhering flashing. Cover with underlayment cap nailed every 6"/12".
	3: Install two layers of underlayment in shingle fashion.
Drip Edge	Install at eaves and rakes, over the underlayment. Fasten to deck, seal upper edge with flashing cement.
Shingles	Install ASTM D3161 Class F or ASTM 7158 Class G/H rated shingles.
	In hail-prone areas, use UL 2218 Class 4 impact-rated shingles.
	4 nails per shingle.
Gables	Cover gable end vents with permanent shutters or removable 7/16" plywood and permanent mounting hardware.
	Construct gable end wall with 7/16" plywood or OSB sheathing.
	Connect gables > 12" to interior framing.
Roof Vents	Must meet Florida Building Code TAS 100 (A).
Porches & Carports	Use metal connectors to connect roof framing to beam, beam to - columns, columns to structure.
Garages	Is impact rated or protected with:
	Horizontal and vertical bracing.
	Track brackets anchored to the wall.
	Steel door panels.
	Stronger rollers, hardware, and hinges.
Exterior Doors, Windows,	Exterior doors are impact and pressure rated. Or, fitted with shutters or protective coverings.
Skylights	Windows and glass doors are pressure and impact rated.
	Hail: Skylights and PV panels are hail impact rated.
Walls	Have 7/16" plywood or OSB sheathing
Chimney	Connect to roof framing.
Continuous Load Path	Connect roof to walls and walls to foundation with metal connectors.



Roof + Re-Roofing





More on Roofs

For a vented attic,

- Use hurricane-rated ridge and soffit vents, no gable vents.
- Use fiber cement, not vinyl, soffit covers. Fasten with screws or nails.

Or, Install an Unvented Attic

- Stops wind-driven rain entry (and pests)
- Reduces risk of roof blowing off.
- Conditioned space for HVAC and storage.
- Closed-cell spray foam insulates, air seals, and glues down the roof.





Hurricane Construction – Shore up the Weak Spots

Roof shingles – use starter strips and 6 nails per

Brace gable-ends or use hip roofs



Install metal connectors for continuous load path

Strengthen or avoid attachments (fences, pergolas)



Install impact-rated doors and windows

Garage doors – pressure rated, reinforced hardware

- Reinforce or avoid overhangs
- Unvented attics, solid soffits
- Termite/moldresistant borate lumber and concrete block

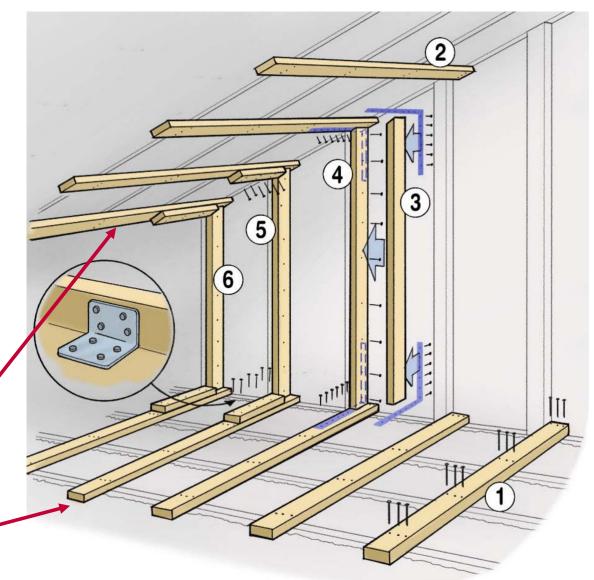


Resisting Hurricanes New and Retrofit



Prevent this

with this







Earthquakes



What does it take to resist a quake?



Only 6 homes remained standing near the epicenter of the "Great Hanshine" earthquake in Kobe, Japan, in 1995. All were SIP homes.



Earthquake Resistant SIPS and ICFs







Structural Insulated Panels

- High racking resistance from fully glued sheathing
- SIPs are suitable as shear walls in high-seismic zones D, E, and F
- Truly continuous insulation (no studs)
- Airtight seams



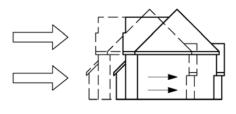


Insulated Concrete Forms

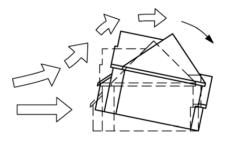
- Steel-reinforced concrete core
- High R, continuous insulation
- Mold, moisture, and bug resistant



