



# Building America

## High Performance HVAC: Low-Load and Plug-n-Play HVAC Systems

March 23, 2017

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**Moderator:**

**Linh Truong – National Renewable Energy Laboratory**

**Panelists:**

**Andrew Poerschke – IBACOS**

**Robert Beach – IBACOS**

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<http://energy.gov/eere/buildings/building-america-meetings#current>

# Agenda

- ✓ Welcome and Introductory Remarks
- ✓ Overview of Building America ([buildingamerica.gov](http://buildingamerica.gov))
  - Linh Truong - National Renewable Energy Laboratory
- ✓ Presentations
  - Andrew Poerschke - IBACOS
  - Robert Beach - IBACOS
- ✓ Questions and Answers
- ✓ Closing Remarks



# Building America

## Building America Website:

- Program information
- Top Innovations
- Climate-specific case studies
- *Building America Update* newsletter
- Building America Solution Center
- Publications Library



**[www.buildingamerica.gov](http://www.buildingamerica.gov)**

# Andrew Poerschke, Specialist – Innovation Programs, IBACOS



Andrew conducts research in building performance and has advanced energy modeling and computational analysis experience. Andrew has conducted research on innovative space conditioning technologies for the last five years. Andrew uses the tools of engineering to guide the performance and design of new products for the homebuilding and HVAC industry.

# Rob Beach, Specialist – Innovation Programs, IBACOS



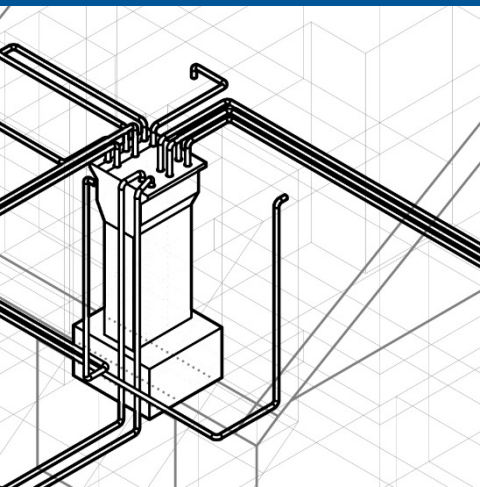
Rob is an expert in 3D modeling and systems analysis. He has over 16 years of modeling, prototyping and design experience. With a background in design and fabrication focused on computational methods and computer-numerically-controlled machining, Rob brings a diverse experience and skillset to the table, enabling innovative thinking and creative solutions. Rob has contributed to numerous space-conditioning, enclosure design and market analysis projects with a specific focus on modeling, graphics and data analytics.



# Plug and Play Duct System

**Robert Beach**  
*Specialist, Innovation Programs*

**Andrew Poerschke**  
*Specialist, Innovation Programs*



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The background of the slide is a grayscale, low-angle photograph of a building's steel framework. The image shows a complex network of steel beams and columns, creating a sense of height and structural complexity. The perspective is looking up, with the lines of the framework converging towards the top of the frame.

# **Agenda:**

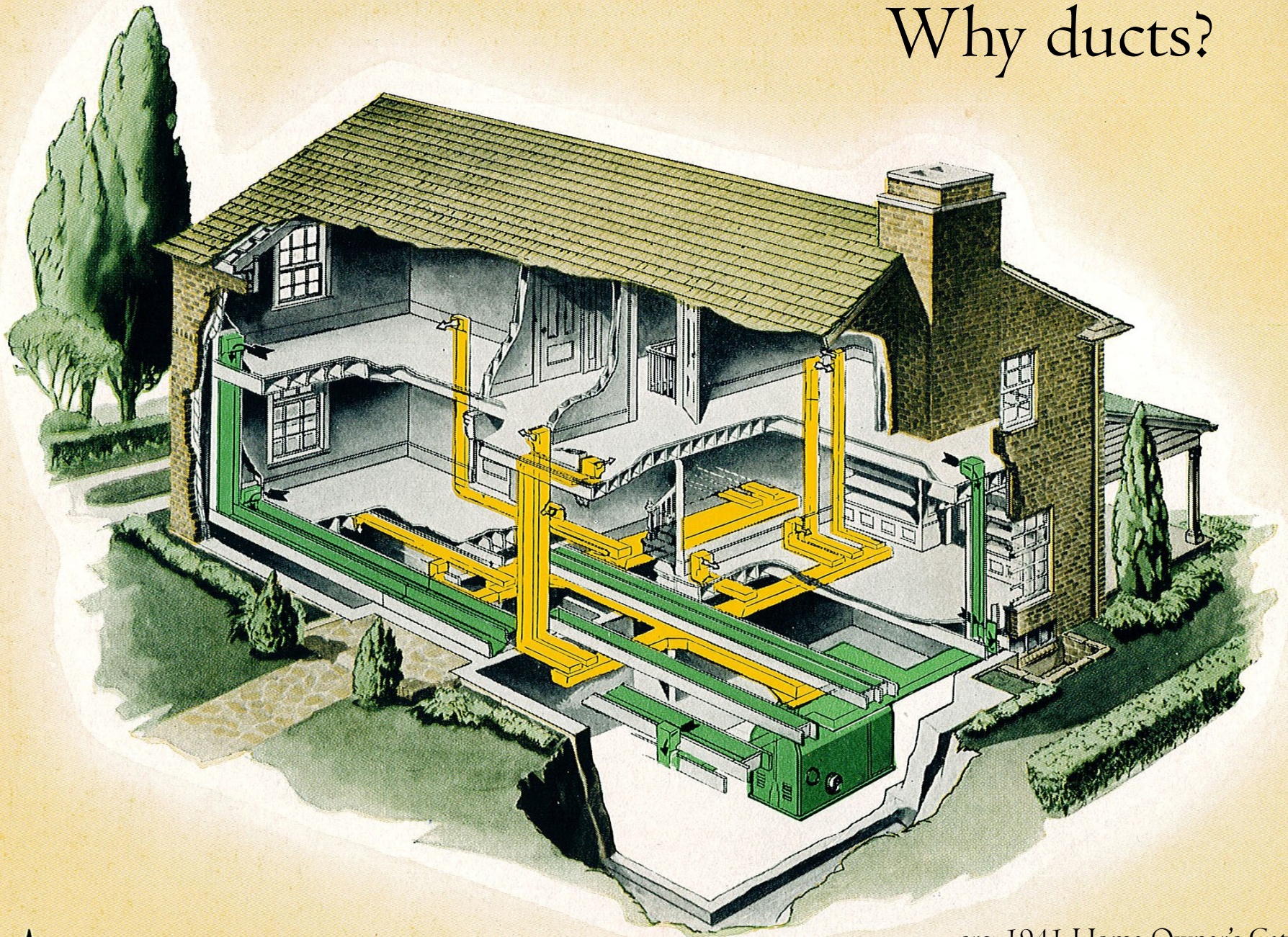
**Background**

**Plug and Play Concept**

**Building America Project  
Conclusions**



# Why ducts?



IBACOS®

src: 1941 Home Owner's Catalog

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# Trends and Challenges in HVAC

Shrinking loads and airflows

Desire, but difficulty bringing conventional ducts into conditioned space

Maintain velocity and mixing across range of system operation states



Buildings are  
changing.

# Trends and Challenges in HVAC

Cost and complexity of existing design methods

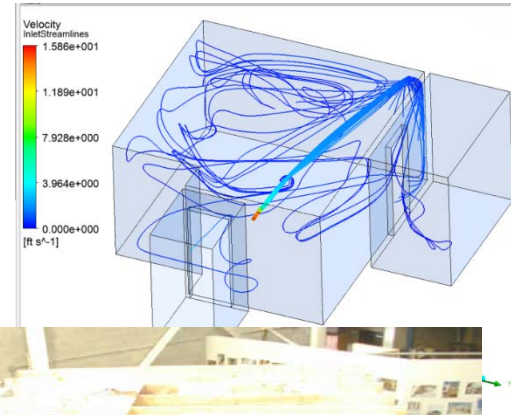
Challenges in finding skilled installation labor

Complicated and time-consuming commissioning and rating

Industry and labor are changing.



# 25 Years of HVAC Research



IBACOS has been conducting research on innovative HVAC methods for 25 years.

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Background

## **Plug and Play Concept**

Building America Project  
Conclusions

# Plug and Play (PnP) Air Delivery System Concept

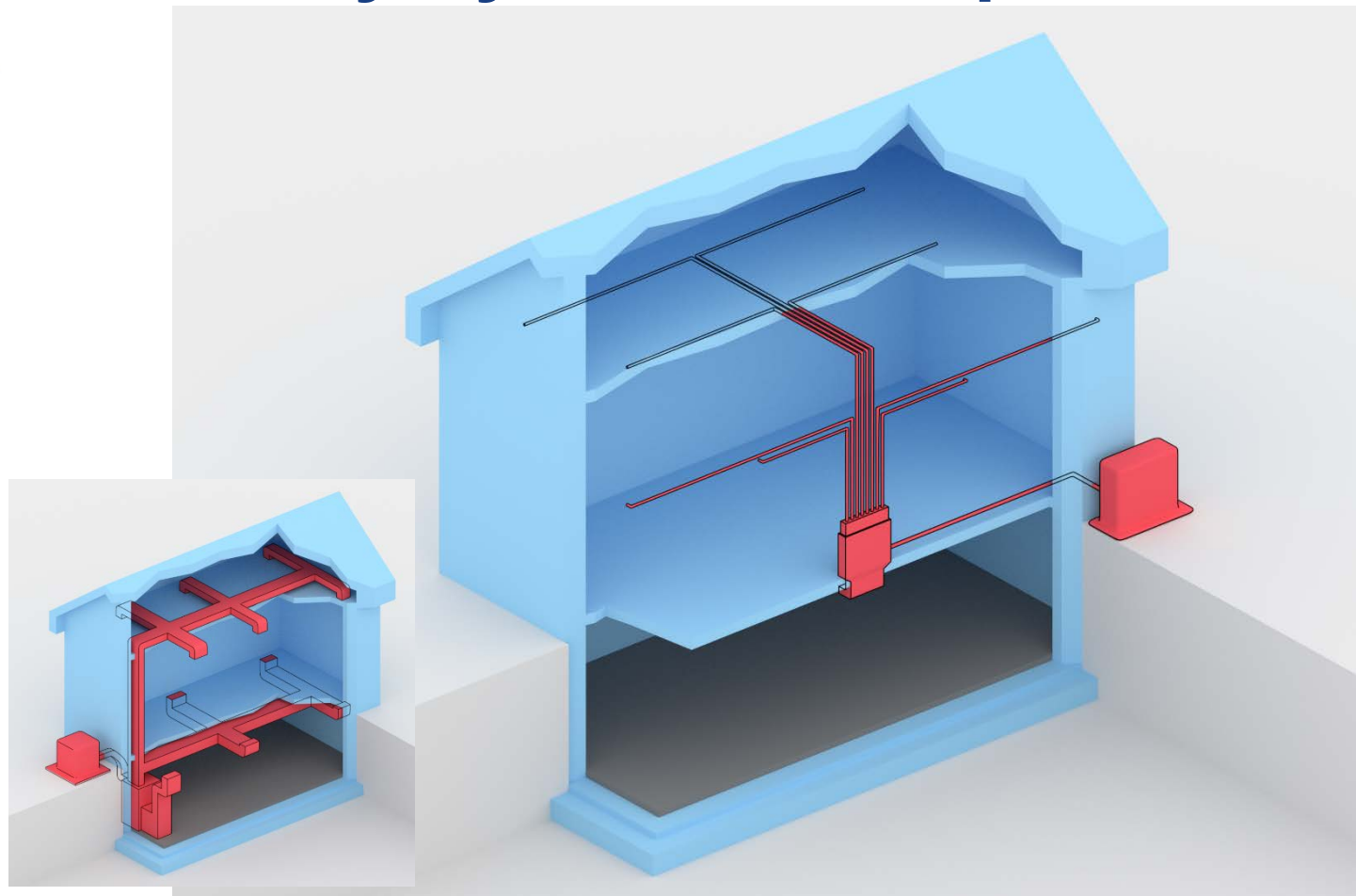
Home Run Duct System

Simplified Design Process

Single Duct Size

Single Fitting

Simple Installation





# PnP Air Delivery System Concept

Small Diameter  
Ducts (2 - 3")

