

# DOE Zero Energy Ready Home

U.S. DEPARTMENT OF  
**ENERGY** | Energy Efficiency &  
Renewable Energy



*Efficient Hot Water Distribution in  
Zero Energy Ready  
Multifamily Buildings*

April 25, 2017



# DOE ZERH Framework

## - Per Rev.06 ZERH Specs

**Exhibit 1: DOE Zero Energy Ready Home Mandatory Requirements for All Labeled Homes**

Area of Improvement	Mandatory Requirements
<b>1. ENERGY STAR for Homes Baseline</b>	<input type="checkbox"/> Certified under ENERGY STAR Qualified Homes Program Version 3 or 3.1 <sup>10, 11</sup>
<b>2. Envelope<sup>12</sup></b>	<input type="checkbox"/> Fenestration shall meet or exceed ENERGY STAR requirements. See End Note for specific U, SHGC values, and exceptions. <sup>13</sup> <input type="checkbox"/> Ceiling, wall, floor, and slab insulation shall meet or exceed 2012 or 2015 IECC levels <sup>14, 15</sup>
<b>3. Duct System</b>	<input type="checkbox"/> Duct distribution systems located within the home's thermal and air barrier boundary or an optimized location to achieve comparable performance <sup>16</sup>
<b>4. Water Efficiency</b>	<input type="checkbox"/> Hot water delivery systems (distributed and central) shall meet efficient design requirements <sup>17</sup>
<b>5. Lighting &amp; Appliances<sup>18</sup></b>	<input type="checkbox"/> All installed refrigerators, dishwashers, and clothes washers are ENERGY STAR qualified. <input type="checkbox"/> 80% of lighting fixtures are ENERGY STAR qualified or ENERGY STAR lamps (bulbs) in minimum 80% of sockets <input type="checkbox"/> All installed bathroom ventilation and ceiling fans are ENERGY STAR qualified
<b>6. Indoor Air Quality</b>	<input type="checkbox"/> Certified under EPA Indoor airPLUS <sup>11</sup>
<b>7. Renewable Ready</b>	<input type="checkbox"/> Provisions of the DOE Zero Energy Ready Home PV-Ready Checklist are Completed <sup>19</sup>

# DOE ZERH Building Eligibility

## - Per Rev06 ZERH Specs

The following homes are eligible for DOE Zero Energy Ready Home qualification:

- Detached dwelling units<sub>3</sub> (e.g. single family homes)
- Dwelling units in any multifamily building with 4 units or fewer
- **Dwelling units in multifamily buildings with 3 stories or fewer above-grade**
- **Dwelling units in multifamily buildings with 4 or 5 stories above-grade where dwelling units occupy 80% or more of the occupiable square footage of the building.**

Dwellings in eligible multifamily buildings as listed above may be served by central heating, cooling, or hot water systems.



17. Central hot water delivery systems in multifamily buildings must include on-demand recirculation which operates based on:

- a demand indicator, ***and***
- the loop water temperature

Verifiers must confirm:

- pump is installed with flow in the correct direction
- temperature sensors are installed



## **Advisories:**

- Stored volume between the recirculation loop and the furthest fixture  $\leq 1.0$  gallon encouraged.
- R-4 pipe insulation encouraged
- Recirculation pump set to operate at a temperature which is at least 5<sup>0</sup> F less than the water heater set point temperature encouraged

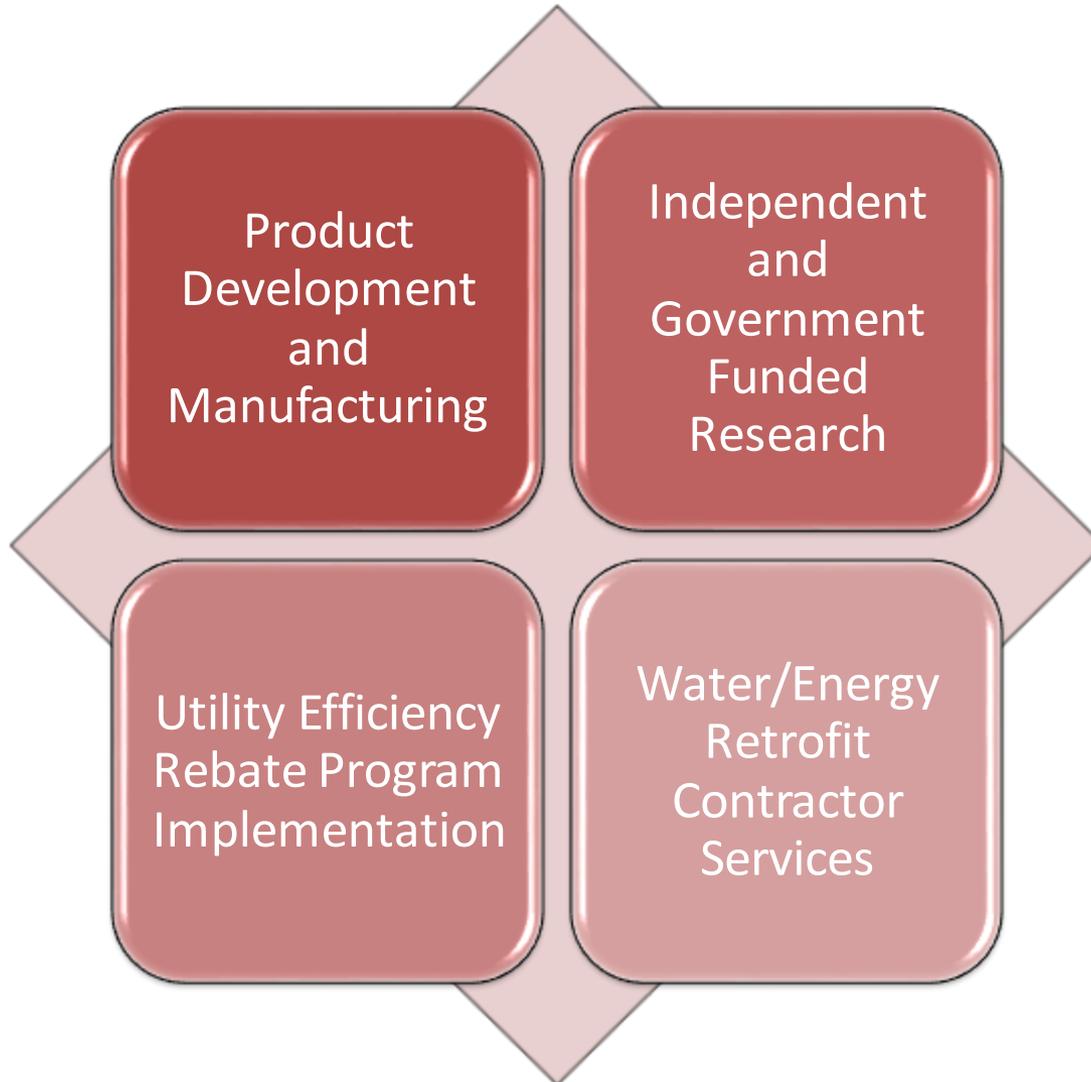
1. Hot water energy use in multifamily buildings
2. CDHW Distribution Design Elements
  - Pipe Insulation
  - On-Demand Recirculation
  - System Balancing
  - Crossover Prevention
  - Optimized Loop Design