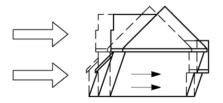
Connect Roof to Ground



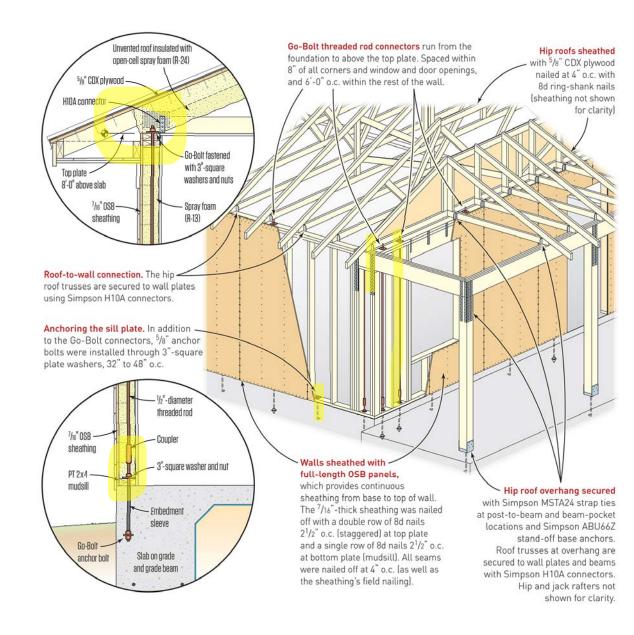
Sliding



Overturning



Racking

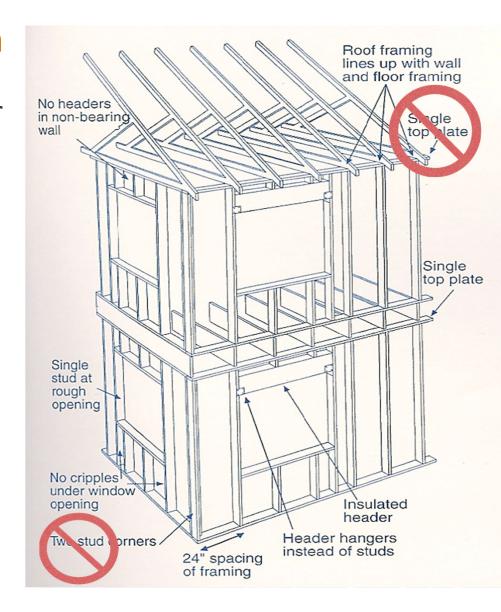




Continuous Load Path

Pacific Northwest Advanced Framing on NATIONAL LABORATORY 2-foot Grid makes this easier







FLOODS





Building for the Flood





Pre Katrina

Post Katrina



Building America Prototype Post-Katrina *Green Dream* Homes 1 & 2

(Flood-hardy, strong, durable, energy-efficient, healthy, affordable)







- Flood-hardy building assemblies
- Termite-resistant borate-treated lumber, plywood
- Rain, moisture, air and thermal controls
- HVAC for low energy and healthy home

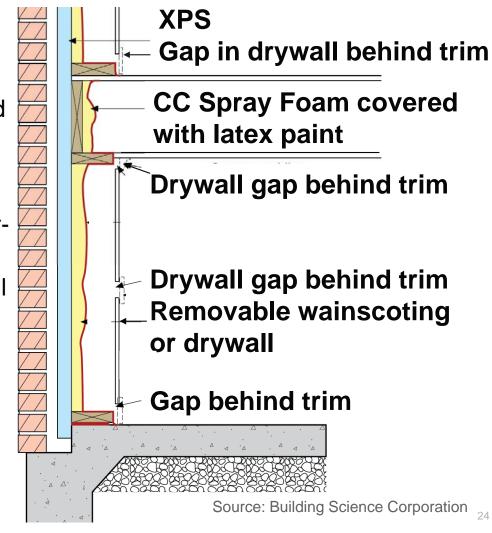




Use moisture-resistant materials.

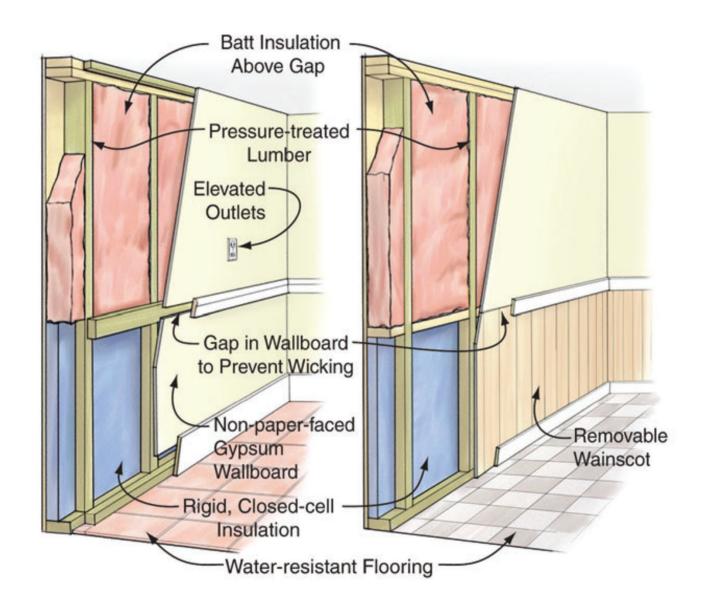
Pacific

- For walls: Pressure-treated, borate-treated lumber, paperless drywall, plywood, fibercement sheathing, PVC trim.
- For flooring: use sealed concrete; ceramic or porcelain tile or brick flooring with waterproof mortar; or floating vinyl.
- Insulate walls with rigid foam or closed-cell spray foam.
- Leave gaps behind trim at top, chair rail, and baseboard or vinyl wainscoting.
- After flood, remove trim, rinse, sanitize, and dry cavities. Replace drywall where needed.