Semi-rigid  
(plastic) material

Central and  
Accessible Air  
Manifold

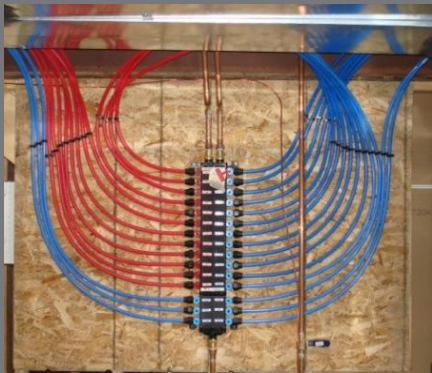
Leak Free Duct  
Product



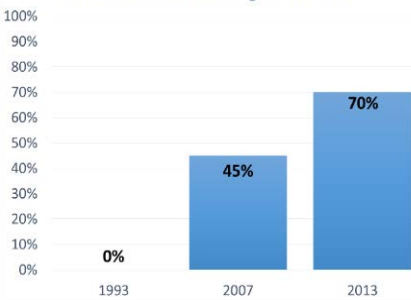
# Plug and Play Opportunity

The Plug and Play duct system could revolutionize ducted air distribution systems in the same way PEX manifold piping systems impacted plumbing distribution.

- PEX costs 25% - 45% less than copper, installed
- Rapid claim to majority market share




PEX Residential Plumbing Market Share



Residential ductwork is ~ \$1.2 Billion (\$1200/home for ductwork \* 1M homes) market annually

# Goals of Building America Project

- Demonstrate the advantages of the plug and play system over traditional residential duct systems
- Develop a straightforward design methodology
- Engage with industry in overcoming barriers to market adoption (Codes, builders, manufacturers)
- Demonstrate early estimates on labor and cost savings
- Addresses Optimal Comfort Systems for Low-Load Homes Roadmap

The background of the slide is a grayscale, low-angle photograph of a building's steel framework. The image shows a complex network of steel beams and columns, creating a strong sense of perspective and depth. The lines of the steel structure converge towards the top of the frame, emphasizing the height and scale of the construction. The lighting is soft, highlighting the textures and geometric forms of the steel.

**Design Method**  
**Component Testing**  
**Lab House Testing**  
**Simulations**  
**Costs, Codes,**  
**Conclusions**

Need to  
understand  
significant  
parameters for  
ideal distribution.

Based on  
existing science

# Major Parameters

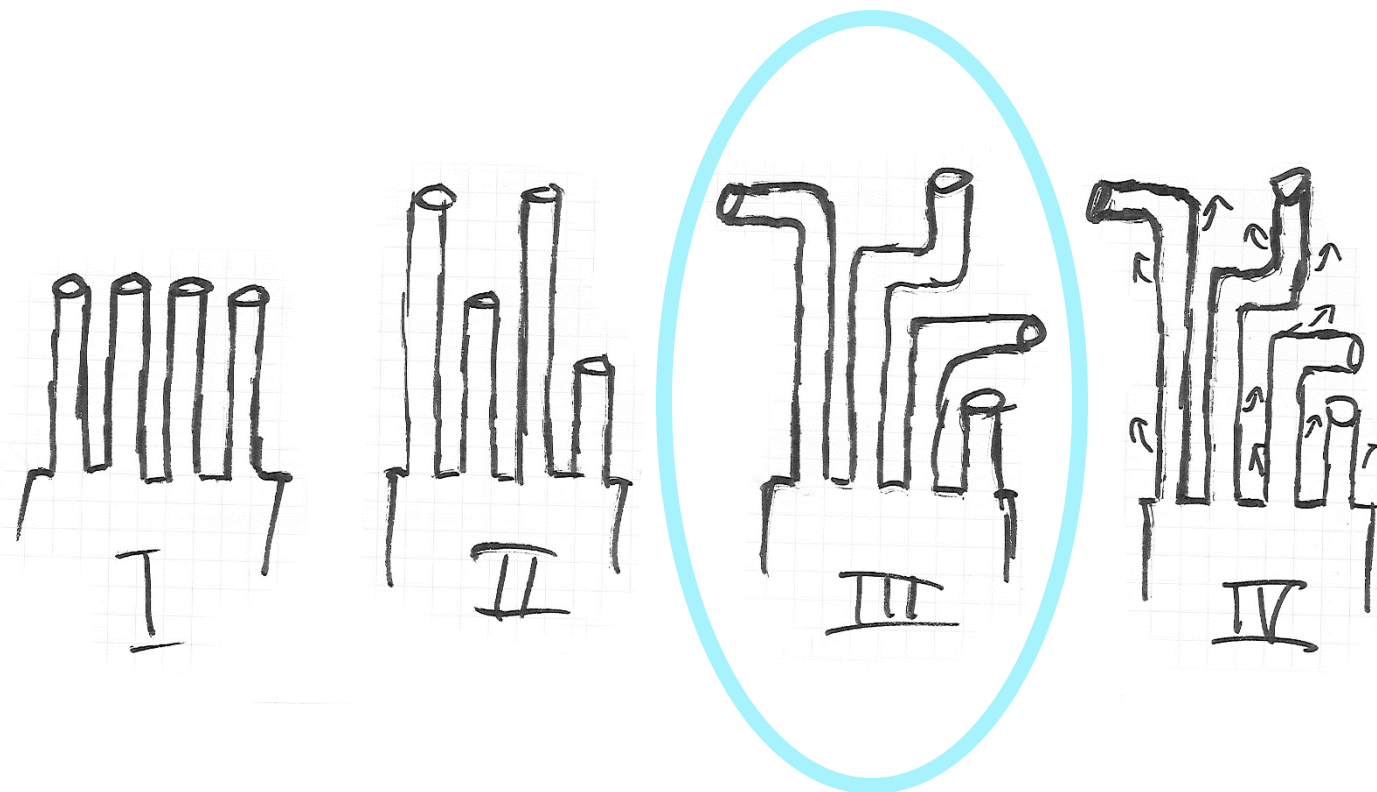
- Duct diameter
- Duct material (roughness and insulation)
- Duct layout
- Design and installation process



# Design Method

Four  
approaches  
considered

Need to  
understand  
pressure and  
flow relationship  
for different  
materials.



# Design Method

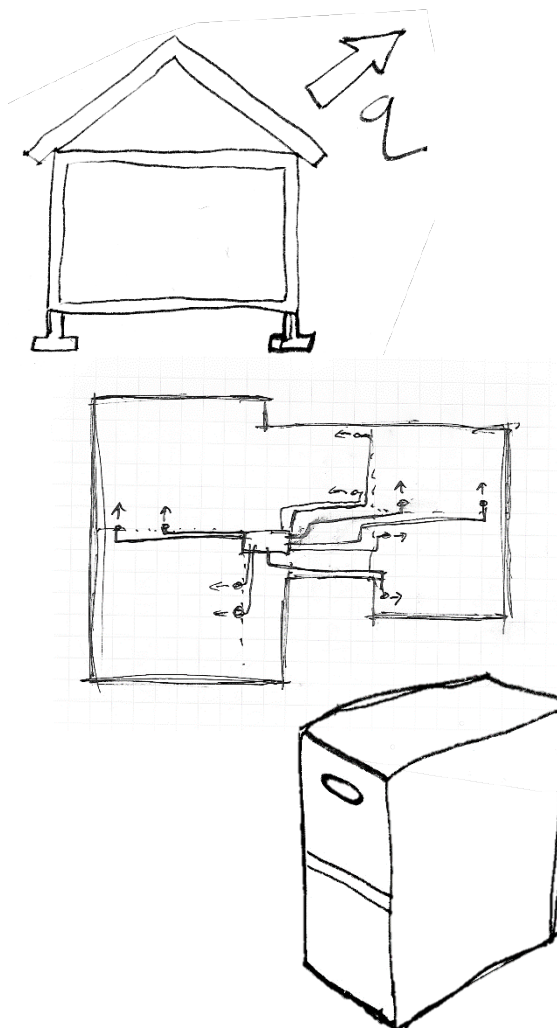
Manual J

Layout

Manual S

Design Tool -  
Replaces  
Manual D

$$Q = \frac{Pa^{\frac{1}{n}}}{C * L}$$



## Plug-and-Play Home Run Manifold Design Tool

V 0.1

Project

Nominal CFM 26 (based on 30' L, 60 Pa)  
Available Pressure 0.35 in. wc. (from manual S) (minus 0.1" for manifold)  
Heating factor 0.0231 Btuh / CFM  
Cooling factor 0.0268 Btuh / CFM

#	Room	Htg Load (Btuh)	Clg Load (Btuh)	CFM	Len (ft.)	Elb	Ducts
1	Master Bedroom	2365	2316	55	29	5	2
2	Bath 2	642	220	15	12	3	1
3	Bedroom 2	2025	1500	47	15	4	2
4	Powder	798	620	18	22	3	1
5	1st Floor	6489	4486	150	16	3	5
6							
7							
8							
9							
10							
11							
12							
13							
14							
15							
16	Total:	12319	9142	285	94	18	11