# Quick Poll!



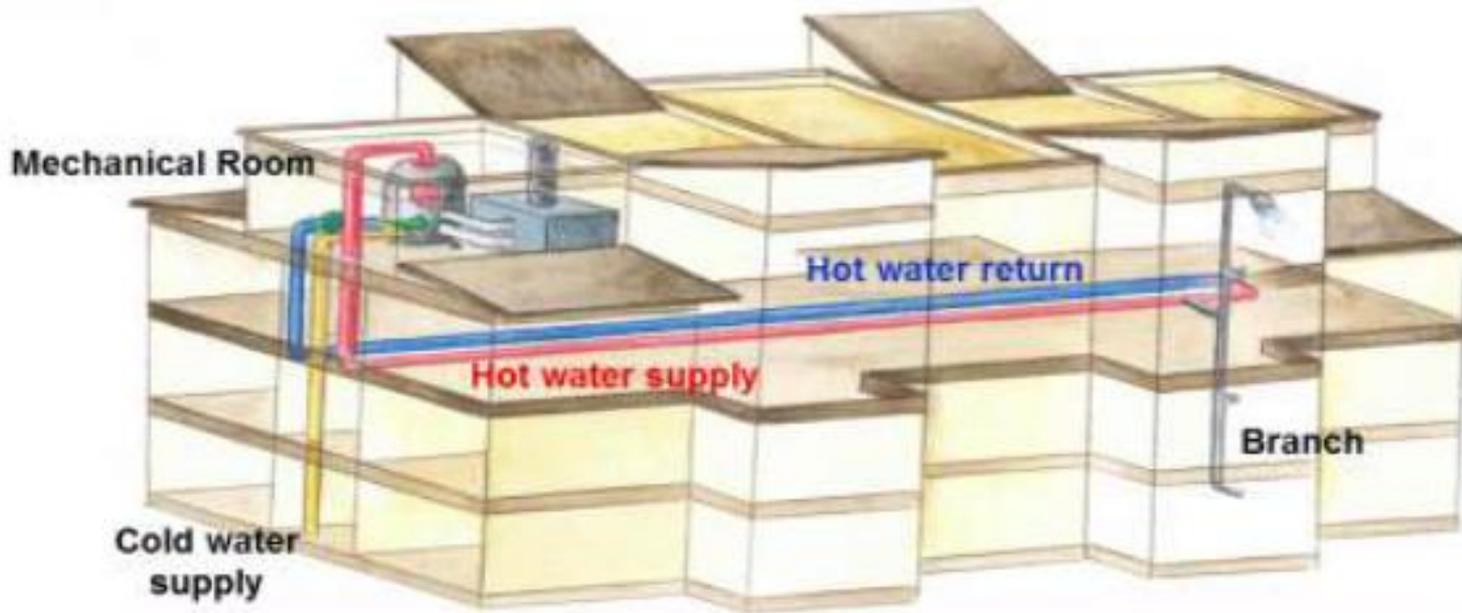
Efficient Hot Water Distribution in ZERH  
Multifamily Buildings (1-5 Stories)



# Central Domestic Hot Water (CDHW)



# CDHW Energy Flow



# CDHW Distribution Design Elements

## Pipe Insulation

- What pipes need it?
- What R Level is best?

## Recirculation Controls

- What are Demand Controls?
- How much energy is saved?

## System Balancing

- What are the best balancing options?
- How does DHW balancing differ from hydronic balancing?

## Crossover Prevention

- What is crossover and how does it affect energy performance?
- What are methods for prevention?

## Optimized Loop Design

- How should pipes be run?
- What should be considered?