"Flood-Hardy" Walls





Putting it all together



DOE ZER home in Construction



Finished DOE ZER home







How to be a survivor

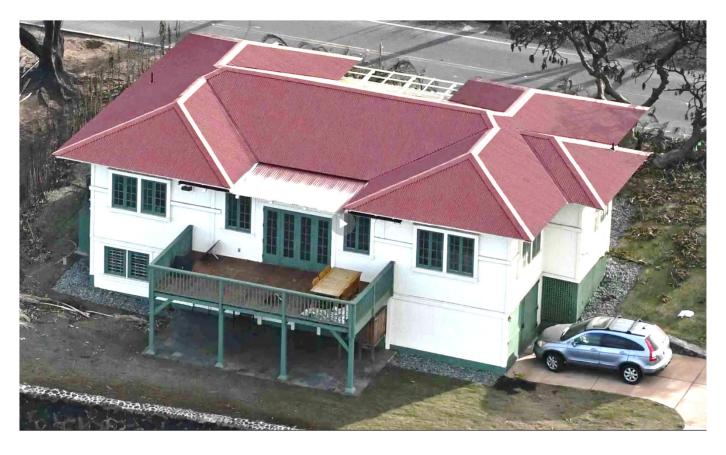






Lahaina Miracle House, pre-renovation



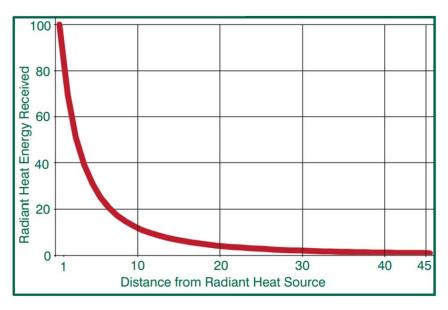


Lahaina Miracle House, post-renovation



Why defensible space matters





The first few feet from the fire are by far the hottest.

Burning trees next to the house can cause intense heat that can radiate through windows and catch curtains on fire *inside the house*.



Establish Defensible Space

Immediate Zone: 0 - 5 feet "Fuel-Free Zone"

No combustibles, no branches

Intermediate Zone: 5 - 30 feet, "Clean and Green"

- 1-3 trees, branches 18 feet apart
- Remove ladder fuels no shrubs under trees, no branches below 10 feet
- Watered lawn, noncombustible ground cover

Extended Zone: 30 - 100 feet, "Reduced Fuel Zone"

- 30 to 60 feet: Tree canopies 12 feet apart
- 60 to 100 feet: Tree canopies 6 feet apart
- Trim branches back 10 feet from access roads

Beyond 100 feet:

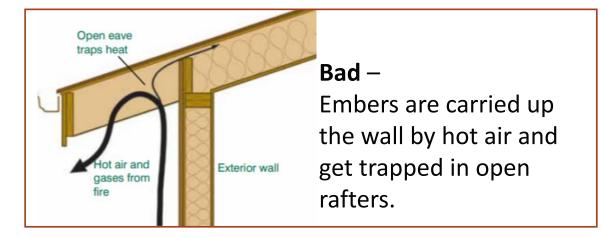
- Thin trees; prune ladder fuels
- Employ fuel breaks strips of water, grass, or rock

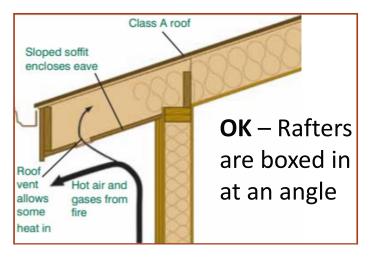




Why construction techniques matter









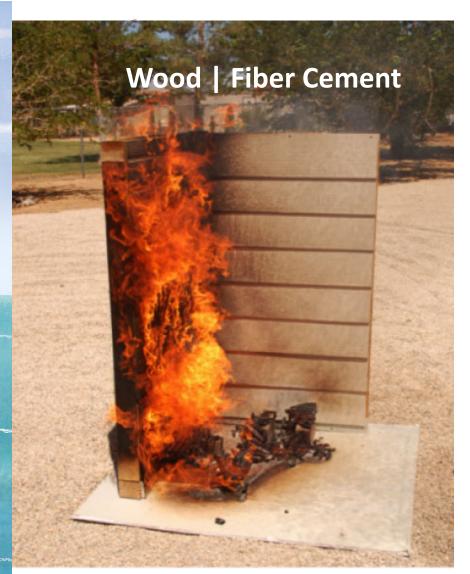


Construction Choices: How not to feed the fire

This home survived a fire that claimed more than 400 neighboring homes, thanks to

- a fire-resistant tile roof
- stucco exterior
- double-pane windows
- stucco-covered boxed eaves
- boxed-in decks



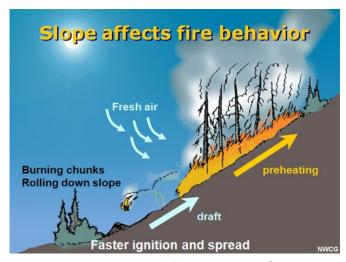


Why materials choices matter

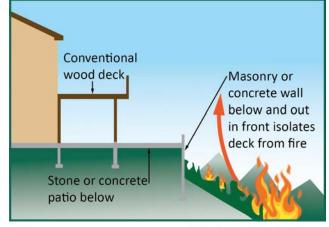




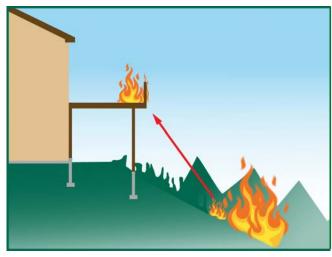
Wildfires – Fire-Resistant Decks



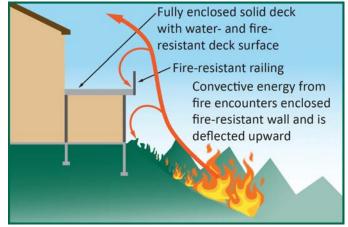
Fire moves up hill 6x-8x times faster



Build a patio or masonry wall below the deck.



Decks above slopes are at risk



Enclose the area under the deck. Source: Colorado State Forest Service



Pop Quiz – What's wrong with this deck?



Beautiful but deadly



Pop Quiz – What did this builder do right?







