



ADR LUNCHTIME SERIES

Guest Speaker: Sara Huang

*Founder, Facilitator, and Space
Creator at Bureau Tw!st*

Belonging in a Virtual Space

If belonging would be a taste, a smell, or a texture for you, what would it be and why? We are (almost) all struggling with belonging at the moment. How do you obtain or keep a sense of self-determination now that working remotely is the norm? Colleagues get a peek into your personal space during video conferences, you are continuously 'on', and the distinction between private time and time spent working blurs. Which boundaries can you set in digital collaboration to experience more space and autonomy? To come closer together in mind and hearts despite the distance between us?

In this experiential and experimental session, Sara invites you to explore a framework which combines concepts from the East and the West. We will use pen and paper to activate hand-eye coordination and sink into the space of self-reflection.

February 3, 2022

12:00 - 1:30 pm ET

To listen only:

Call 1-415-527-5035

Access code: 2761 972 8098

Press # to disregard Attendee ID prompt

Email questions for the speaker to -

ADROffice@hq.doe.gov

To attend via WebEx:

<http://doe.webex.com>

Meeting Number: 2761 972 8098

Password, if prompted: ADRO

"I will call in" option for audio provides the best reception.

[Click here for a direct link](#)

Before you log in, Sara invites you to do the following:

- 1) Create a comfortable space that will have limited interruptions
- 2) Settle in to the space, including bringing an item like a book or flower that can help you to touch joy and wonder
- 3) Bring some paper and a pen - and snacks!

Presented by [the Department of Energy's ADR Office](#) on behalf of the Interagency ADR Working Group Workplace Conflict Management Section

If you plan to attend and need any special accommodations, please contact adam.curfman@hq.doe.gov no later than January 20, 2022. Subject to the speaker's agreement, a recording of the program will be available at www.energy.gov/adr within a few weeks.

For a copy of the slides, please email ADROffice@hq.doe.gov after the presentation.