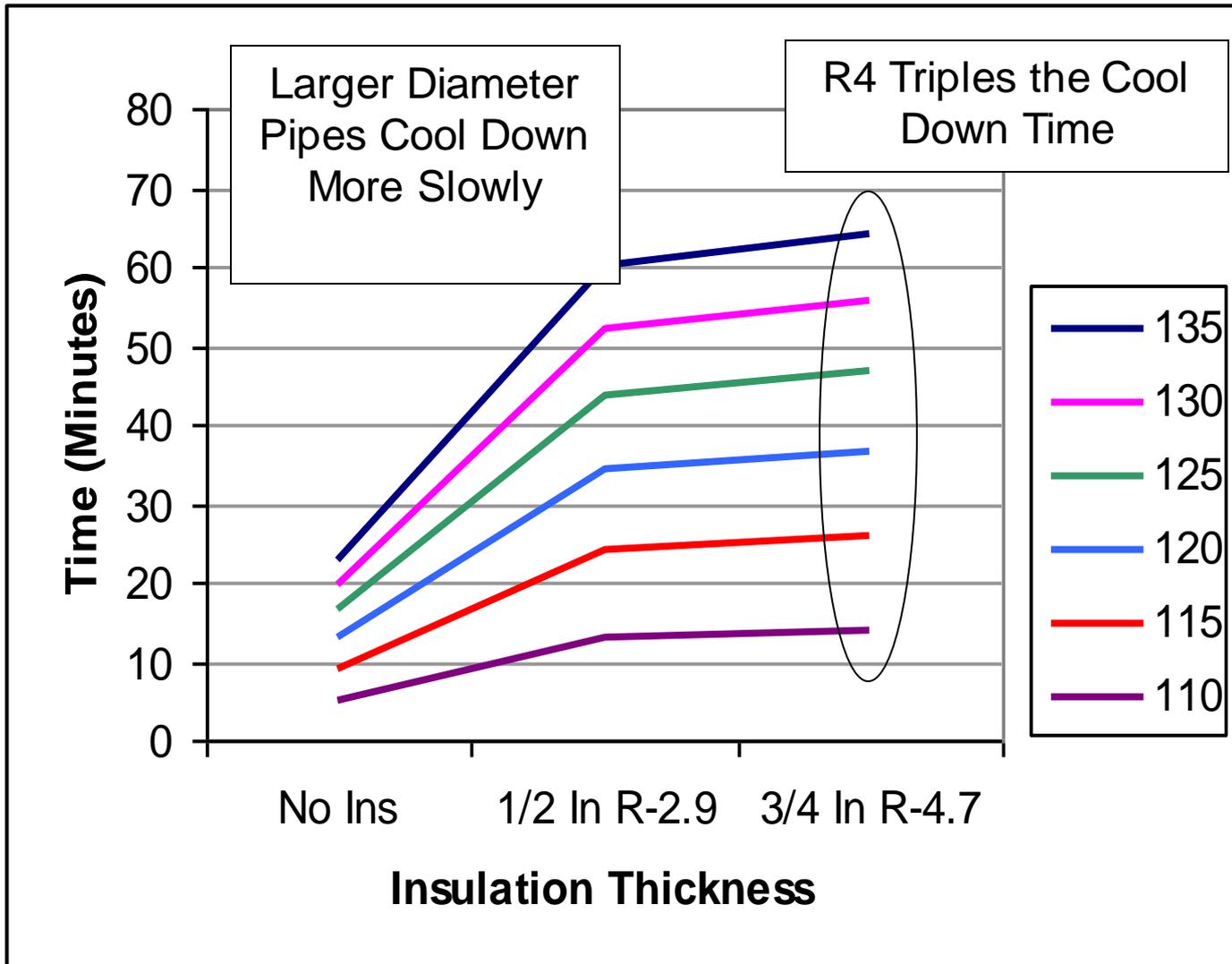
# Pipe Insulation



# Pipe Insulation

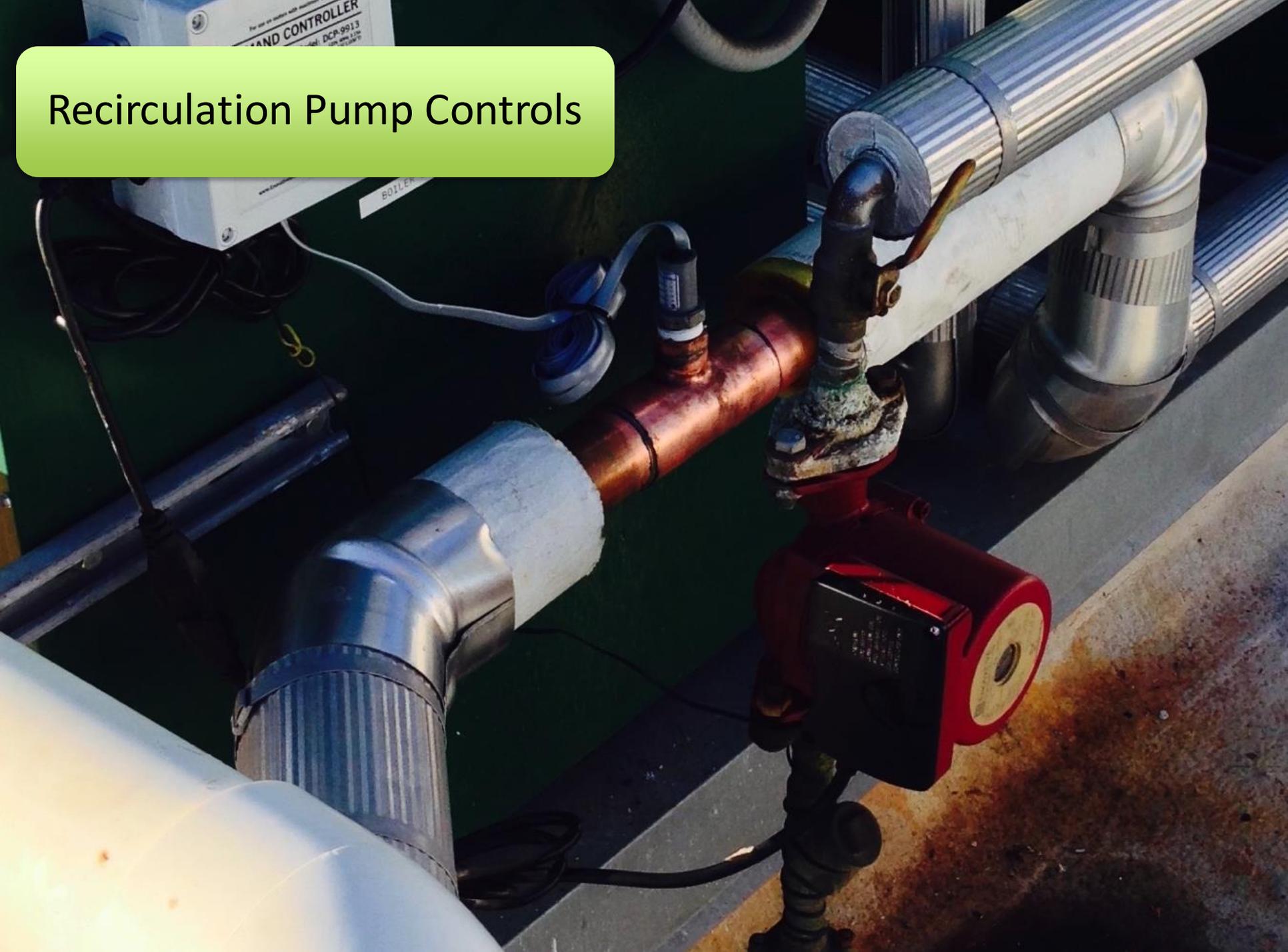
- Minimum R4 insulation on all portions of the recirculation loop
- All additional branch lines or risers  $\frac{3}{4}$ " diameter or higher (ideally all piping)
- R4 insulation triples cool down time on  $\frac{3}{4}$ " pipe