Select Material

2" PVC

EL of 90

2

Pipe Diameter

2.0

Coefficients - 2" PVC  $CFM = (Pa/C * L)^{1/n}$

C 0.01146

n 1.70239

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Design Method

## **Component Testing**

Lab House Testing

Simulations

Costs, Codes,

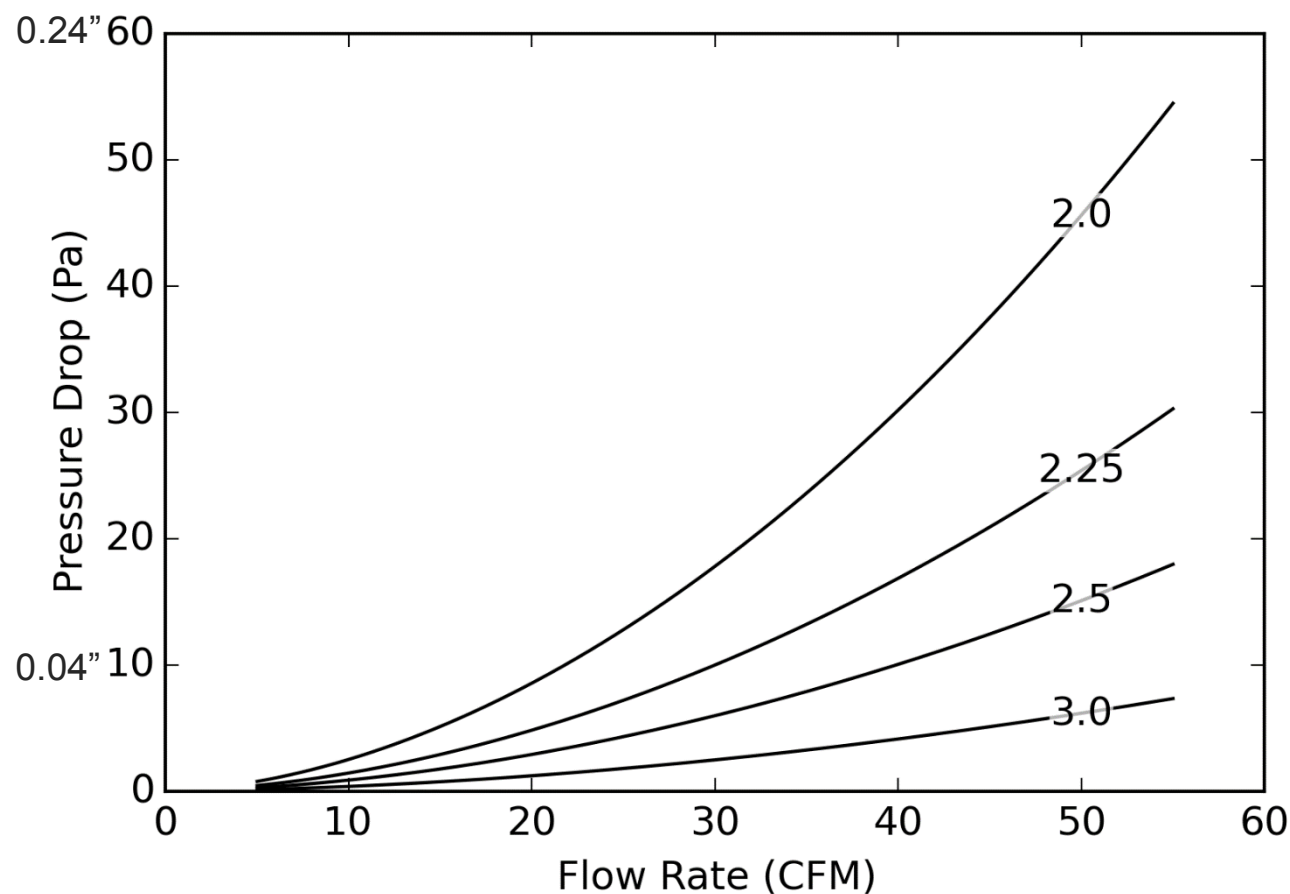
Conclusions

# Pressure Testing

Provide input  
values for  
models

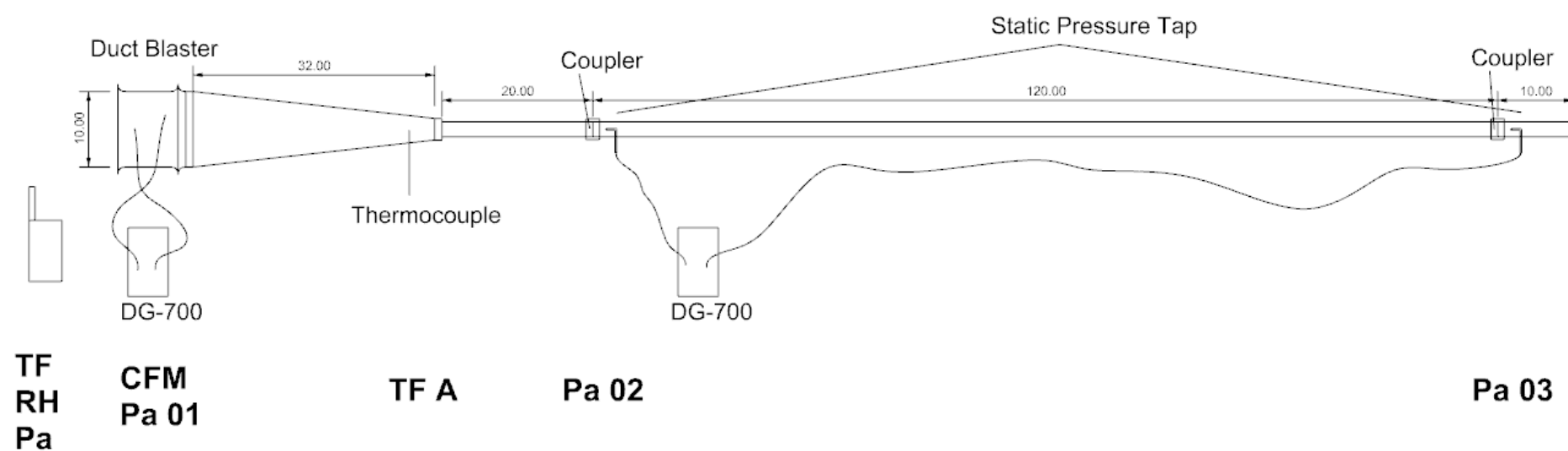
Better accuracy  
than standard  
assumptions

$$\Delta p = f \frac{\ell \rho (Q)^2}{4\pi^2 r^5}$$





# Pressure Testing Setup



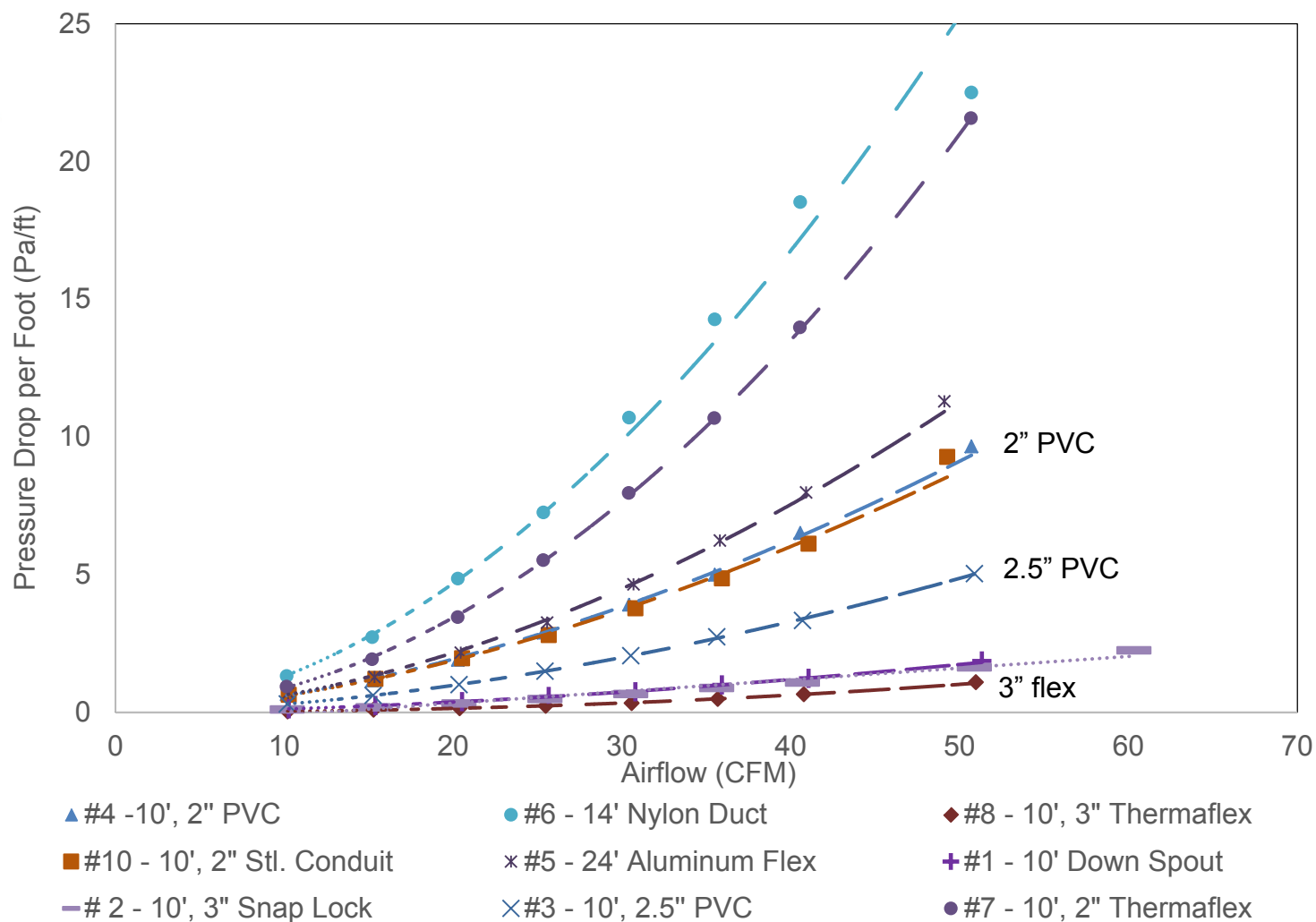


# Duct Testing Results

$$\Delta P = Cq^n$$

Diameter and material are driving factors

3" flex < 3" snap lock



# Elbow Testing Results

1 - 90° elbow

E.L. value used  
in design  
methodology

Dynamic fitting  
loss used in  
simulation

Duct Diameter (in)	Material	Elbow Type	Effective Length (ft) (average of 8 measurements)	Act. Pressure Loss (Pa)
2	PVC	1" Sweep	2.01	9.4
2.5	PVC	Hard 90	4.50	14.8
2	Nylon Fabric	1" Bent Duct	1.69	26
3	Snap Lock	3" Sweep	4.66	5.2
3	Thermaflex	3" Bent Duct	9.32	9.7



# Applicability

What kinds of  
homes and climate  
zones is this  
applicable?

