



# Air Source Heat Pumps in Cold Climates

Tom Marsik, PhD, CCHRC-NREL/UAF BBC-ACEP Vanessa Stevens, PMP, CCHRC-NREL



COLD CLIMATE HOUSING RESEARCH CENTER





- **3** Air source heat pump special considerations
- 4 Air source heat pump performance in Alaska
- 5 System approach (heat pump + efficient envelope)
- 6 Main conclusions

#### 7 Additional resources

# How does a heat pump work?

Heat sources: outside air body of water ground



Image courtesy of RETSCREEN. NREL | 3

## Advantages of Heat Pumps

Low

maintenance

No

combustion



DAIKIN

REAL.

Potential for

lower energy

costs

DAIKIN

84104

Partially

renewable

## Coefficient of Performance (COP)

# $COP = \frac{heat \ delivered \ by \ the \ heat \ pump}{electrical \ energy \ supplied \ to \ the \ heat \ pump}$

#### Installed Cost of Heat Pumps by Rated Output



## Comparison by Installed Cost

Source: University of Alaska Fairbanks Alaska Center for Energy & Power, Alaska Energy Technology Reports





## Comparison by Efficiency

Source: University of Alaska Fairbanks Alaska Center for Energy & Power, Alaska Energy Technology Reports

#### Air-Source Heat Pumps: Fundamental Challenge



## ASHPs – Special Considerations

- Need for a backup heat source in cold climates
- What is the source of electricity and its efficiency?
- Air-to-air versus air-to-water
- For air-to-air: ducted versus ductless
- External thermostat vs. built-in thermostat for ductless
- Outside air cutoff temperature



## Emerging Energy Technology Fund Grant

Air Source Heat Pump Potential in Alaska: CCHRC, UAF Bristol Bay Campus, Wrangell Municipal Light & Power

#### **Main Objectives**

- Study the field performance of ASHPs in Alaskan conditions
- Study the behavior of ASHPs around cut-off temperatures
- Study the potential of using ASHPs as an electrical demand management tool by replacing resistive heating systems (primarily in Southeast Alaska)



Wrangell City Hall in Southeast Alaska is heated by a heat pump.





#### **ASHP Detailed Monitoring Results**



#### <u>ASHP detailed monitoring – general conclusions</u>

- Manufacturer's specifications do not always correctly reflect field performance
- Most documentation focuses on steady-state performance, but integrated performance data is needed for more accurate representation of cold-climate operation (includes cycling due to defrost)
- Large variations in efficiency among individual models

#### ASHP Short-Cycling in Low-Load Conditions







#### Rare Occurrence When COP Drops Below 1





## ASHP General Monitoring - Results

30 building owners interviewed about ASHP use

- Commercial/Residential systems
- Ductless/Ducted/Air-to-water ASHP systems
- Retrofit/New Installations

#### Findings

- 29/30 systems provided adequate or expected heat
- 2 repairs needed, fixed at zero cost to the building owner
- 11 people performed maintenance on the system
- 12 people used their back-up heating system (29 had back-up heat available)



909



## ASHP General Monitoring - Results

Selected Sites – direct and/or indirect monitoring of ASHP electricity

#### Main findings

- Limited data does not confirm that ASHPs will always reduce electrical energy use, even when replacing electric resistance heat.
- ASHPs have only a small effect on peak power demand.
- Demand-side management programs should include measures other than ASHPs.

#### **Current Research**

#### Evaluating ASHP performance at different levels of thermal loading



## System Approach: Heat Pump + Efficient Envelope







#### ASHPs – Main Conclusions

- ASHPs can significantly reduce energy use and energy costs when used in appropriate situations and done right.
- More research needed to gain better understanding of ASHP performance in cold climates to guide future deployment.
- System approach yields biggest savings.

## Credits

#### Individuals:

Colin Craven **Robbin Garber-Slaght Bruno Grunau Clay Hammer** Jim Rehfeldt Chris Pike Erin Whitney Alan Mitchell Dirk Baker Others

#### **Organizations:**

Golden Valley Electric Association Alaska Energy Authority National Science Foundation U. S. Dept. of Agriculture Alaska Housing Finance Corporation U.S. Dept. of Defense U.S. Dept. of Energy Others



Thank you!



# Questions ?

Tom Marsik tom.marsik@nrel.gov

Vanessa Stevens vanessa.stevens@nrel.gov www.nrel.gov

www.cchrc.org acep.uaf.edu uaf.edu/bbc

COLD CLIMATE HOUSING RESEARCH CENTER





## **Additional Resources**

#### Alaska Mini-Split Heat Pump Calculator by Analysis North https://heatpump.cf

#### Air Source Heat Pump Installer and Consumer Resources By Northeast Energy Efficiency Partnerships

https://neep.org/high-performance-air-source-heat-pumps/airsource-heat-pump-installer-and-consumer-resources