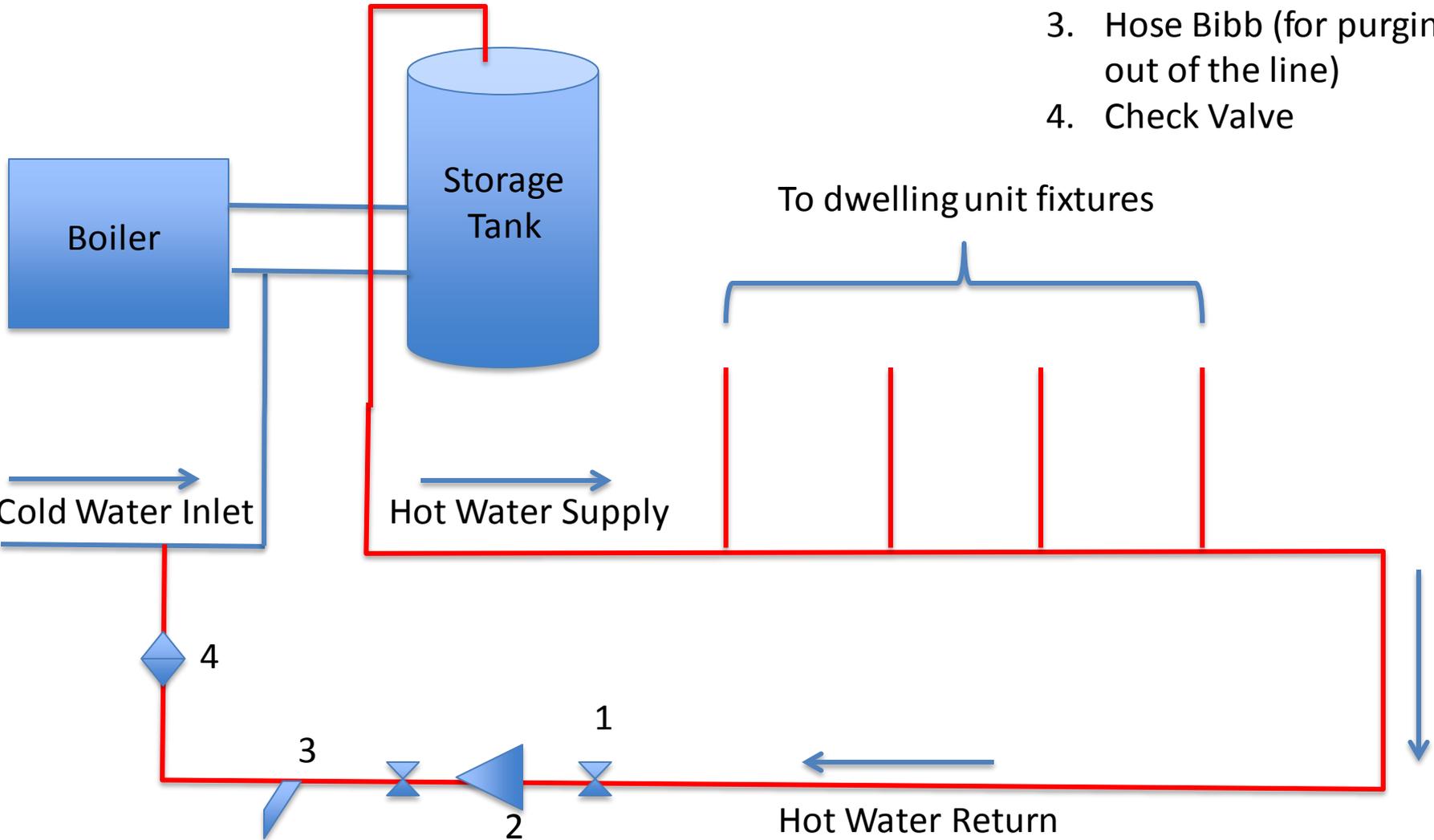
Graph source: Gary Klein, 2017

# Recirculation Pump Controls



# Proper Recirculation Loop Configuration

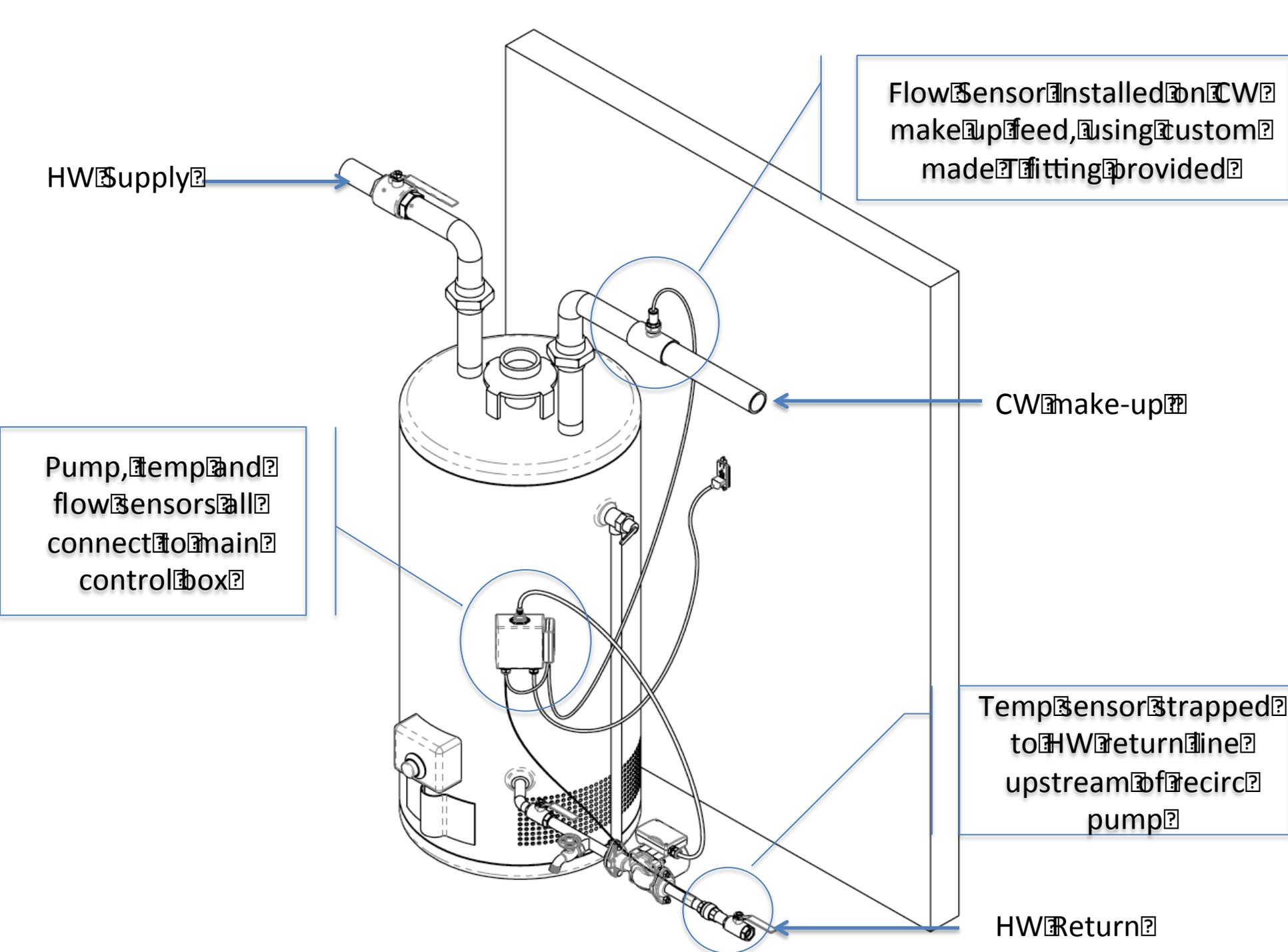
1. Ball Valves (for isolating the pump)
2. Recirculation Pump (Demand Control)
3. Hose Bibb (for purging air out of the line)
4. Check Valve



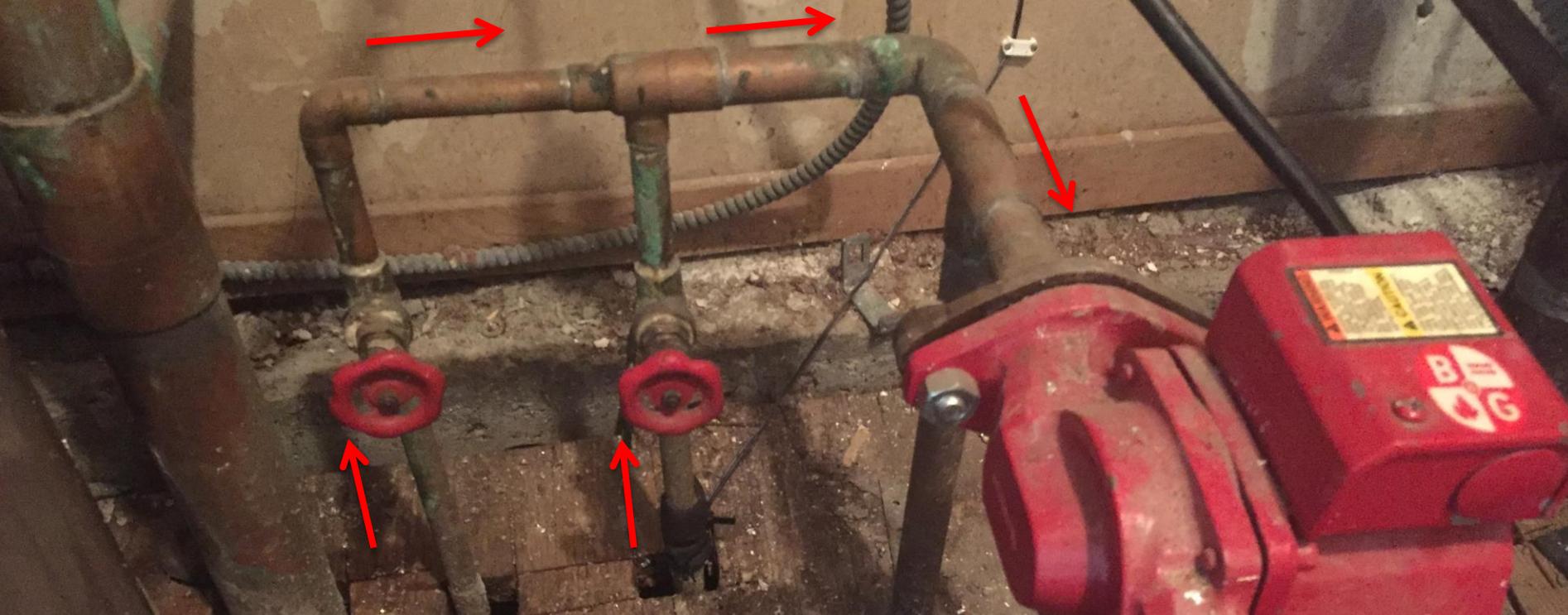
# Demand Controlled Recirculation for Central DHW