Limiting factor: Total  
energy delivered

- Basic assumptions on duct system:
  - 30' AVG Length
  - 16 Ducts
  - Different materials / diameters
- 40°F Heating  $\Delta T$
- 30°F Cooling  $\Delta T$
- 0.85 SHR
  
- 3 Climate zones, 4 Houses, 2 Code levels

# Applicability

PVC

Flex

2.0"

2.5"

3.0"

House	Sq.Ft.	Climate	Code	H	C	H	C	H	C	
House 2	1124		CZ2	2009						
				2012						
			CZ3	2009						
				2012						
			CZ5	2009						
2012										
House 3	2252		CZ2	2009						
				2012						
			CZ3	2009						
				2012						
			CZ5	2009						
2012										
House 4	3168		CZ2	2009						
				2012						
			CZ3	2009						
				2012						
			CZ5	2009						
2012										
House 5	4157		CZ2	2009						
				2012						
			CZ3	2009						
				2012						
			CZ5	2009						
2012										
Total Airflow (CFM)					416		624		1056	

Mid-size ducts – 2.5  
– 3.0" work for  
many homes.

2015 Census: 47 %  
of new homes 1,800  
– 2,999 sq. ft.

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Design Method

Component Testing

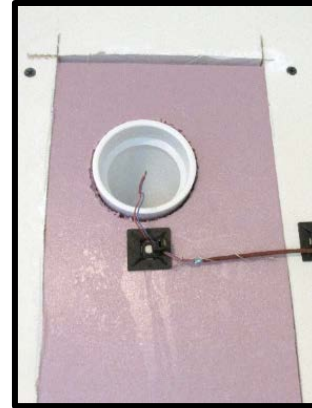
**Lab House Testing**

Simulations

Costs, Codes,

Conclusions

# Field Testing: Lab Home



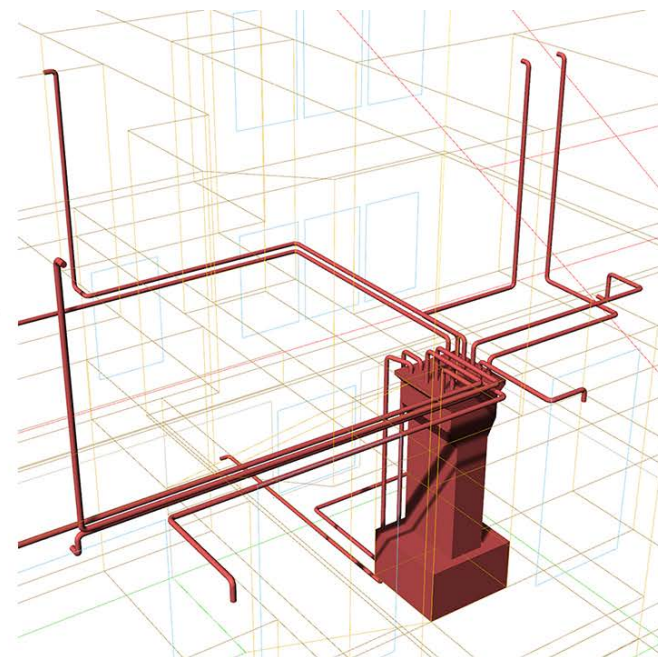


# Plug and Play: Test System

12 Ducts – 2.0”

Variable  
Capacity Air  
Handler /  
Modulating Gas  
Furnace

Measured data  
used for  
comparison  
simulation



	Operation	
	40%	100%
Plenum Pressure (Pa) [in-H <sub>2</sub> O]	26 [0.10]	80 [0.32]
Total Airflow	139	259

Design Method  
Component Testing  
House Testing  
**Simulations**  
Costs, Codes,  
Conclusions

# Simulation



## Purpose:

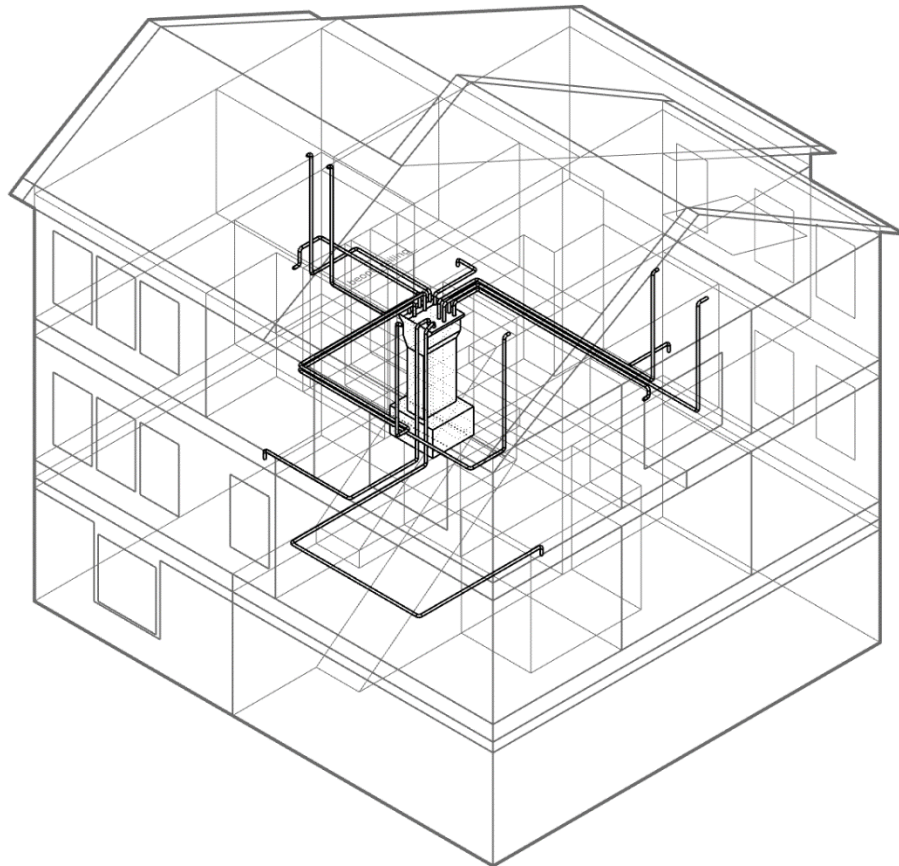
Simulations as an alternative to physical test houses with different air distribution strategies and climate zones.

To understand the comfort impact of different air distribution strategies (plug and play vs. trunk and branch)

To compare the temperature uniformity (ACCA RS) implications of each design methodology

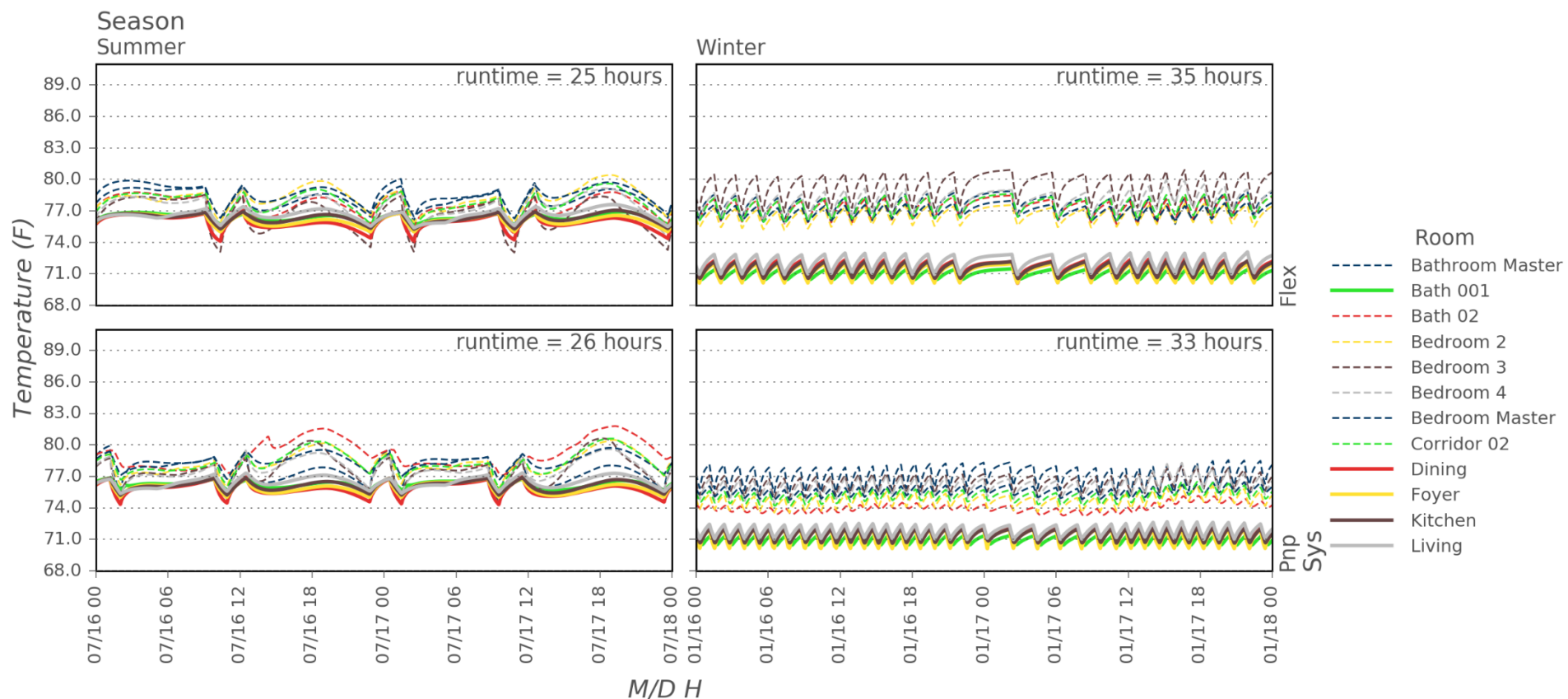
# Simulation

Simulate:  
Duct system  
Room air mixing  
Return air  
Air infiltration  
Doors  
Internal Gains



