



# ADR LUNCHTIME SERIES

Presented by the Interagency ADR Working Group, Workplace Conflict Management Section in coordination with the Department of Energy's ADR Office

## Guest Speaker: Dr. Mary Atwater

Psychologist and Mediator

### *Ctrl-Alt-Shift & Reboot to Move Forward*

The world feels different right now, and "normal" no longer means what it used to. It can be difficult to visualize what the future may hold because we're uncertain about what's just around the corner. In this era of remote work and decreased interpersonal interactions, it can be easy to get stuck in what "was" or how it "should" be. While it may seem daunting or difficult to try something different, with new tools and some encouragement, you can adapt your perspective and begin to move forward.

October 15, 2020

12:00 - 1:30 pm ET

#### To listen only:

call 1-415-527-5035

access code: 199 503 3870

Press # to disregard Attendee ID prompt

Email questions for the speaker to

[ADROffice@hq.doe.gov](mailto:ADROffice@hq.doe.gov)

#### To attend via WebEx:

Go to <http://doe.webex.com>

Meeting Number: 199 503 3870

[Click here for a direct link](#)

"I will call in" option for audio has best reception. Use WebEx chat to submit questions for the speaker.

**Please note:** This presentation is being held virtually.

***There is no in-person attendance.***

***In Celebration of  
Conflict Resolution  
Day 2020!***

If you plan to attend and need any special accommodations, please contact [adam.curfman@hq.doe.gov](mailto:adam.curfman@hq.doe.gov) no later than September 16, 2020.

Subject to the speaker's agreement, a recording of the program will be available at [www.energy.gov/adr](http://www.energy.gov/adr) within a few weeks.

For a copy of the slides, please email [ADROffice@hq.doe.gov](mailto:ADROffice@hq.doe.gov) after the presentation.