- Automatically turns pump on and off based on building demand and water temperature
- Reduces distribution losses and increases water heating efficiency
- Aids in the reduction of pipe erosion and pinhole leaks



# Temperature Sensor Placement on a Split Loop



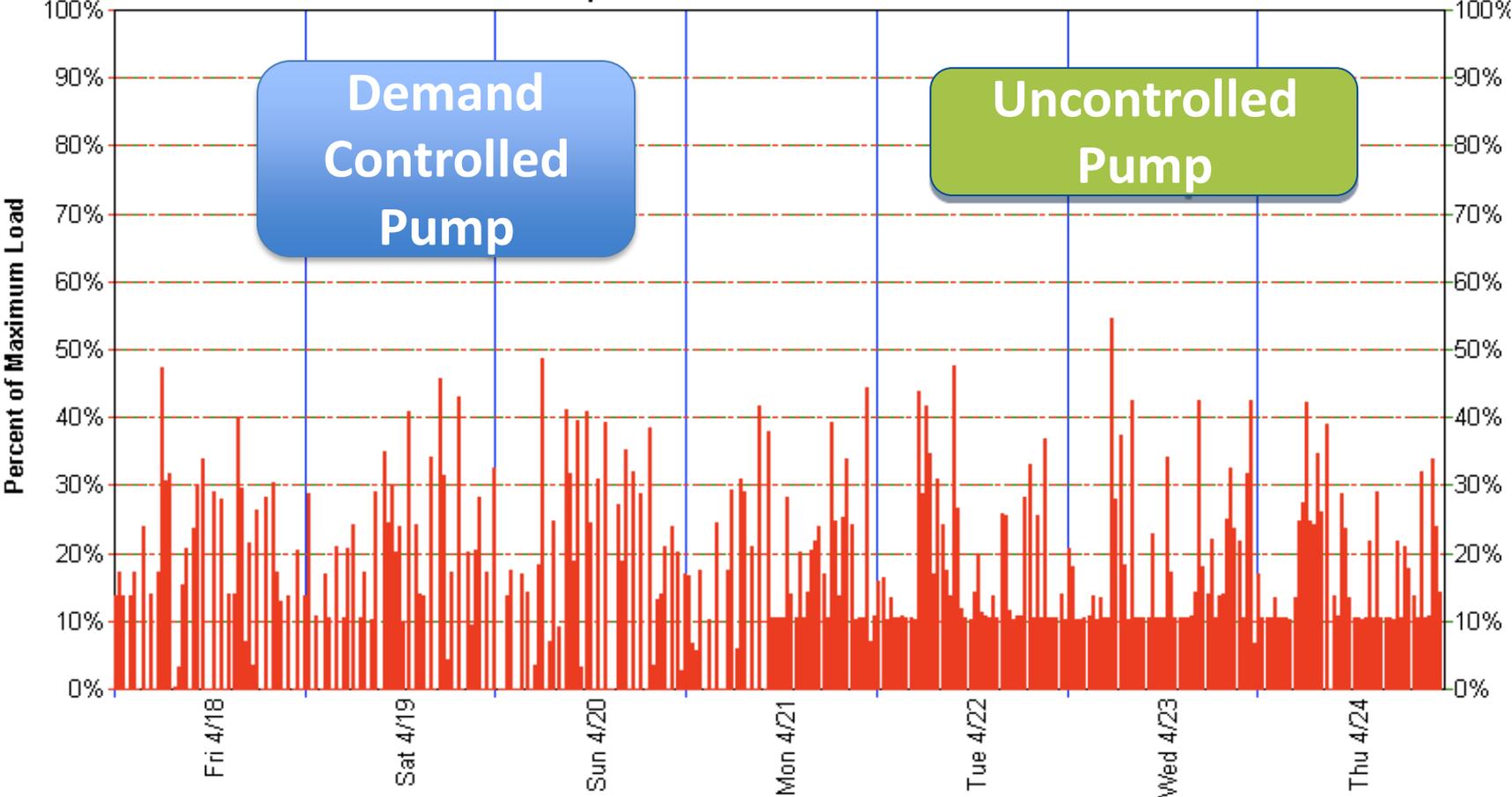
Return Line A

Return Line B

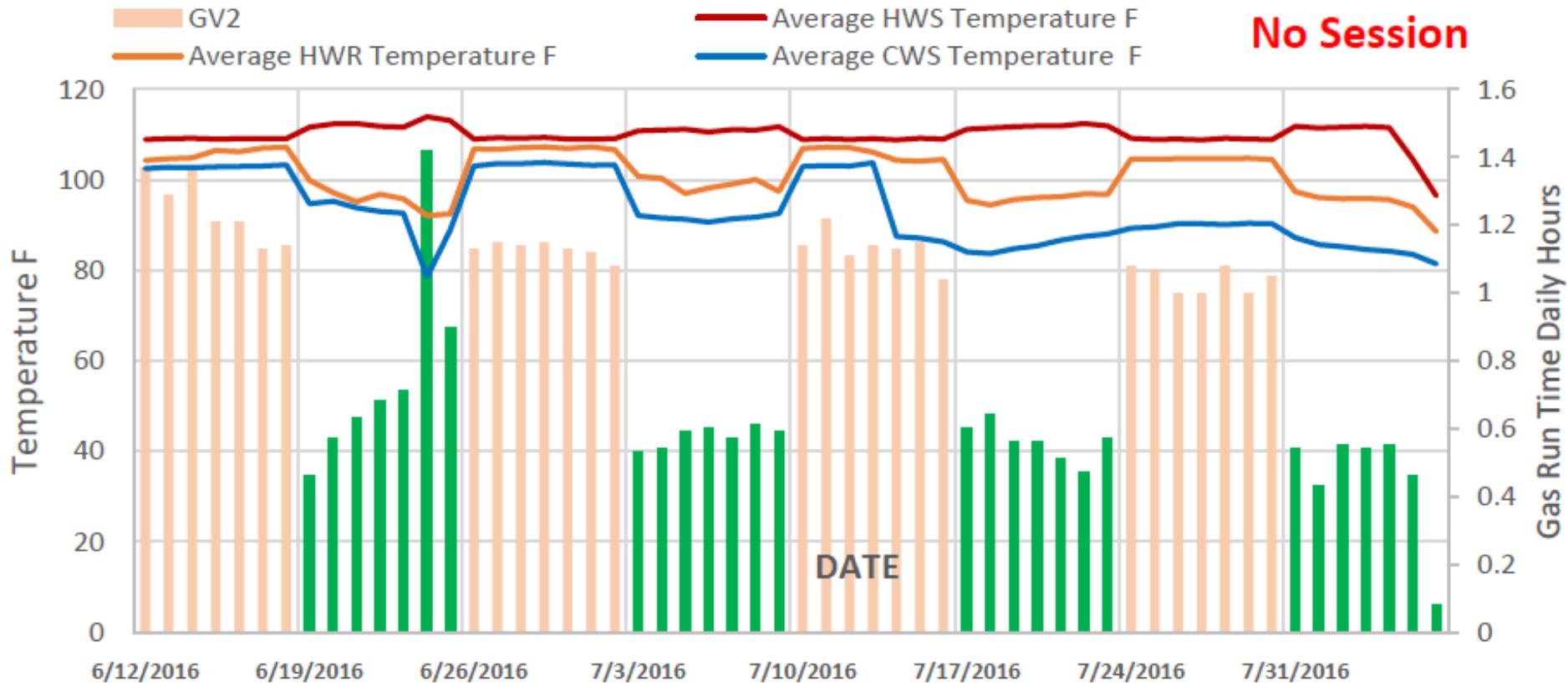
On systems with multiple return lines on a single pump, always put the temp sensor on the line that takes longest to get hot

