

Blue Box Messages

- "Passwords are like bubblegum - strongest when fresh and should be used by an individual and not a group.",_
- "Your password is the door to your computer and the Department's most sensitive information – you are the first line of human defense against cyber threats.",_
- Strong secure passwords are a cornerstone of an effective cybersecurity strategy.",_
- "A network is only as secure as its weakest link. A weak password can make everyone's data vulnerable to compromise. A password cannot provide protection if it can be easily guessed.",_
- "Cyber Security is everyone's job! You can do your part by having a good password and protecting it well.
- Select a long password, with a mix of upper/lower case and special characters. Change your password every 3 months (at a minimum) and don't write it down anywhere!
- Never share your password with anyone. ,_
- "Cyber security is most effective when it is baked in, not iced on.",_
- "Encrypt email messages that contain Personally Identifiable Information (PII)",_
- "If you use a DOE-issued Blackberry, it must be password-protected.
- "Do not load Personally Identifiable Information (PII) that has not been encrypted on a thumb drive or any other unprotected, removable media.",_
- "When you have a cybersecurity question, do not hesitate to call the help desk for an answer.",_
- "When remote computing, remain aware of your surroundings.",_
- "When traveling abroad, if you don't need a remote computing device, then don't take one.",_
- "Don't share thumb drives, especially if you don't know where they have been.",_
- "Shred documents that contain Personally Identifiable Information (PII) that you don't need.",_
- "To protect yourself from viruses, trojans and worms, keep the anti-virus software on your home computer regularly updated.",_
- "Keep in mind the next time you are using a wireless laptop at a coffee shop, the guy sitting across the room might be reading your email.",_
- "When Windows or Internet Explorer offer to remember your password, always answer no.",_
- "Be careful of free software on the Internet. Sometimes it could be loaded with malicious code.
- "Keep your anti-virus software on your personal computer updated because a computer virus can ruin your whole day.",_
- "When using your laptop on an airplane, if the guy three rows back gets out his binoculars, reconsider the in-flight movie.",_
- "Think before you click!",_
- "Safeguard your personal information, the identity you save may be your own.",_
- "Do not use passwords based on personal information. They are easy to access as well as easy to guess.",_
- "When in doubt, throw it out! Don't open suspicious links in emails, tweets, posts, or ads.",_
- "Think about the consequences of the information you want to share before you share it. Own your online identity.",_

- ""When working or discussing potentially sensitive information, always be aware of your surroundings and who might overhear or see what's being discussed.",_
- "As a matter of practice and policy, personal e-mail accounts should not be used to conduct official business. Any exceptions must be approved by your supervisor.",_
- Classified business must never be conducted on any personal information system.",_
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- "Make passwords long and strong. Use a mix of letters, numbers, and symbols. Use different passwords for different accounts.",_
- "Protect all devices that connect to the Internet. Computers, phones, and games need protection from viruses & malware.",_
- "Cybersecurity is Our Shared Responsibility.",_ "Cybercrime has many forms: scams, ID theft, stalking, cyber bullying, etc.",_
- "Think about how your online actions can affect your offline life.",_
- "The best defense against viruses and malware is to keep a 'clean machine.' Always install the latest upgrades (operating system, web browser, antivirus, etc.) and run virus scans regularly.",_
- "Think before you act – do not automatically click on embedded links.",_
- "When shopping online, make sure the site is secure. Look for https:// or shttp://.",_
- "Be wary of online messages that urge you to act now or offer deals that sound too good to be true or ask for personal information.",_
- "Backup your valuable work, music, photos, and other digital information and store it safely.",_
- "Have you changed your passwords lately? It's one of the best ways to boost your online safety and security.",_
- "Get savvy about Wi-Fi hotspots. Adjust security settings to limit who can access your machine.",_
- "Stop sharing too much information – keep your personal information personal.",_
- "Connect with caution and be vigilant of potential threats.",_
- "Staying safe and secure online is as easy as STOP. THINK. CONNECT.",_
- "Be web wise. Check trusted awareness websites for the latest information and share with friends and family.",_
- "The Internet offers tremendous value to our 21st century lives. Let's do our part to keep this digital resource safe and secure.",_
- "USBs and other external devices can be infected by viruses and malware. Use your security software to scan them regularly.",_
- "Do you own your online presence? Set the privacy and security settings on websites to your comfort level for information sharing. It's okay to limit how and with whom you share information.",_
- "Many programs will automatically update to defend against known risks. Make sure your automatic update feature is turned on.",_
- "Once you STOP. THINK. CONNECT. , you can enjoy the Internet with greater confidence, knowing you have taken the right steps to safeguard yourself and your computer.",_

- "Be a cyber hero! Remember to always STOP. THINK. CONNECT.",_
- "A cyber aware workforce is an empowered workforce!",_
- "Cybersecurity is "Our Shared Responsibility." Encourage everyone you know to make sure their online devices are safe and secure.",_
- "Be a good digital citizen! Keep a 'clean machine' and THINK before you CONNECT.",_
- "Raise awareness about cybersecurity throughout the year. Join the STOP. THINK. CONNECT. movement!",_
- "Before you use the Internet, take time to understand the risks and learn how to spot potential problems.",_
- "Knowledge is power – understanding that there are cyber threats is the first step in protecting yourself and DOE assets.",_