Winter Weather



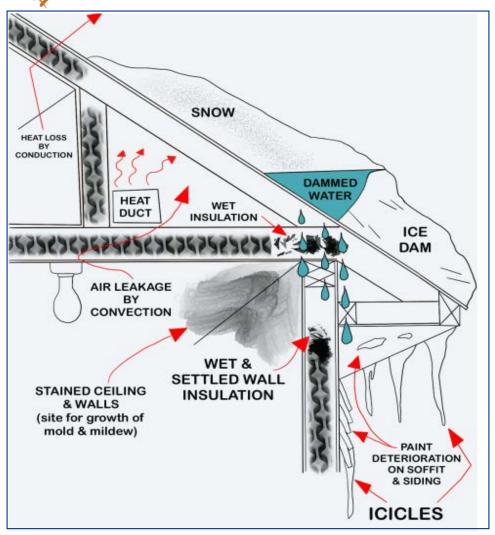
Preventing Ice Dams – the Winter Weather Challenge for Builders

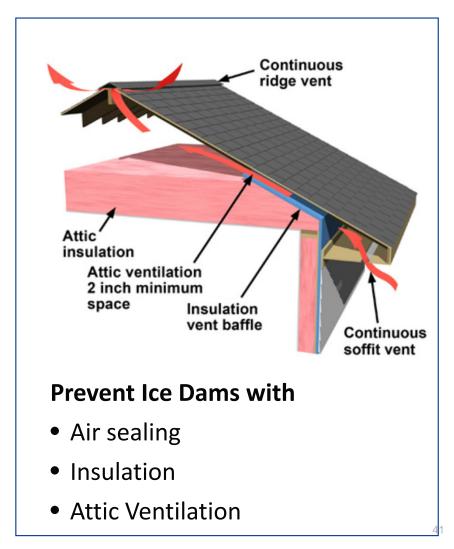






Ice Dams: Problem ... Solved







Winter Weather – More Helps

- Install triple-pane windows to stay warmer and stop condensation.
- Insulate and airseal to 2021 IECC levels
- Use water-resistant siding and flooring.
- Install a cold-climate heat pump.
- Install freeze-protected outside faucets.
- Consider PV + battery, instead of gas generators.







Source: University of Arizona



Codes don't address Extreme Heat directly



Source: University of Arizona



- Codes don't address Extreme Heat directly
- ...Yet our homes are our best defense
 - Air-conditioning
 - Air filtration
 - Fans
 - Refrigeration
 - Water
 - Shade
 - Thermal regulation





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- ...Yet our homes are our best defense
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 - Thermal regulation
 - (Mass, operable windows, insulation, air-sealing)





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 - Hours of Safety



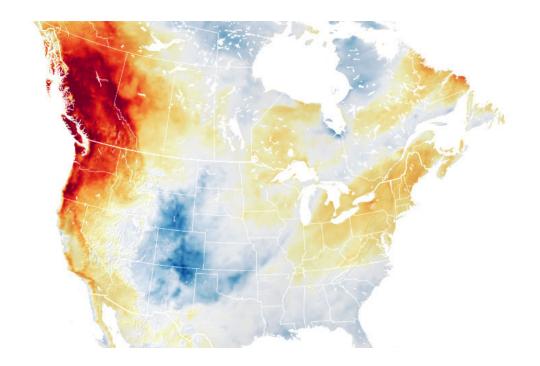


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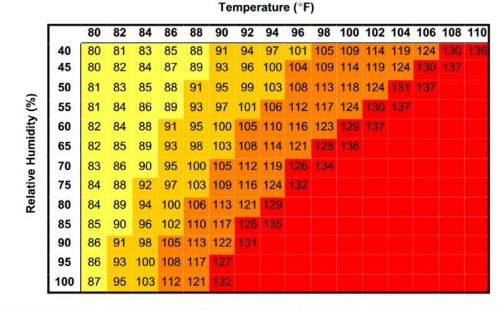
- Study led by U of Oregon
 - Question: How could shading and night ventilation have prevented heat-related deaths during the 2021 Pacific Northwest Heat Wave?



Source: https://earthobservatory.nasa.gov/images/148506/exceptional-heat-hits-pacific-northwest



- Study led by U of Oregon
 - Question: How could shading and night ventilation have prevented heat-related deaths?
- Metric: NOAA Heat Index
 - Caution
 - Extreme Caution
 - Danger
 - Extreme Danger

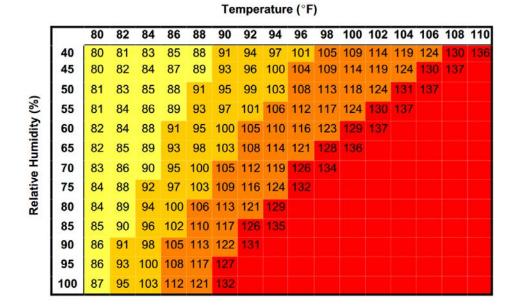


Likelihood of Heat Disorders with Prolonged Exposure and/or Strenuous Activity

Caution ■ Extreme Caution ■ Danger ■ Extreme Danger



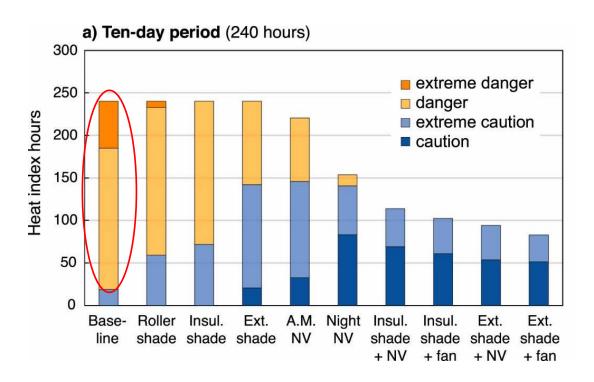
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 - Caution
 - Extreme Caution
 - Danger
 - Extreme Danger
- Shading types
 - Roller shades
 - Insulating cellular shades
 - Exterior shutters