# Reduced Water Heater Cycling

Time Series Graph - DENT SMART LOGGER: 4/18/2008 - 4/24/2008



# UC-Riverside Falkirk Bldg. 3- No Session (Unoccupied)



# New Standards for CDHW Recirculation Controls



CA Title 24, Building Energy Codes  
(Prescriptive Requirement)



2015 International Energy  
Conservation Code (IECC),  
(Mandatory Requirement)

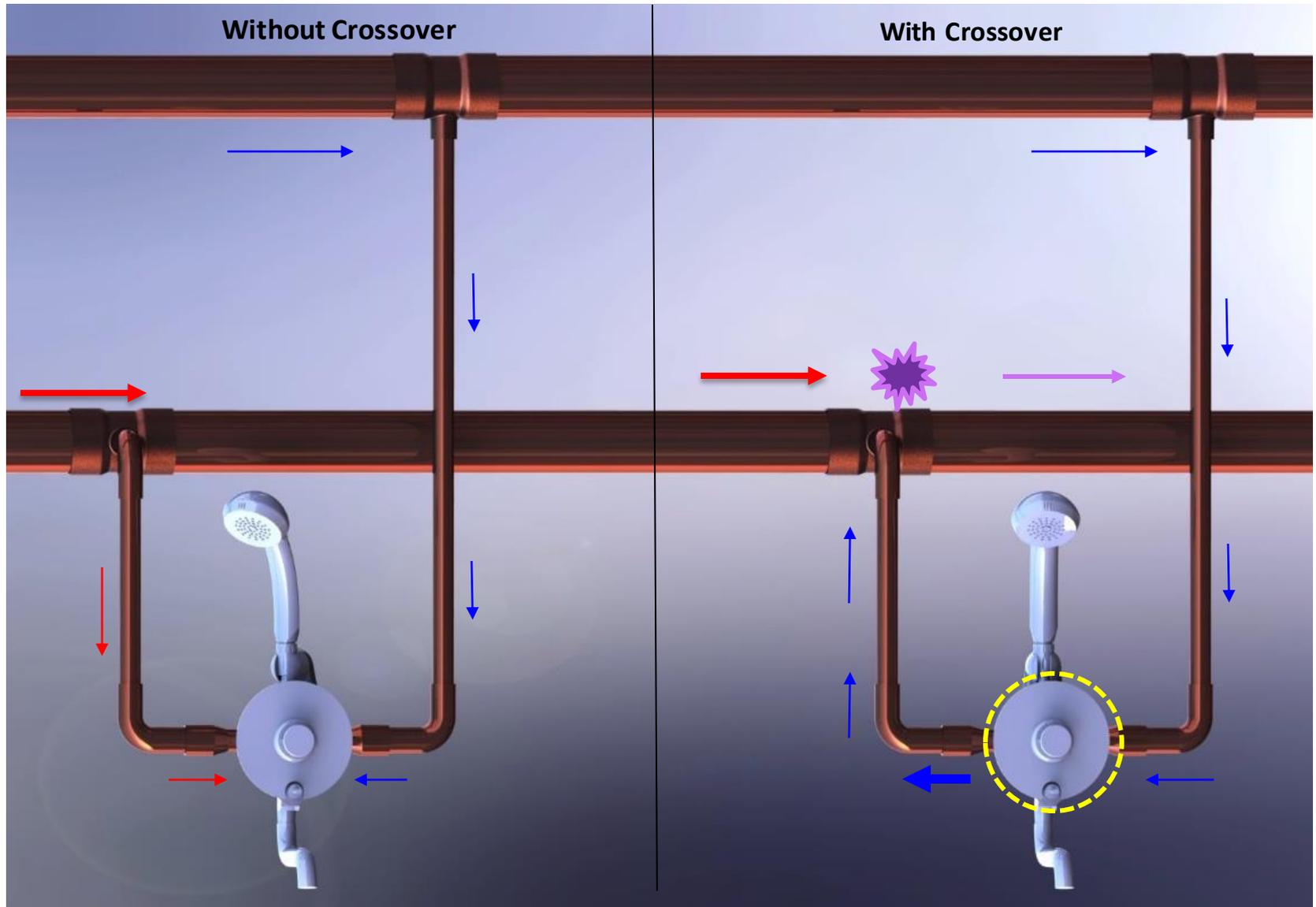


US Department of Energy – ZERH  
(Mandatory Requirement)

# Crossover Prevention



# What is Crossover?

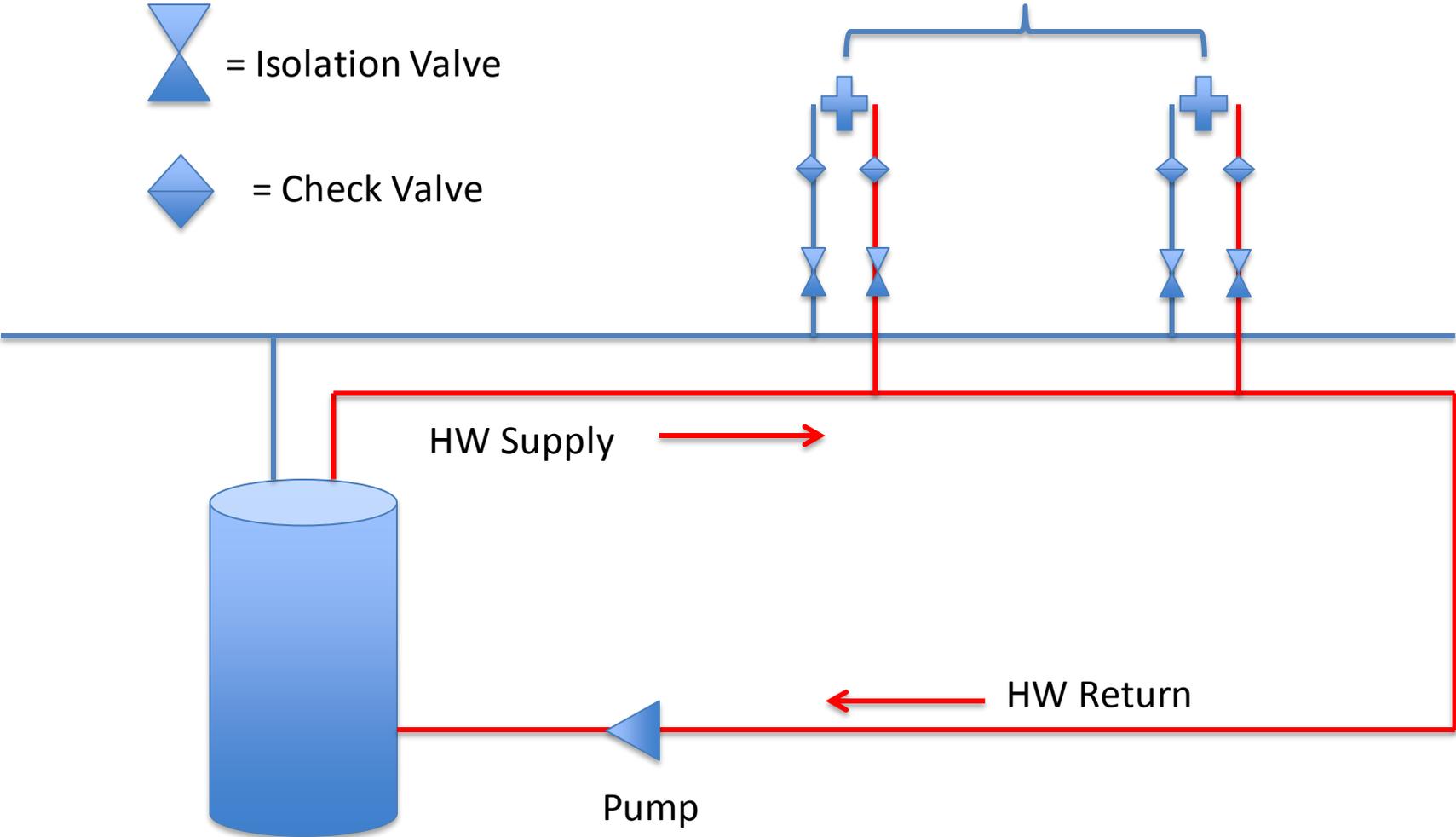
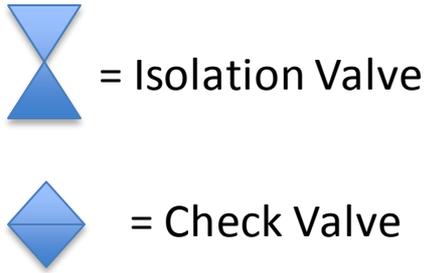