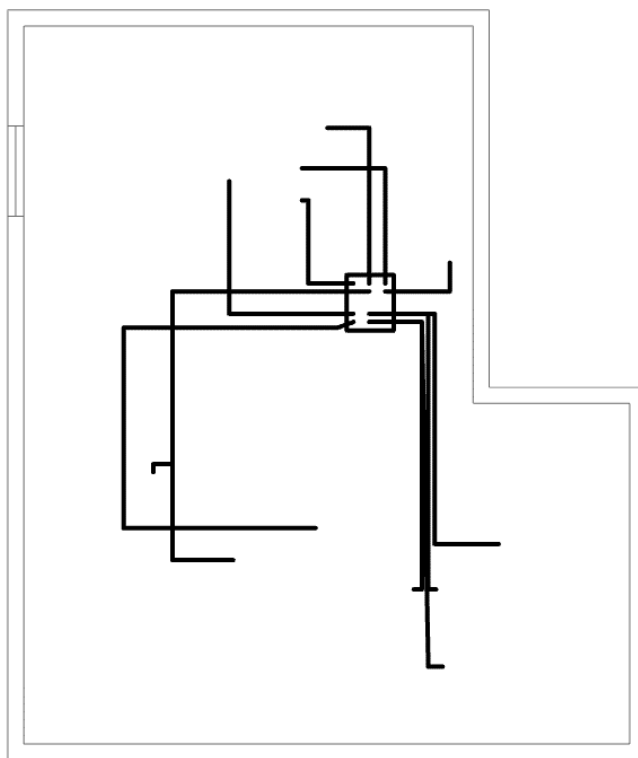


# Room Temperatures

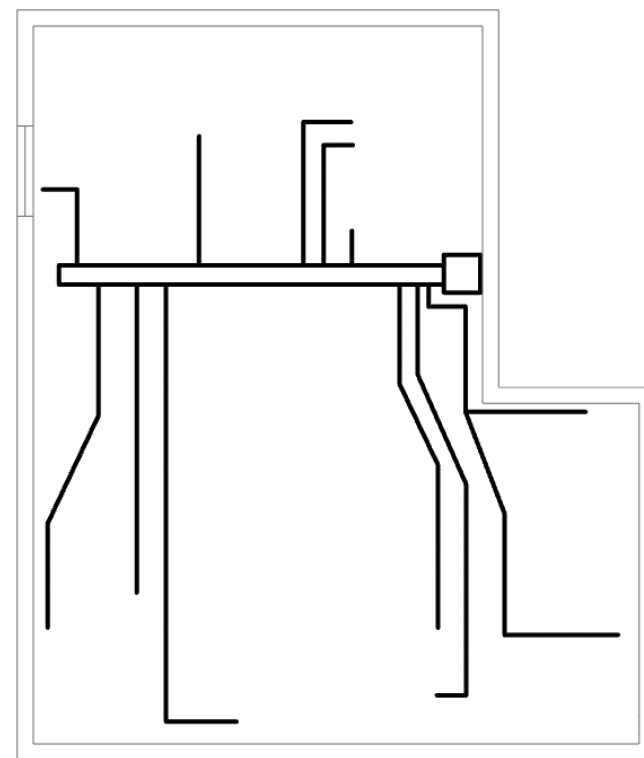


# Duct Layouts

Comparing two layouts, to test differences in balancing and those effects on temperature uniformity.



Home Run

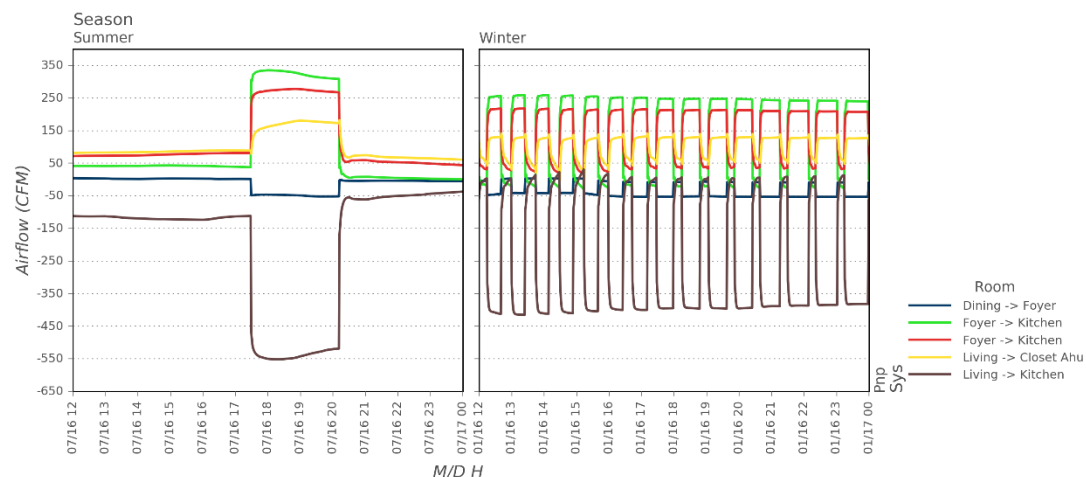


Trunk and Branch

# Openings and Infiltration

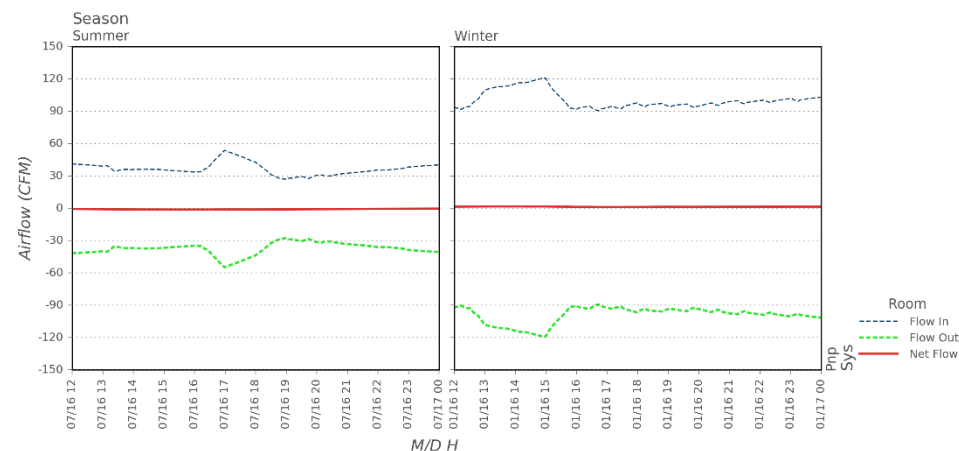
## Openings

Large openings, interior doors and horizontal openings were included.

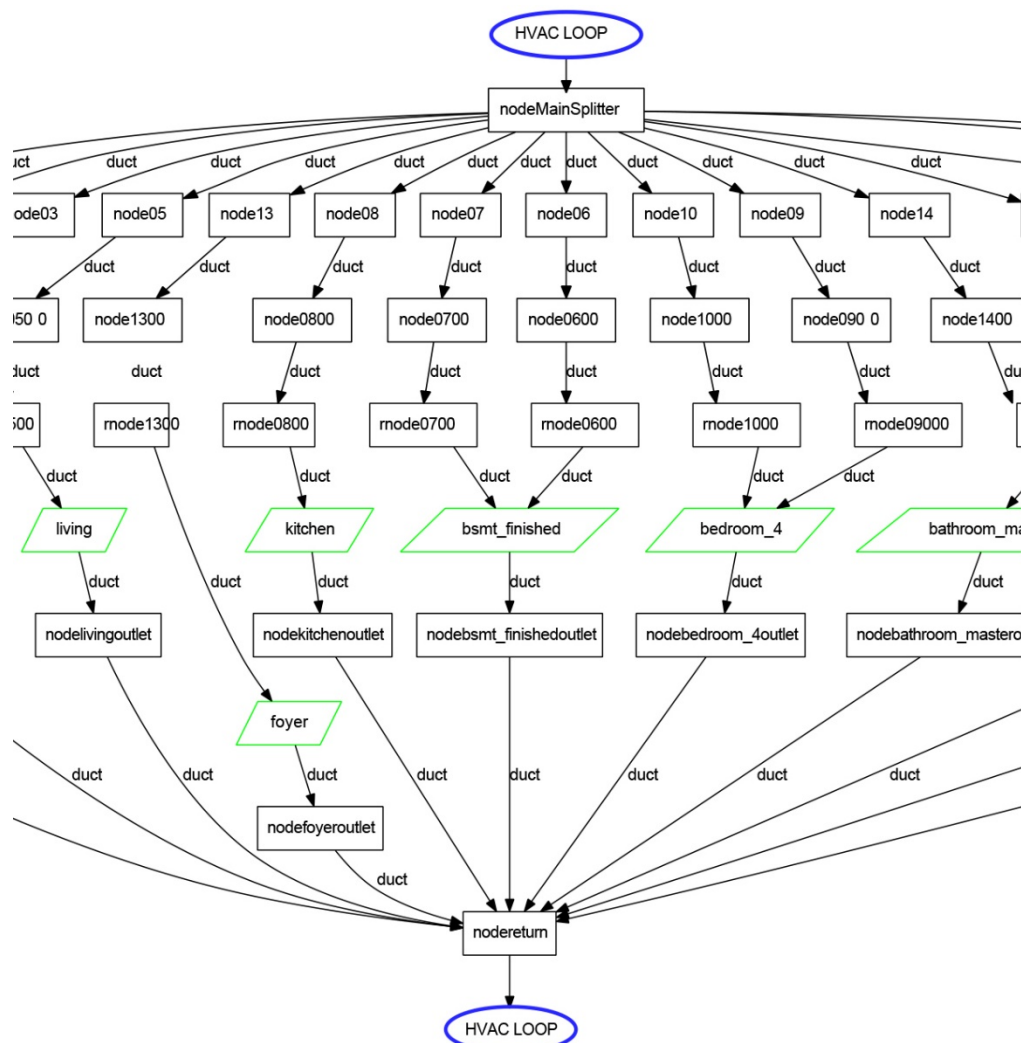


## Infiltration

Return air pathways were through these openings to central return.



# Airflow Network Mechanics



Openings  
Ducts  
Infiltration

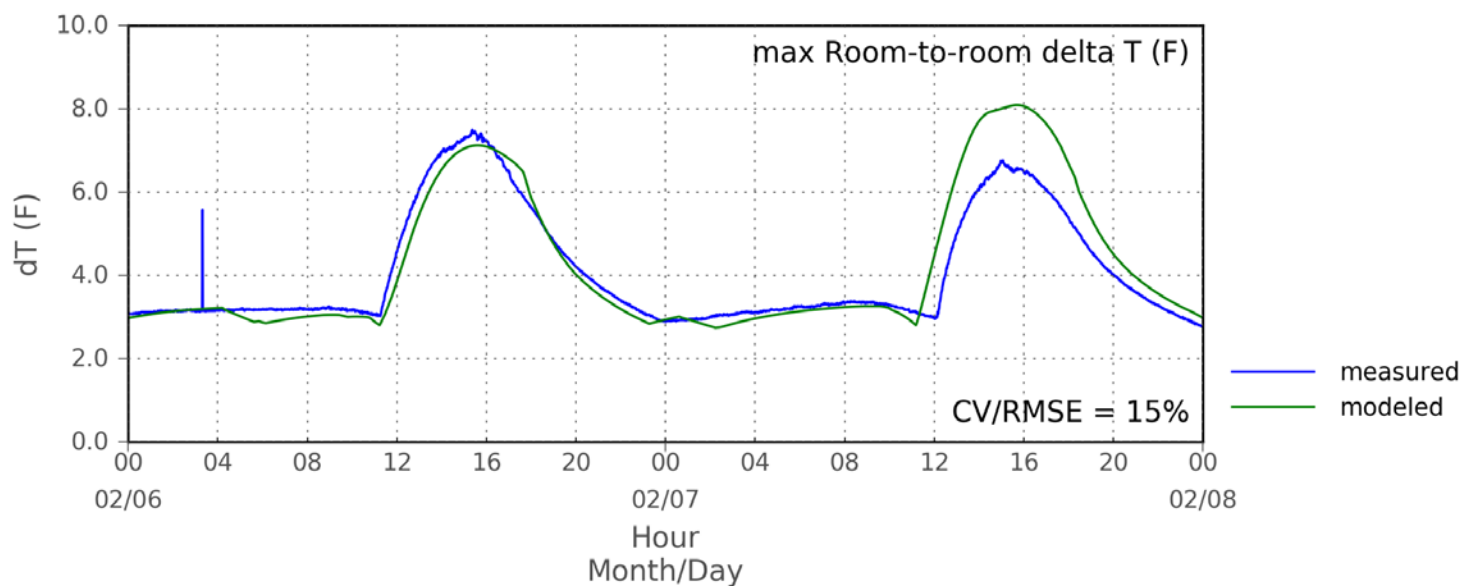
Utilizing E+ AFN  
presents  
challenges

