



## ADR Lunchtime Series



### Guest Speakers:

**Scott Miller & John Patrick**

*Miller Communication Consulting*

## Be the Ideal Model:

### Physical Communication Tools that Reduce Tension & Enhance Empathy for All Participants

The latest neuroscience shows that how we breathe and speak directly impacts the cortisol levels in ourselves and in those with whom we communicate. When mediating potentially charged discussions, do you have reliable physiological tools to stay relaxed in the fray? Tools more specific than just reminding yourself to “stay calm & breathe”?

This seminar explains the mVm Miller Voice Method®, a game-changing system for communication under stress. The presentation will describe key mVm exercises and illustrate how they apply in professional scenarios.

Participants will walk away with...

- 1) The physical keys to building trust
- 2) The physical keys to evoking empathy between parties
- 3) The physical keys to holding a party's attention

## Interagency ADR Working Group

The Interagency Alternative Dispute Resolution (ADR) Working Group was established by Presidential Memorandum dated May 1, 1998, to assist Federal agencies in developing and implementing ADR programs. The Working Group's members are ADR professionals in agencies across the Federal Government. The President appointed the Attorney General as the leader of the Interagency Working Group. The Interagency ADR Working Group is the central forum and resource for information about the Federal Government's use of ADR. The Working Group advances the use of ADR through coordination of multi-agency initiatives, promotion of best practices and programs, and dissemination of policy and guidance.

**The Alternative Dispute Resolution Office**  
**Office of Hearings and Appeals**  
**U.S. Department of Energy**

**June 30, 2020**

**12:00 - 1:30 pm ET**

#### Please note:

This presentation of the ADR Lunchtime Series is being held virtually. **There is no in-person attendance.**

#### To Listen via Phone:

**Call 1-415-527-5035**

**Access code: 906 474 632**

**Press # to disregard Attendee ID prompt**

**Email questions to**

**ADROffice@hq.doe.gov**

#### To Attend via WebEx:

**<http://doe.webex.com>**

**Meeting Number: 906 474 632**

**[Click Here for Direct Link](#)**

*"I will call in" for audio has the best reception.*

**Use WebEx chat to submit questions for the speaker.**

The Alternative Dispute Resolution (ADR) Office is the Department of Energy's representative on the Working Group and its Workplace Conflict Management Section. These ADR Lunchtime Series are hosted by DOE and coordinated by ADR Office staff.

For more information, DOE staff and contractors should contact the ADR Office at ADROffice@hq.doe.gov or 202-586-4002. For technical assistance during the presentation, please text 240-361-7607.

If contractor employee attendance is during billable work, prior to attending, contractor employees should consult with their employer, who will coordinate with the contracting officer.