# Crossover Prevention Methods

- Use only ASSE 1016 approved valves with integral check valves
- Add check valves to all incoming hot/cold pipes per unit
- Ensure check valves on cold water main, hot water return pipe
- Make access to shower valves easy, for cartridge or valve replacement



# Dwelling Units



# Optimized Loop Design



# Optimized Recirculation Loop Design

- Minimize distances from heating source to recirculation loop and from the loop to the fixtures
- Use dual loops, instead of one loop, serving same number of units
- Keep Mechanical Room in central part of the building, recirculation loop on middle floor
- Avoid 90° pipe turns, use sweeping or wide-radius elbows to minimize friction losses

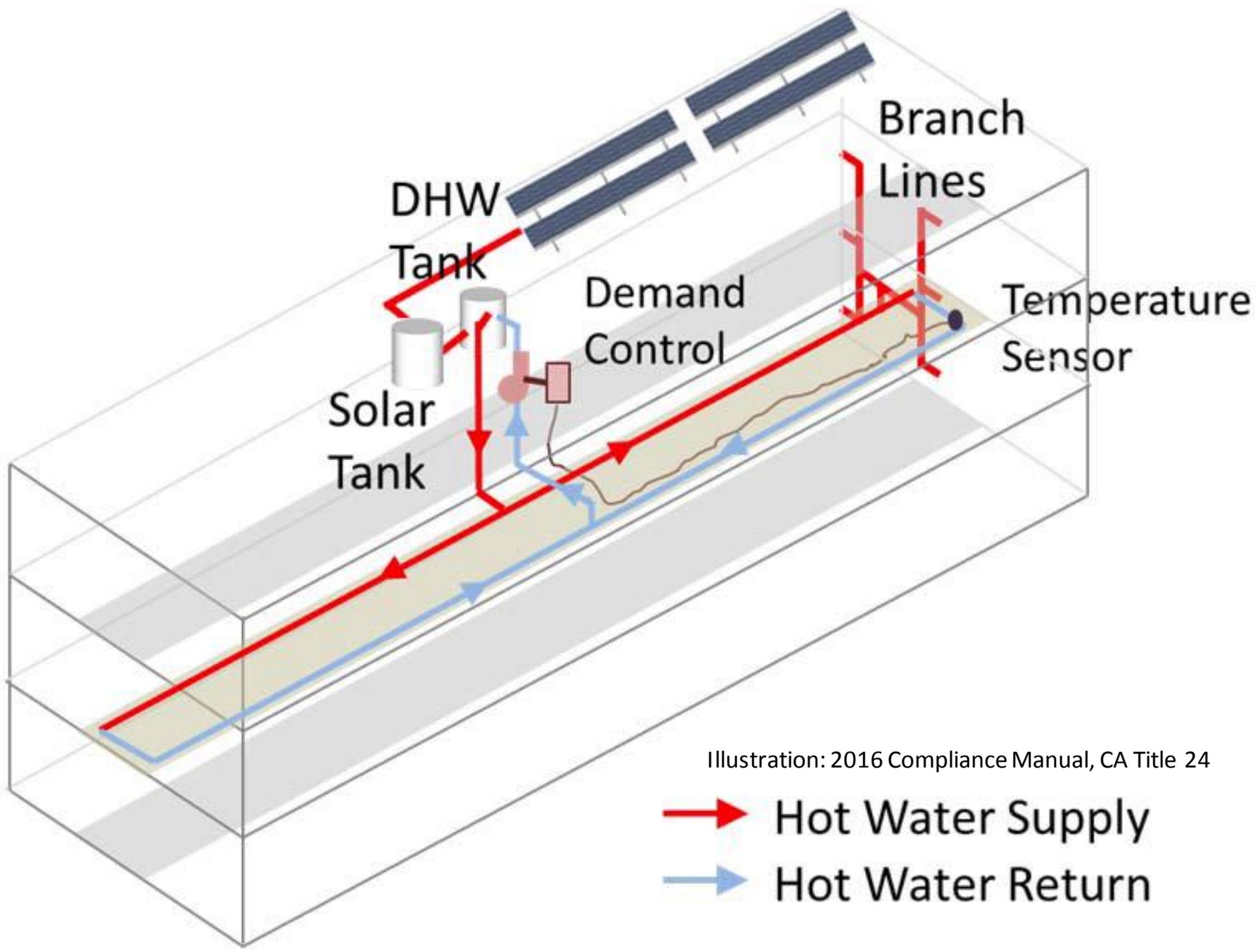