Small user base

Little residential  
precedence

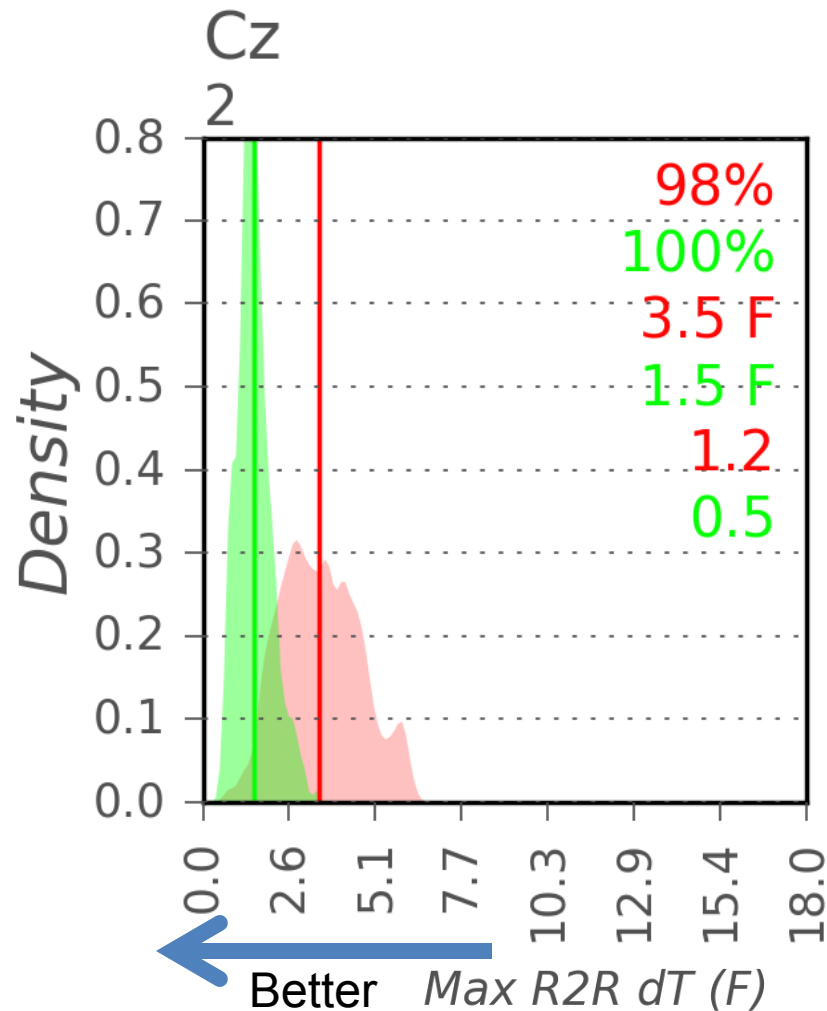
# Comparison to Measured Data

Models agree satisfactorily.





# Results: Density



% Passing ACCA

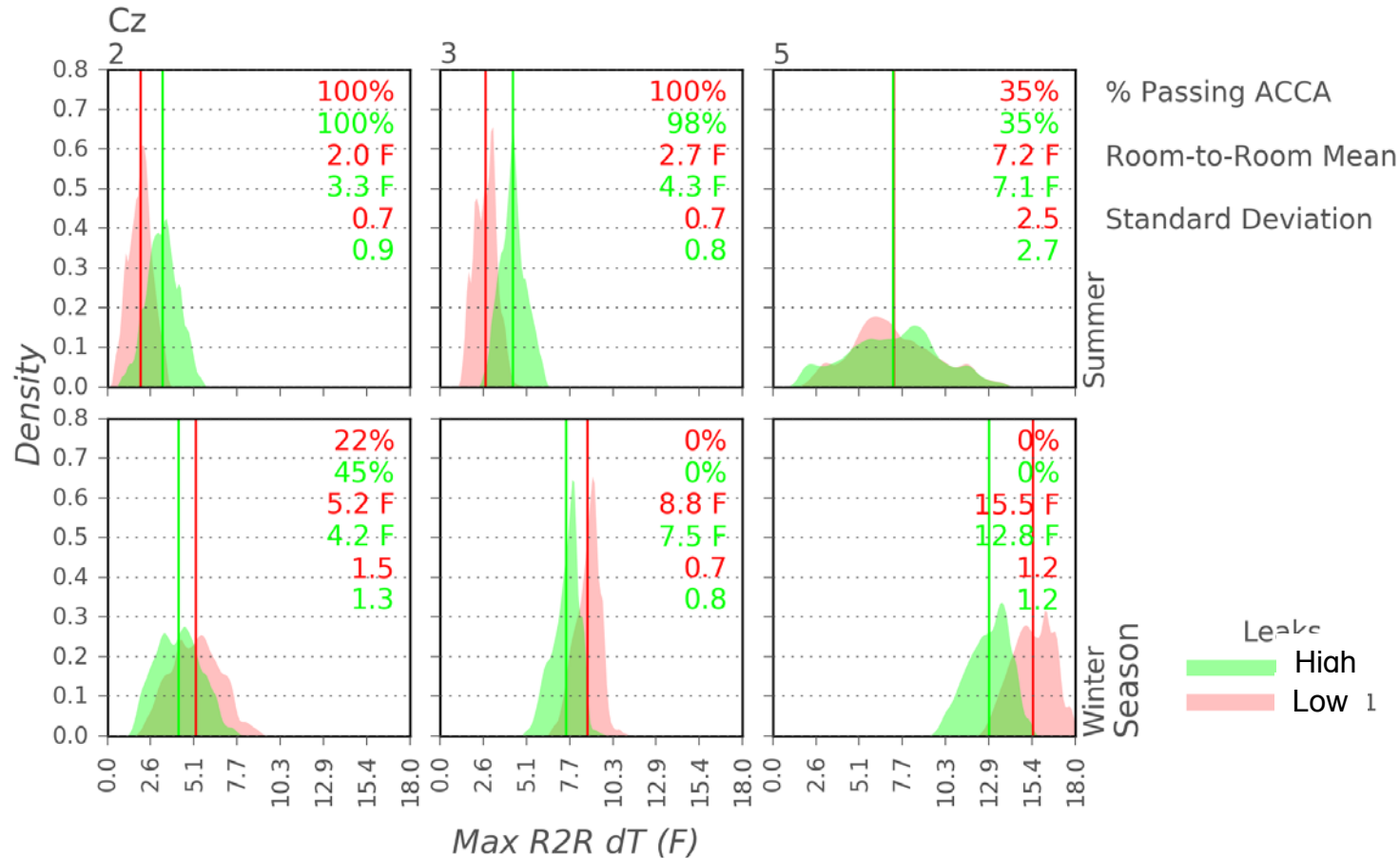
Room-to-Room Mean

Standard Deviation

# Duct Leakage – Trunk and Branch

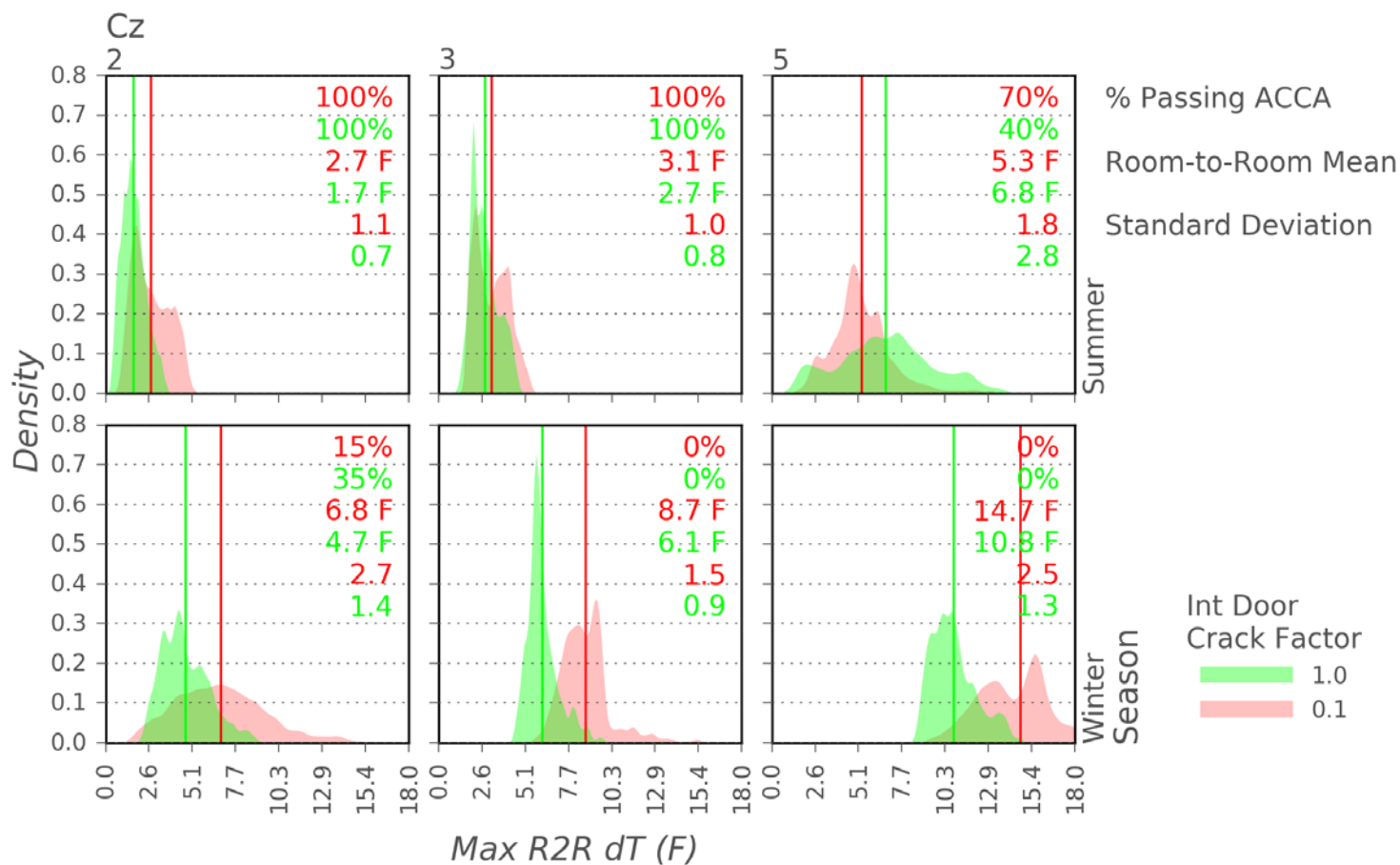
Leaks were simulated at runout connection to plenum.