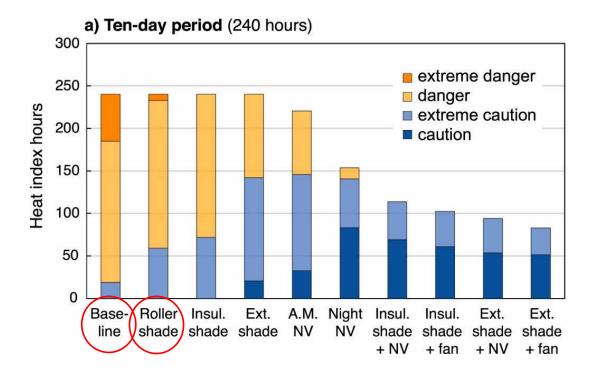
 Reduction in 'danger' and 'extreme danger' hours:





 Reduction in 'danger' and 'extreme danger' hours:

• Roller Shades: 18%

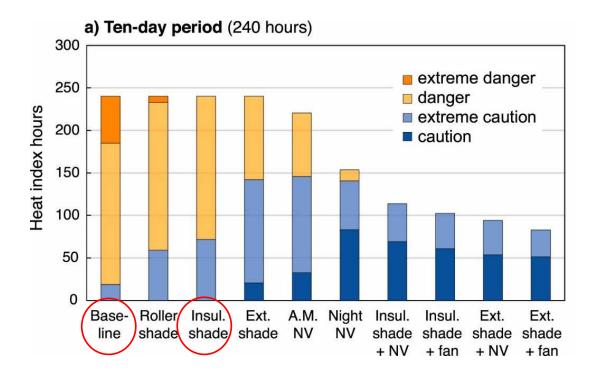




 Reduction in 'danger' and 'extreme danger' hours:

• Roller Shades: 18%

• Cellular shades: 23%



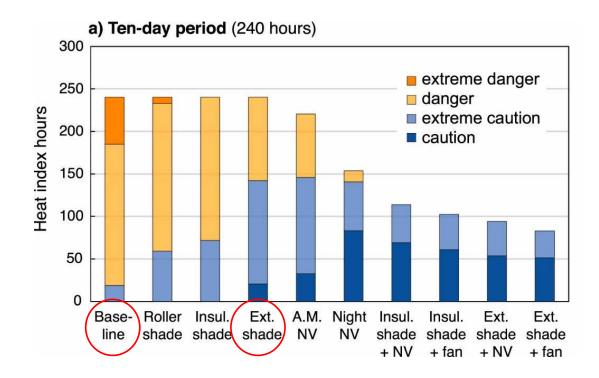


 Reduction in 'danger' and 'extreme danger' hours:

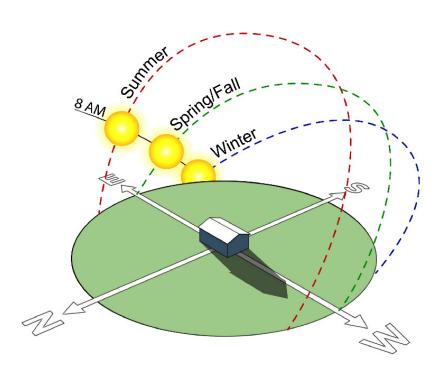
• Roller Shades: 18%

• Cellular shades: 23%

• Exterior shutters: **55%**

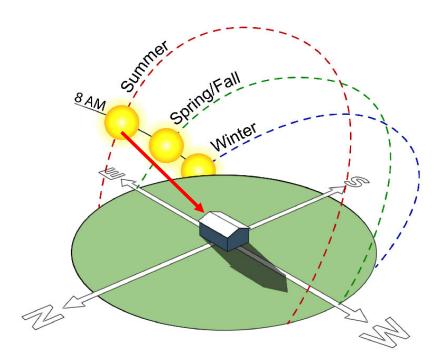






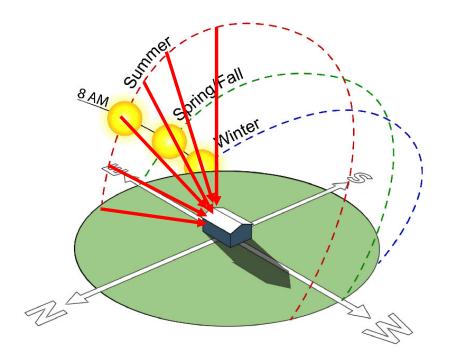


- E/W
 - Low angles = direct sun



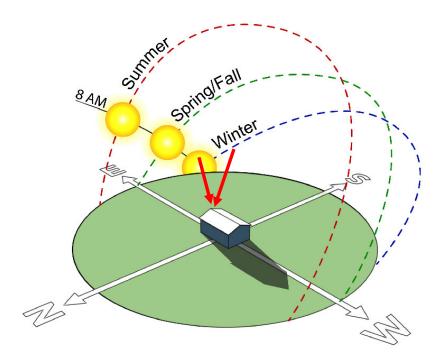


- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer



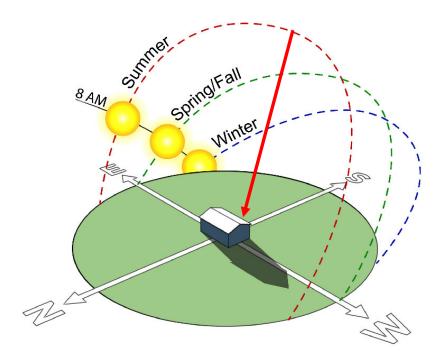


- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer



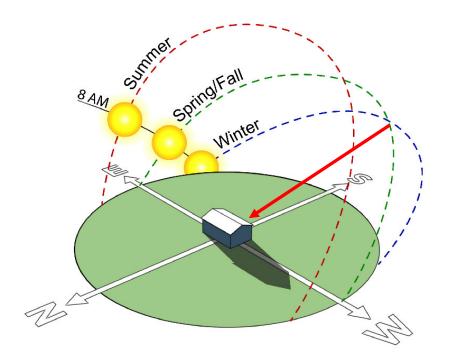


- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer
- South
 - High angles in summer