Illustration: 2016 Compliance Manual, CA Title 24

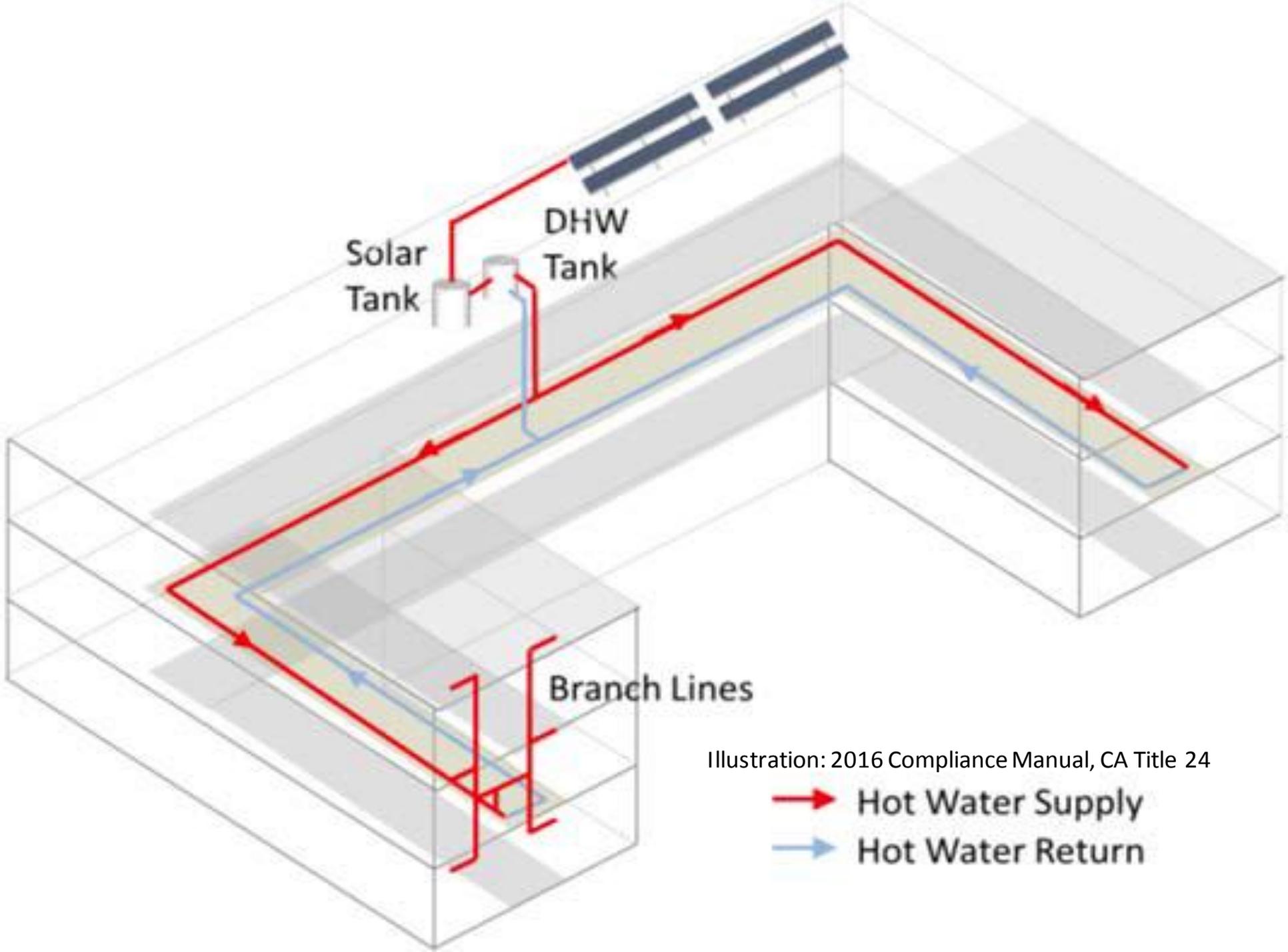


Illustration: 2016 Compliance Manual, CA Title 24

# System Balancing



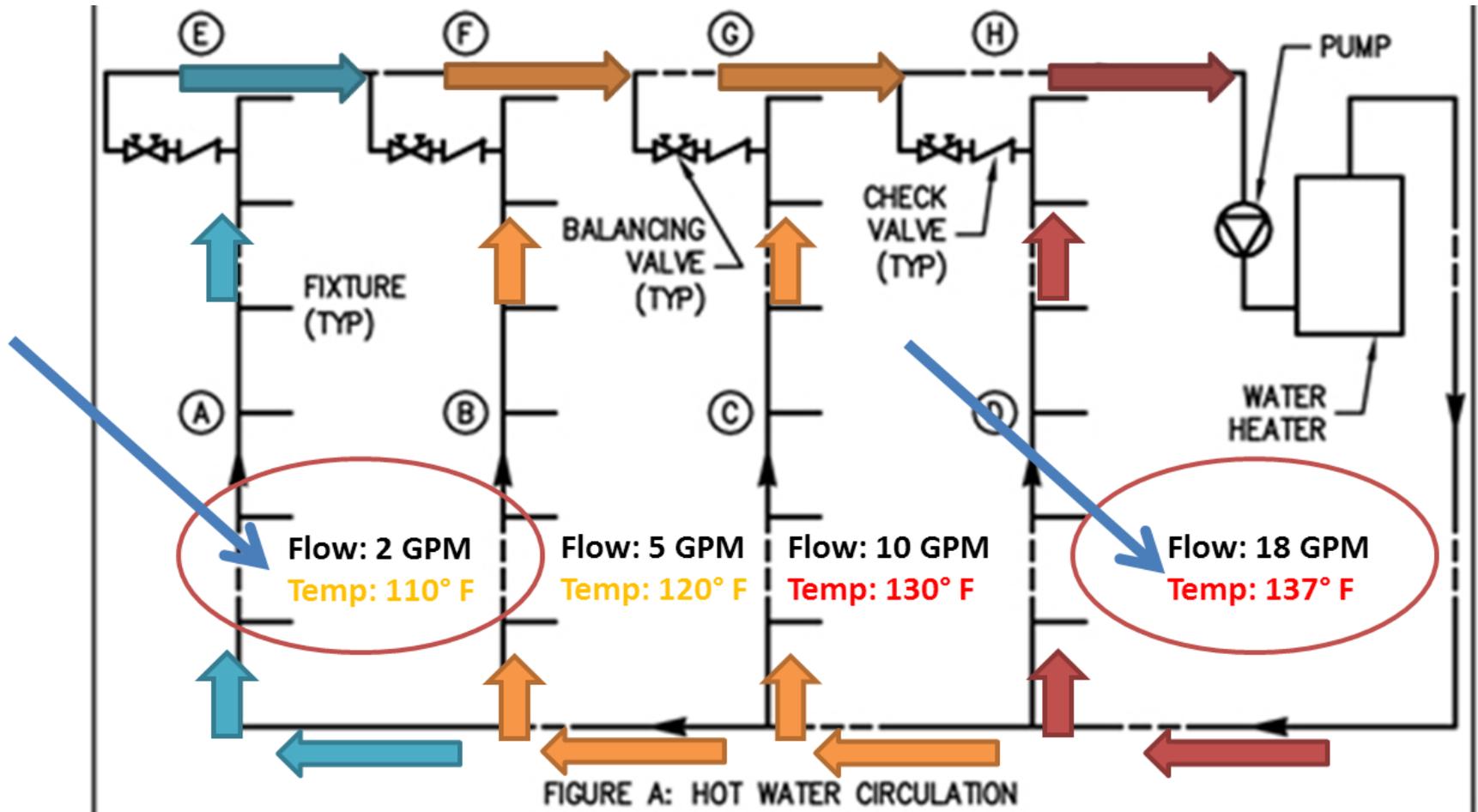
© CALTRON  
1211524 200  
3/4" BSP  
1/2" BSP

P.S. 916-835/100  
7/8"

P.S. 916-835/100  
7/8" x 1"

L.P.S. 100  
7/8"

# What is unbalanced Circulation?





*“We shape our buildings;  
thereafter, they shape us”*

-Winston Churchill



Thank You!

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## Resources:

[www.buildings.energy.gov/zero/](http://www.buildings.energy.gov/zero/)

- Become a Partner
- Specs
- Tech Training Webinars
- Marketing Toolkit

## Contact:

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301-889-0017