Leakage effect is dependent on balancing starting point. i.e. if balancing is poor it can help and visa-versa



# Interior Doors – Plug and Play

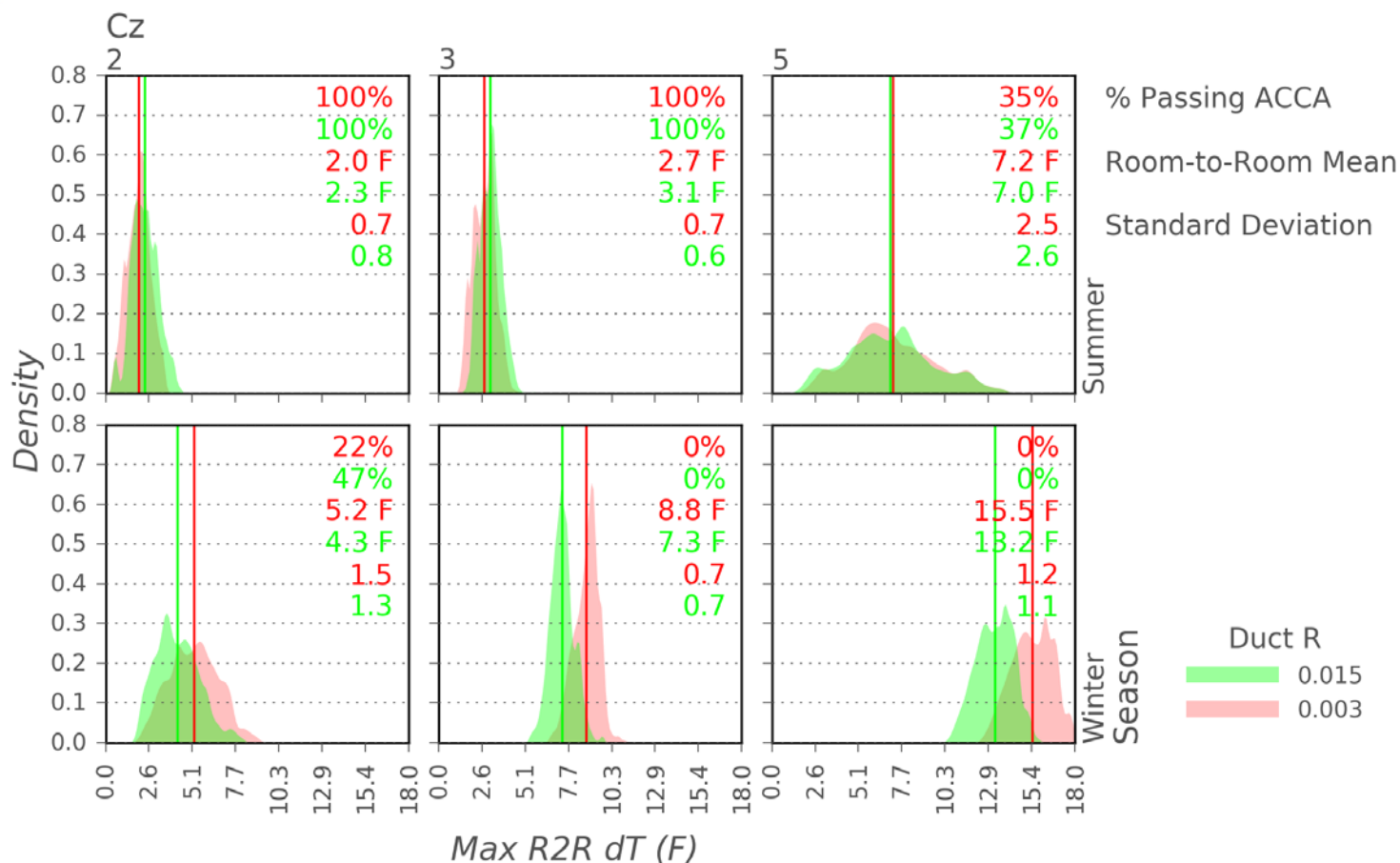
Interior doors have significant impact on temperature uniformity.



# Duct Roughness – Trunk and Branch

Two uniform roughnesses were simulated to represent flex duct runouts in traditional system.

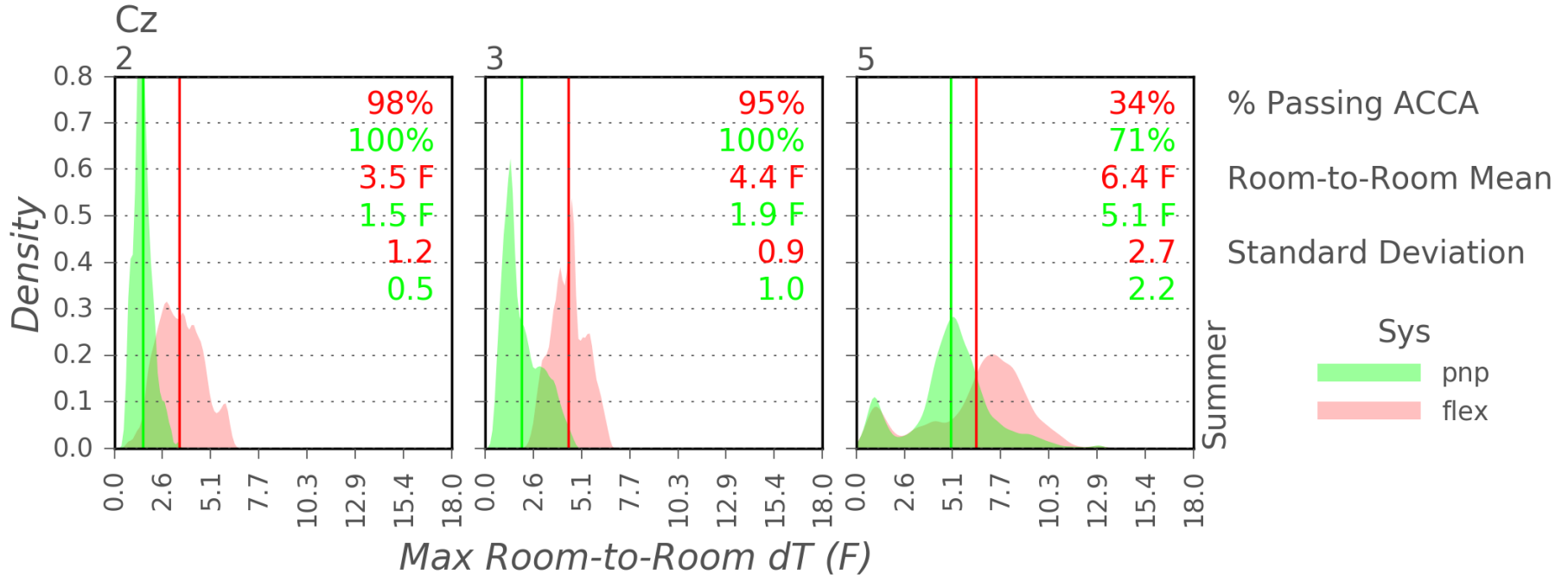
Higher pressure due to uniform roughness benefits uniformity.



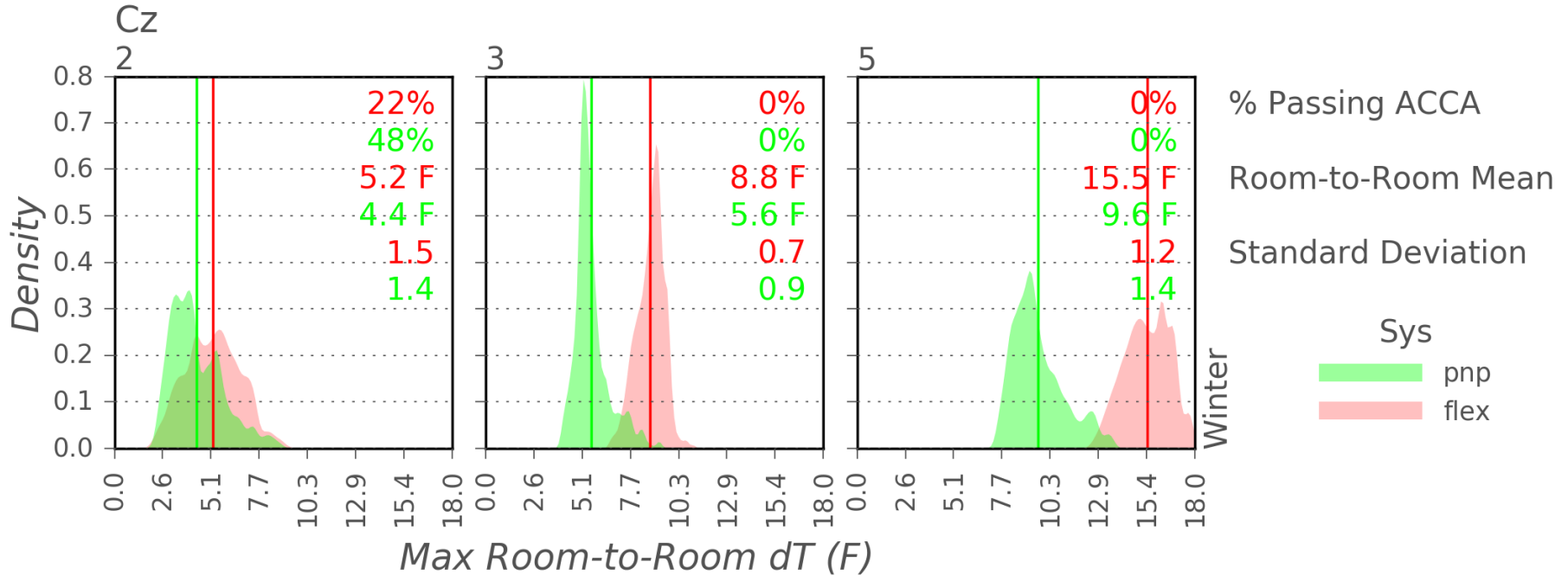
# PnP vs Trunk and Branch




# PnP vs. Trunk and Branch: Summer



# PnP vs. Trunk and Branch: Winter



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Design Method  
Component Testing  
House Testing  
Simulations  
**Costs**, Codes,  
Conclusions