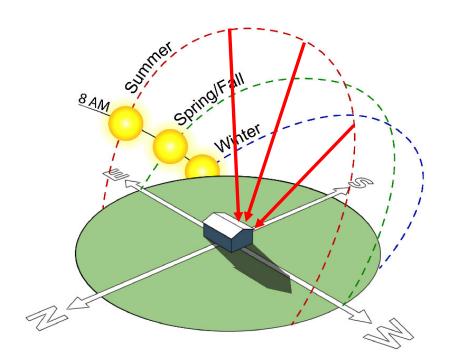


- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer
- South
 - High angles in summer
 - Low angles in winter



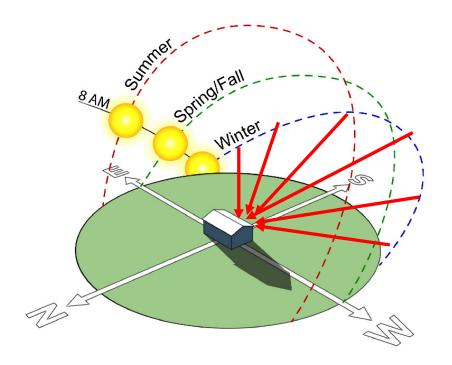


- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer
- South
 - High angles in summer
 - Low angles in winter
 - Hours of exposure decrease in summer





- E/W
 - Low angles = direct sun
 - Hours of exposure increase in summer
- South
 - High angles in summer
 - Low angles in winter
 - Hours of exposure decrease in summer





• E/W

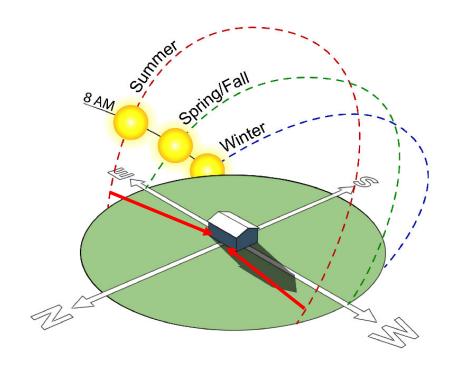
- Low angles = direct sun
- Hours of exposure increase in summer

South

- High angles in summer
- Low angles in winter
- Hours of exposure decrease in summer

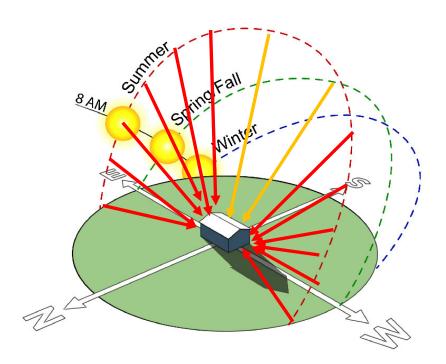
North

- Glancing side angles
- Exposure in summer only



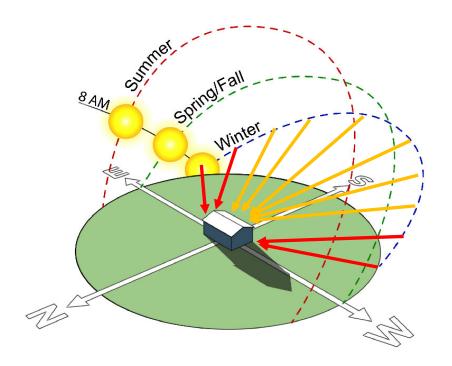


- Summer, 36°N Latitude
 - 2 hrs within 45° of South
 - 6 hrs within 45° of West





- Summer, 36°N Latitude
 - 2 hrs within 45° of South
 - 6 hrs within 45° of West
- Winter, 36°N Latitude
 - 6 hrs within 45° of South
 - 2 hrs within 45° of West





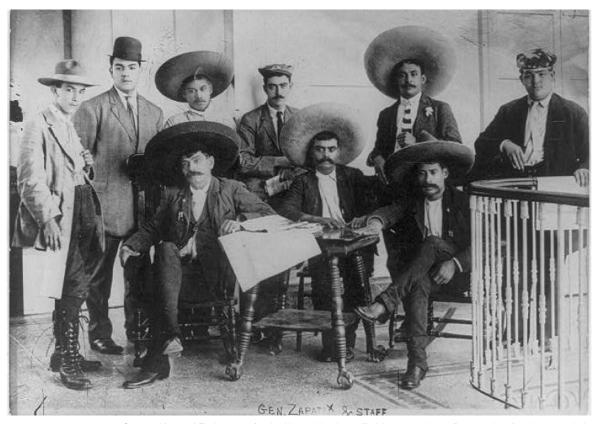
Methods of Shading

Pre-Assessment Quiz



Methods of Shading

Q: Which leaders of the Mexican Revolution had the best understanding of shading?



Source: National Endowment for the Humanities https://edsitement.neh.gov/lesson-plans/mexican-revolution



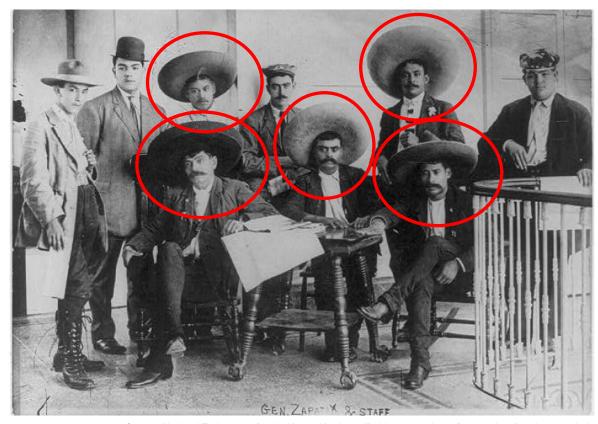
Methods of Shading

Q:

Which leaders of the Mexican Revolution had the best understanding of shading?

A:

General Zapata and several of his staff...



Source: National Endowment for the Humanities https://edsitement.neh.gov/lesson-plans/mexican-revolution



Methods of Shading

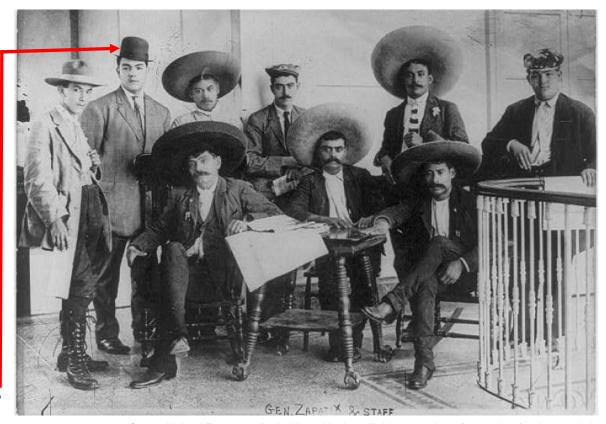
Q:

Which leaders of the Mexican Revolution had the best understanding of shading?

A:

General Zapata and several of his staff...

...but not this gentleman.



Source: National Endowment for the Humanities https://edsitement.neh.gov/lesson-plans/mexican-revolution





Source: https://www.dwelldevelopment.com/



- Architectural shading
- Exterior attachments
- Interior attachments
- Landscape shading



Source: https://www.dwelldevelopment.com/



Architectural shading

- Roof eaves
- Window overhangs
- Porch roofs
- 2nd story decks
- Wing walls
- Stepped walls
- Side fins



Source: https://www.osti.gov/biblio/763375/



Source: https://www.sbse.org/resources/climate-consultant



Source: https://www.dwelldevelopment.com/

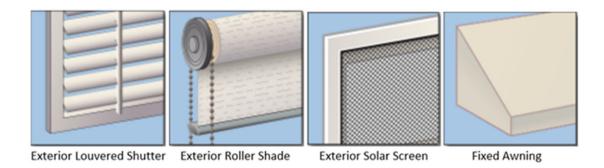


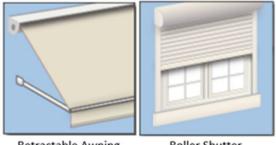
Source: https://burnsvillemn.gov/DocumentCenter/View/20306/Solar-Handout?bidId=



• Exterior attachments

- Louvered shutters
- Roller shades and
- Roller shutters
- Solar screens
- Awnings





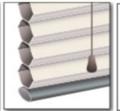
Retractable Awning

Roller Shutter



• Interior attachments

- Cellular shades
- Drapes
- Shutters
- Roller shades
- Solar screens
- Blinds
- Other shades (pleated, Roman, sheer)







Cellular Shade

Drapes & Curtains Interior Louvered Shutter







Interior Roller Shade

Interior Solar Screen

Louvered Blind







Roman Shade



Sheer Shade



Window Quilt

Source: https://efficientwindowcoverings.org/



- Landscape shading
 - Trellises
 - Pergolas
 - Shade trees
 - Shrubs
 - Tall annuals



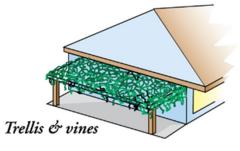
Source: PNNL



Source: PNNL



Source: PNNL



Source: http://www.fsec.ucf.edu/en/about/index.htm/



Shading Strategies for N, S, E, W



South-facing Windows

- Horizontal shading
 - Roof eaves
 - Window overhangs
 - Awnings
 - Porch roofs
 - Pergolas



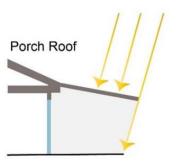


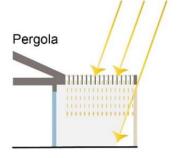


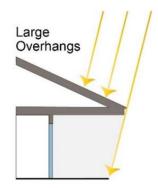
South-facing Windows

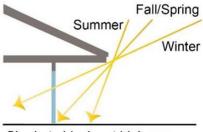


Source: https://burnsvillemn.gov/DocumentCenter/View/20306/Solar-Handout?bidId=









Shade to block out high summer sun, allow in low winter sun

Source: https://www.sbse.org/resources/climate-consultant



- Horizontal shading + Vertical front shading
 - Roof eaves
 - Window overhangs
 - Awnings
 - Porch roofs
 - Pergolas





- Horizontal shading + Vertical front shading
 - Roof eaves
 - Window overhangs
 - Awnings
 - Porch roofs
 - Pergolas