# Time & Motion and Costs

Two-story  
townhouse, with  
ductwork in  
conditioned  
space

Tradesmen  
installed each  
duct system



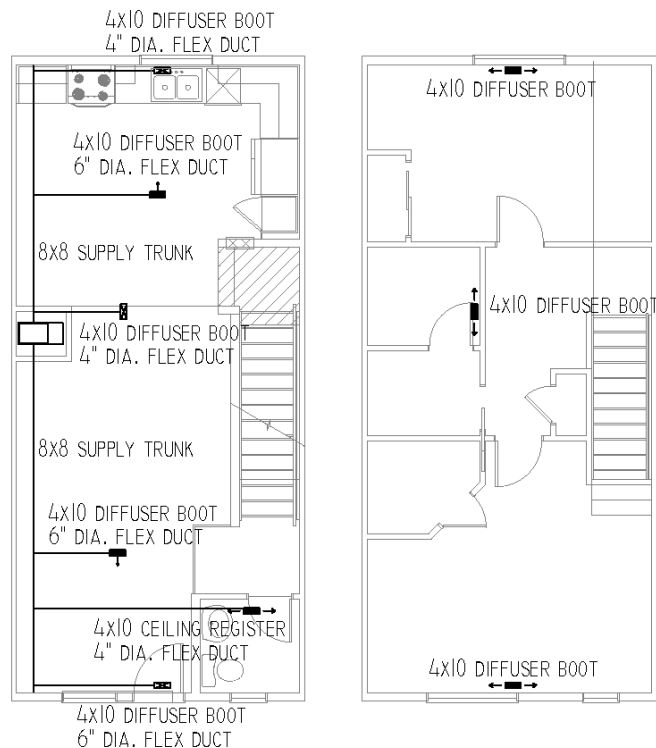


# System Layout

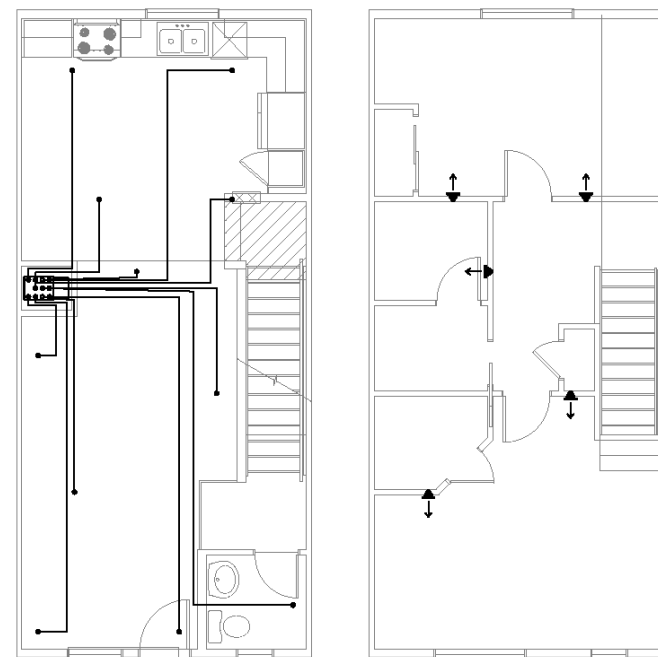
Trunk and branch utilized bulkhead, and floor / ceiling registers.

Plug and play utilized high sidewall registers.

3 Total duct designs



Trunk and Branch



2.0" Plug and Play



# Time & Motion and Costs



Trunk and branch installation compared to plug and play using 2.5" and 2.0" ductwork

2.5" ductwork was inflexible and required installation in the bulkhead.



# Costs Results

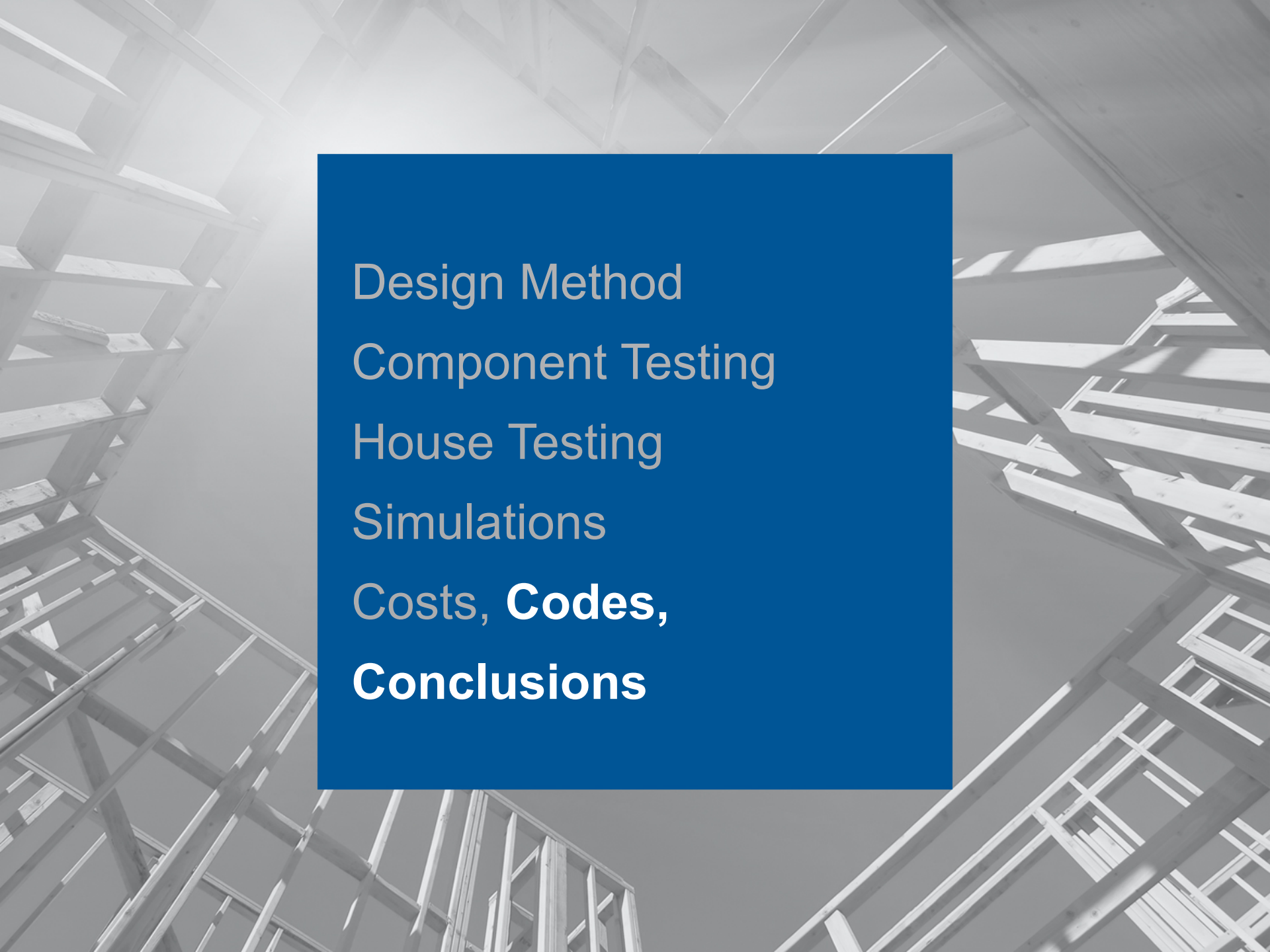
PnP shows labor savings potential.

Elevated cost of 2.5" PVC pipe skewed result.

Schedule 40 pipe used, sch. 10 or 15 would be cheaper.

Duct System	Hours	Labor Cost @ \$33.35 hr.	Material Cost	Length of duct	Cost of ductwork system
<b>Traditional</b>	18 (including 6 hr bulkhead)	\$ 589	\$ 487	35' trunk + 50' flex	\$ 1,076
<b>2.5" PVC</b>	10 (including 6 hr bulkhead)	\$ 330	\$ 686	210'	\$ 1,017
<b>2" PVC</b>	6	\$ 195	\$ 440	250'	\$ 635



The background of the slide is a grayscale photograph of a building's steel framework, showing a complex network of beams and girders. A solid blue rectangular box is centered on the slide, containing a list of topics in white text.

Design Method  
Component Testing  
House Testing  
Simulations  
Costs, **Codes,**  
**Conclusions**



# Codes and Market Engagement

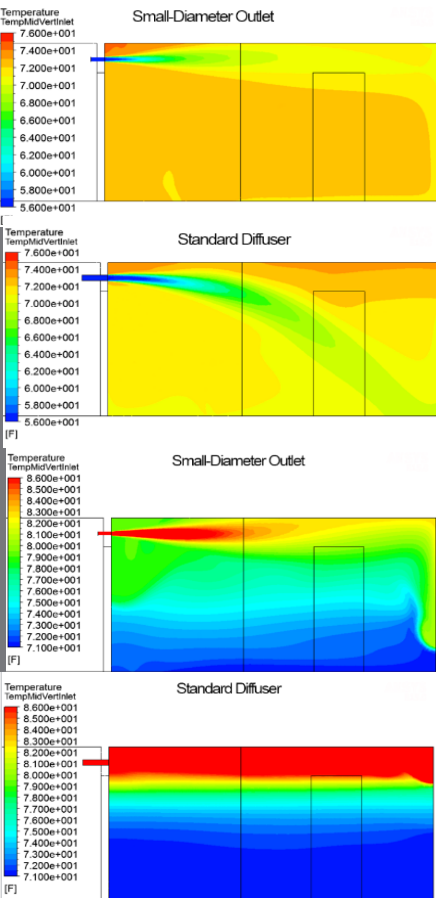
Existing plastic  
pipes do not  
meet UL 181.

Interest and  
excitement from  
builder  
community



# Advantages

- Easier to install in conditioned space
- Quicker and cheaper to design and install
- Fewer unique parts
- Less chance of improper installation, low leakage
- Similar performance to traditional trunk and branch
- Small ducts better matched to low-load homes
- Better throw and mixing with smaller ducts
- Low noise without diffuser-type grille



# Challenges

- Greater need to integrate duct layout with framing to ensure compact duct layout
- Codes still present an issue with rigid ductwork



# Next Steps

- Commercialize technology
- Demonstrate performance in occupied homes
- Continue to pursue code acceptance for commodity plastic ducts

# Conclusions

## Performance

- 2.5" - 3.0" Ducts could service a wide range of newly-constructed homes in the U.S.
- Comfort (thermal uniformity) is similar to or better than conventional trunk and branch ducts.

## Cost

- Reduced installation time, and significant potential for material cost reductions

## Design

- Initial work shows promise for simplified design tool.

## Market

- Excitement for innovation in air delivery systems

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# Contact

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