+

- Interior attachments
 - Shades, shutters, blinds, etc.
- Exterior attachments
 - Rolldown shutters, Bahama shutters







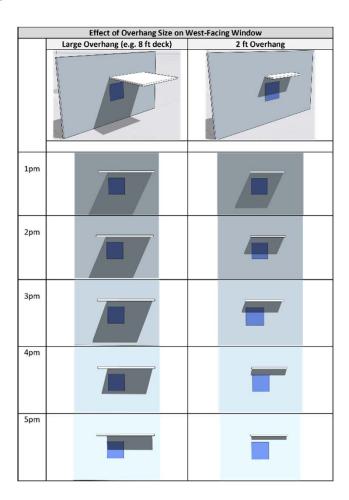
Shutter Styles Shutter styles include colonial, Bahama, roll-up, and accordion. Bahama shutter Colonial shutters Accordion shutter Roll-up shutter

Source: https://www.solardecathlon.gov/

Source: www.fema.gov/sites/default/files/2020-08/fema499_2010_edition.pdf



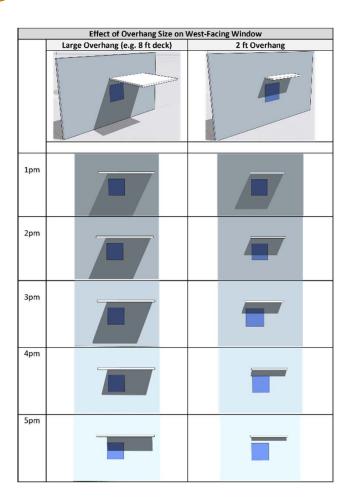
- Large vs 'normal' overhangs on E/W windows
- On E/W, more shade in summer = more shade in winter



Source: PNNL



- Large vs 'normal' overhangs on E/W windows
- On E/W, more shade in summer = more shade in winter
- Vertical front shading still needed!

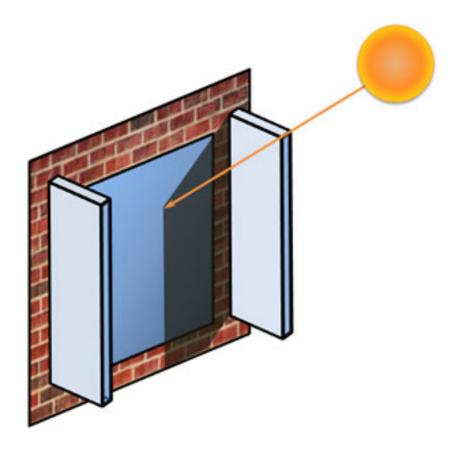


Source: PNNL



North-facing Windows

- Vertical side shading
 - Side fins
 - Wing walls
 - Stepped walls
- Vertical front shading
 - Interior attachments
 - Shades, shutters, blinds, etc.
 - Exterior attachments
 - Rolldown shutters, Bahama shutters



Source: https://www.lbl.gov/



What You Can Do: Action Items

- 1. Design roof eaves, porches, etc. with shading in mind
 - 1. Especially E/W walls
- Plan for interior or exterior attachments
 - 1. Pre-wire for automation
 - 2. Work w/ architect and/or interior designer to merge function with aesthetic
- 3. Learn more and devise a plan...



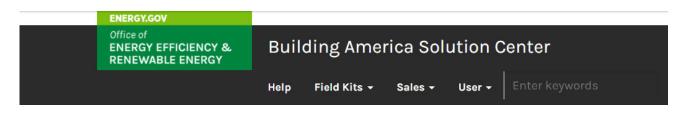


Window Shading Resources

- Building America Solution Center (<u>www.basc.pnnl.gov</u>)
 - Shading and Solar Control for Windows and Skylights (<u>www.basc.pnnl.gov/resource-guides/shading-and-solar-control-windows-and-skylights</u>)
 - Window Attachments for Solar Control and Energy Efficiency (https://basc.pnnl.gov/resource-guides/window-attachments-solar-control-and-energy-efficiency)
- Attachments Energy Rating Council (<u>www.aerc.org</u>)
- Efficient Window Coverings (<u>www.efficientwindowcoverings.org</u>)
- Solar Radiation Data Manual for Buildings (www.nrel.gov/docs/legosti/old/7904.pdf)



Building America Solution Center (basc.pnnl.gov)



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Welcome to our new homepage! The Building America Solution Center provides access to expert information on hundreds of high-performance construction topics, including air sealing and insulation, HVAC components, windows, indoor air quality, and much more. Click on the links below, or the navigation in the upper right of the website to explore the Solution Center.



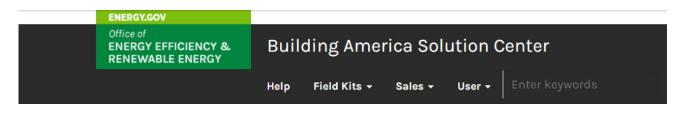








Building America Solution Center (basc.pnnl.gov)



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Disaster Resistance

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Welcome to the new Disaster Resistance tool! This tool can provide builders, remodelers, restoration contractors, and home owners with guidance on building, renovating, and restoring homes to be more resistant to natural disasters including hurricanes, high winds, tornadoes, earthquakes, floods, wildfires, and severe winter weather, and pests. Guidance is also provided for making homes more hospitable for an individual or for the entire family to shelter in place. This tool currently supports Hurricane/High Winds/Tornados, Flooding/Coastal Flooding and Earthquakes. However, content is being updated often, and content supporting all disasters will be added soon.

Click on the disaster types below to navigate to guidance for making every part of your home more disaster resistant.

















Questions?



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